IHAAC - Track and Field Events 2024

13th April SNAL League - Match 1 GMouth	Date	Event	Age Groups	Comment
21st April Aberdeen U13/U15 Teams selected by coaches. Bus to event 27th April RAM League Match 1- Inverness Coaches. 28th April Jumps and Throws Grand Prix SNAL League Match 2 GMouth Friday 10th/11th North District Championships/Open U13/15 Teams selected by Coaches. 25th May Open Graded All ages Entry Via Scottish Athletics 25th May U13/15 Teams selected by Coaches. 25th May VDL Match 2 U13/15 Teams selected by Coaches. 25th May Open Graded All ages Entry Via Entry Central Venue TBC 1st June SuperTeams Heats North Area Venue TBC 1st June Scottish Schools Pentathlon Championships School pupils 2sth June Scottish Schools Pentathlon Relays School pupils 2sth June Scottish Schools Outdoor Championships Scottish Schools	13 th April	SNAL League – Match 1	U17-SNR	Entry via Club
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27th April RAM League Match 1- Inverness		Aberdeen		coaches.
Inverness Coaches.				Bus to event
28th April Jumps and Throws Grand Prix SNAL League Match 2 GMouth SNAL League Match 2 GMouth Ship May Championships SuperTeams Heats North Area Scottish Schools Perimary Relays Scottish Schools Outdoor Championships Scottish Schools Outdoor School Primary Sc	27 th April	RAM League Match 1-	All ages	Teams selected by
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Grangemouth Seniors Sunday 7 th July RAM League Match 3 - Inverness All ages Coaches	30 th June	SNAL – Match 3 -	U17+	Entry Via Club
Sunday 7 th July RAM League All ages Teams selected by Coaches		Grangemouth	Seniors	-
Match 3 - Inverness Coaches	Sunday 7 th July		All ages	Teams selected by
Friday 12 th July Jumps and Throws 6-9pm All ages Entry via Entry Central				<u>-</u>
	Friday 12 th July		All ages	Entry via Entry Central

Date	Event	Age Groups	Comment
13 th & 14 th July	Combined Events		Entry through Scottish
	Championship		Athletics
	Dundee		
28 th July	SNAL – Match 4- Aberdeen	U17+ Seniors	Entry Via club
4 th August	YDL Final	U13/15	Teams selected by
	Grangemouth		Coaches. Bus if team qualifies.
10 th August	Track and Field Champs -	U15	Entry through Scottish
	GMouth		Athletics
			Open 26 th June
11 th August	Track and Field Champs -	U13	Entry through Scottish
	GMouth		Athletics
			Open 26 th June
17 th & 18 th	Track and Field Champs -	U17 - Snr	Entry through Scottish
August	GMouth		Athletics
al-			Open 26 th June
25 th August	RAM Final	All ages	Teams Selected by
	Inverness		Coaches.
Friday 30 th	Miler Meets	All ages	Details TBC
August	Queens Park		Entry via Entry Central
	7-9pm		
7 TH September	IHAAC Club Championships	All ages	Details TBC
			Entry via Entry Central
ТВС	North Area Trophy	All ages	Entry Central
19 [™] September	Night of relays	All ages	During training session

All information is also on Team App, Facebook and Website.