



**NATIONAL & REGIONAL AWARDS**

## ATHLETES - NATIONAL AWARDS



Year	Award	Recipient
1984	<b>Bank of Scotland Trophy/TSB Challenge Trophy</b>	Russell Devine
1985	<i>This was awarded annually to the athlete whose performance(s) in the Scottish Youth's (Under-17s) Championships was considered to be the best. From 1992 and the merger of the S.A.A.A. &amp; S.W.A.A.A. the trophy was open to both men and women.</i>	Russell Devine
1987		David Barnettson
1987	<b>The F.J. Clegg Memorial Trophy</b> <i>F. J. Glegg was president of the S.A.A.A. during the Second World War and passed away in 1946. He bequeathed £50 in his will to the S.A.A.A. for a Challenge Trophy. It was awarded annually to the athlete whose performance(s) in the Scottish Junior Men's Championships was considered to be the best. From 1992 and the merger of the S.A.A.A. &amp; S.W.A.A.A. the trophy was open to both men and women.</i>	Russell Devine
1988		Russell Devine
1988	<b>The Crabbie Cup</b> <i>Presented by George Crabbie in 1914 and was awarded annually to the athlete whose performance in the Scottish Men's Championships was considered to be the most meritorious. From 1992 and the merger of the S.A.A.A. &amp; S.W.A.A.A. the trophy was open to both men and women.</i>	Neil Fraser
2012	<b>SWCC &amp; RRA Vets Cup</b> <i>Awarded to the First Female at Scottish Masters Cross Country Championship.</i>	Melissa Whyte
2016	<b>The Eric Liddell Memorial Trophy</b>	George Evans
2017	<i>Awarded for the Best Performance at Scottish Schools Championship.</i>	Stephen MacKenzie
2017	<b>The Bob Stephen Cup</b> <i>Awarded for the Best Triple Jump Performance.</i>	Stephen MacKenzie
2018	<b>The Alan Bertram Trophy for Hammer</b> <i>Awarded to the Male Hammer Thrower who has shown commitment, performance and potential throughout the year.</i>	Matt MacFarlane
2022	<b>The Yuriy Sedykh Trophy for Hammer</b> <i>Awarded to the Female Hammer Thrower who has shown commitment, performance and potential throughout the year.</i>	Rachel MacLennan
2020	<b>The George Dallas Memorial Trophy</b> <i>Awarded by The Dallas Trust to the person or persons who in the judgement of the trustees, have achieved distinction in, or made a material contribution to, cross country, road running, track and field or hill running in Scotland in the preceding calendar year, whether they be athletes, administrators, coaches or otherwise involved in the sport.</i>	Megan Keith
2020	<b>U20 Performer of the Year</b>	Megan Keith
2022	<b>U20 Athlete of the Year</b>	Megan Keith

## ATHLETES - NATIONAL AWARDS



Year	Award	Recipient
2019	Scottish Young Sportswoman of The Year	Megan Keith



Year	Award	Recipient
2021	<b>The Inclusive Awards</b> Recognise individuals or clubs that made a significant effort to make their sport/clubs more accessible and available to everyone.	Mhairi MacLennan



Year	Award	Recipient
2015	<b>The Jack Gelder Trophy</b> <i>Best discipline average points score in a combined events competition (run/jump/throw) by any SVHC member throughout the year.</i>	Derek Glasgow
2017	<b>The Steedman Medal</b> <i>Best age-graded performance by a Scottish Master athlete in the Scottish Masters Indoor Heptathlon Championship.</i>	Derek Glasgow



### Scottish Disability Sport

Year	Award	Recipient
2019	<b>Archie Cameron Bursary</b> (for Potential High-Performance Athlete)	Abbie McNally

