

## IHAAC – Track and Field Events 2025

Month	Day	Event Name	Location	Groups	Entry via	Meet Type	Team Bus
Mar	29	IH “Under The Lights” Open Graded	Inverness	U13, U15, U17, U20, Snr	Entry Central	Open	N/A
Apr	02	Dochfour Dash	Inverness	U13, U15, U17, U20, Snr	Club	Open	N/A
	13	Scottish National Athletics League – Match 1	Kilmarnock	U17, U20, Snr	Club	Open	No
	26	Outdoor Open Graded	Paisley	U13, U15, U17, U20, Snr	Scottish Athletics	Open	No
	27	RAM Grampian League – Match 1	Inverness	U13, U15, U17, U20, Snr	Club	Selection	N/A
May	03	Jumps and Throws Grand Prix Series – Match 1	Inverness	U13, U15, U17, U20, Snr	Scottish Athletics	Open	N/A
	04	Scottish Youth Development League – Match 1	Dundee	U13, U15	Club	Selection	Yes
	09-10	Scottish North District Championships	Inverness	U13, U15, U17, U20, Snr	Scottish Athletics	Open	N/A
	17	Scottish SUPERteams – Regional Heat	Inverness	U12	Club	Selection	N/A
	18	Scottish National Athletics League – Match 2	Aberdeen	U17, U20, Snr	Club	Open	Yes
	24	Jumps and Throws Grand Prix Series – Match 2	Paisley	U13, U15, U17, U20, Snr	Scottish Athletics	Open	No
	25	Scottish Youth Development League – Match 2	Inverness	U13, U15	Club	Selection	N/A
Jun	01	RAM League – Match 2	Inverness	U13, U15, U17, U20, Snr	Club	Selection	N/A
	07	Scottish Schools Pentathlon Championships	Grangemouth	U13, U15, U17, U20	School	Selection	No
	08	Scottish National Athletics League – Match 3	Grangemouth	U17, U20, Snr	Club	Open	No
	13-14	Scottish Schools Outdoor Championships	Grangemouth	U13, U15, U17	School	Selection	No
	21	Scottish SUPERteams – Final	Dundee	U12	Club	Selection	No
	22	Scottish National Relay Track Championships	Dundee	U13, U15, U17, U20, Snr	Club	Selection	No
	29	Scottish Youth Development League – Match 3	Aberdeen	U13, U15	Club	Selection	Yes
Jul	02	Jumps and Throws Night (Provisional Date)	Inverness	U13, U15, U17, U20, Snr	Entry Central	Open	N/A
	13	RAM League – Match 3	Inverness	U13, U15, U17, U20, Snr	Club	Selection	N/A
	19	Jumps and Throws Grand Prix Series – Match 3	Grangemouth	U13, U15, U17, U20, Snr	Scottish Athletics	Open	No
	TBC	Scottish Combined Events Championships	Ayr	U13, U15, U17, U20, Snr	Scottish Athletics	Open	No
	23	Sprints Night	Inverness	U13, U15, U17, U20, Snr	Entry Central	Open	N/A
	27	Scottish National Athletics League – Match 4	Grangemouth	U17, Snr	Club	Open	No
Aug	03	Scottish Youth Development League – Final	TBC	U13, 15	Club	Selection	Yes
	10	Outdoor Open Graded	Inverness	U13, U15, U17, U20, Snr	Entry Central	Open	N/A
	16-17	Scottish Track and Field Championships	Aberdeen	U15, U20	Scottish Athletics	Open	No
	16-17	Scottish Track and Field Championships	Aberdeen	U13, U20	Scottish Athletics	Open	No
	23-24	Scottish Track and Field Championships	Grangemouth	U17, U20, Snr	Scottish Athletics	Open	No
	30	IHAAC Club Championships	Inverness	U13, U15, U17, U20, Snr	Entry Central	Open	N/A
Sep	07	RAM League – Final	Aberdeen	U13, U15, U17, U20, Snr	Club	Selection	Yes
	18	Night of Relays	Inverness	U13, U15, U17	Club – Training Night	Open	N/A
	21-22	North Area Trophy	Inverness	U13, U15, U17, U20, Snr	Entry Central	Open	N/A