## ATHLETES - REGIONAL AWARDS



Year	Award	Recipient
2008	Female Athlete – Under 18	Charis Mair
2008	Female Athlete – 18 & Over	Rachael MacKenzie
2009	Female Athlete – 18 & Over	Melissa Whyte
2012	Female Athlete – Under 18	Mary Flockhart
2013	Male Athlete – 18 & Over	Jamie Bowie
2013	Female Athlete – 18 & Over	Rachael MacKenzie
2014	Female Athlete – 12 & Under	Fiona Flockhart
2014	Male Athlete – Under 18	Andrew McFarlane
2016	Female Athlete – 18 & Over	Jenny Bannerman
2017	Female Athlete – 18 & Over	Jenny Bannerman



Year	Award	Recipient
2014	Male Athlete – Under 18 (2 <sup>nd</sup> )	Joe Arnaud
2017	Male Athlete – Under 13	Lucas Cairns
2017	Endeavour Award	Abbie McNally

## ATHLETES - REGIONAL AWARDS



Year	Award	Recipient
2006	Highland Disability Sport - Junior Sports Personality of The Year	John Anderson
2011	Highland Disability Sport - Junior Sports Personality of The Year	Finlay MacLennan
2013	Highland Disability Sport - Senior Sports Personality of The Year	Jason Maclean
2015	Highland Disability Sport - Senior Sports Personality of The Year	Paul Davidson
2016	Highland Disability Sport - Junior Sports Personality of The Year	Abbie McNally
2016	Highland Disability Sport - Senior Sports Personality of The Year	Paul Davidson
2017	Highland Disability Sport - Junior Sports Personality of The Year	Abbie McNally

## COACHES - NATIONAL AWARDS



Year	Award	Recipient
2020	<b>Development Coach of the Year</b>	Ross Cairns
2023	Awarded to the coach who has had an impact on the development and performances of the athlete(s) they are working with.	Ross Cairns
2024	<b>Eric Liddell Recognition Awards</b> Awarded to individuals who have displayed one or more of the values in their role within athletics in Scotland: <ul style="list-style-type: none"> <li>• Passion – enthusiasm, dedication, optimism, self-belief</li> <li>• Compassion – humility, selflessness, respect, care, community-minded</li> <li>• Integrity – discretion, loyalty, self-sacrifice, principled</li> </ul>	Grant Nairn
2024	<b>Honorary Life Membership</b> Introduced around 1975 by the Scottish Amateur Athletic Association (S.A.A.A) “in recognition of diligent service to the Association over a lengthy period of time.” The Scottish Women’s Amateur Athletic Association had Honorary Life Vice-Presidents and in 1992, when the S.A.A.A., S.W.A.A.A. and the Scottish Men’s and Women’s Cross Country Unions merged into the Scottish Athletics Federation, existing Honorary Life Members of each of the bodies was offered Honorary Life Membership of the new federation.	Charlie Forbes

## COACHES - REGIONAL AWARDS



Year	Award	Recipient
2014	Gold Award – Young Athlete Coaching	Gavin Darroch
2014	Gold Award – Young Athlete Coaching	Carly Grant
2014	Silver Award – Young Athlete Coaching	Daniel McFarlane
2014	Silver Award – Young Athlete Coaching	Mary Flockhart
2014	Bronze Award – Young Athlete Coaching	Jed Russell
2014	Bronze Award – Young Athlete Coaching	Daniel Wilby
2014	Bronze Award – Young Athlete Coaching	Joseph Pedrana
2014	Bronze Award – Young Athlete Coaching	George Evans
2014	Bronze Award – Young Athlete Coaching	Andrew Johnstone



Year	Award	Recipient
2015	Highlands & Islands Regional Coach of The Year	Charlie Forbes



Year	Award	Recipient
2016	Development Performance Coach of The Year	Duncan Flockhart

## COACHES - REGIONAL AWARDS



Year	Award	Recipient
2012	Coach/Administrator of The Year	Duncan Flockhart
2014	Coach/Administrator of The Year	Dianne Chisholm



Year	Award	Recipient
2017	Coach of The Year	Ross Cairns



## CLUB - NATIONAL AWARDS



Year	Award	Recipient
2017	Scottish Men's Athletics League – Most Improved Club	Inverness Harriers AAC

## CLUB - REGIONAL AWARDS



Year	Award	Recipient
2014	Club of The Year	Inverness Harriers AAC