



CLUB RECORDS
JUNIOR & SENIOR AGE GROUPS

Males – U13 Boys

| Track & Field Event | Name | Performance | Year |
|----------------------|---|-------------|------|
| 100 Metres | Iain Wallace | 12.4 | 1989 |
| 200 Metres | Iain Wallace | 25.8 | 1989 |
| 400 Metres | Stuart Sutherland | 56.7 | 1990 |
| 800 Metres | Lachlan Buchanan | 2:14.62 | 2018 |
| 1200 Metres | Duncan MacDonald | 3:49.78 | 2016 |
| 1500 Metres | Lachlan Buchanan | 4:28.65 | 2018 |
| 75 Metre Hurdles | David Macrae | 12.4 | 1986 |
| 4 x 100 Metres | @ UK YAL Finals | 53.6 | 1993 |
| 4 x 200 Metres | @ Grampian League Final | 1:59.64 | 2009 |
| 4 x 400 Metres | --- | 4:10.7 | 1988 |
| 3 x 800 Metres | @ Scottish National Relay Championships | 7:42.72 | 2016 |
| Long Jump | Paul Williamson | 5.17 | 1987 |
| Triple Jump | Adam Broadbent | 9.39 | 1993 |
| High Jump | Connel MacDonald | 1.63 | 2009 |
| Shot Put (3.25Kg) | David Hynd | 11.04 | --- |
| Discus Throw (1Kg) | Connel MacDonald | 27.84 | 2009 |
| Javelin Throw (400g) | Andrew McFarlane | 38.05 | 2012 |
| Pentathlon | Murray Taylor | 1840 | 2022 |

Males – U15 Boys

| Track & Field Event | Name | Performance | Year |
|-------------------------|--|-------------|------|
| 100 Metres | Colin Allan | 11.2 | 1988 |
| 200 Metres | Peter Durham | 23.15 | 1980 |
| 300 Metres | Lucas Davidson | 38.19 | 2023 |
| 400 Metres | Stuart Sutherland | 51.85 | 1992 |
| 800 Metres | Lachlan Buchanan | 2:00.92 | 2020 |
| 1500 Metres | Lachlan Buchanan | 4:09.09 | 2020 |
| 80 Metre Hurdles | Andrew Thain | 11.4 | 1982 |
| 1500 Metre Steeplechase | Stewart Mackay | 4:31.8 | 1990 |
| 4 x 100 Metres | @ Scottish Championships | 45.9 | 1979 |
| 4 x 200 Metres | @ Grampian League Final | 1:43.52 | 2010 |
| 4 x 300 Metres | @ UK YDL Scotland Final | 2:49.71 | 2015 |
| 4 x 400 Metres | @ National English League | 3:39.6 | 1988 |
| 3 x 800 Metres | @ Scottish 3 x 800m Relays - Angus Rutter - Ben Sharpe - Duncan MacDonald | 7:10.91 | 2018 |
| Long Jump | Peter Durham | 6.13 | 1982 |
| Triple Jump | Peter Durham | 12.14 | 1980 |
| High Jump | David Barnetson | 1.90 | 1986 |
| Pole Vault | Andrew McFarlane | 3.70 | 2014 |
| Shot Put (4Kg) | Russell Devine | 15.98 | 1983 |
| Discus Throw (1.25Kg) | Russell Devine | 48.30 | 1983 |
| Javelin Throw (600g) | Andrew McFarlane | 47.27 | 2014 |
| Hammer Throw (4Kg) | Matt MacFarlane | 51.72 | 2015 |
| Pentathlon | Andrew McFarlane | 2569 | 2014 |

Males – U17 Boys

| Track & Field Event | Name | Performance | Year |
|-------------------------|--|-------------|------|
| 100 Metres | Scott Fraser | 10.70 | 1994 |
| 200 Metres | Scott Fraser | 22.1 | 1994 |
| 400 Metres | Andrew Smith | 49.27 | 2014 |
| 800 Metres | Sean Chalmers | 1:54.79 | 2012 |
| 1500 Metres | Lachlan Buchanan | 3:57.71 | 2022 |
| 3000 Metres | Stewart Mackay | 8:56.5 | 1991 |
| 100 Metre Hurdles | Andrew Thain | 13.51 | 1983 |
| 400 Metre Hurdles | Duncan Hards | 56.29 | 1990 |
| 1500 Metre Steeplechase | Stewart Mackay | 4:25.86 | 1992 |
| 2000 Metre Steeplechase | Duncan Hards | 6:15.8 | 1990 |
| 4 x 100 Metres | @ National English League | 44.4 | 1982 |
| 4 x 200 Metres | @ Grampian League | 1:40.3 | 2015 |
| 4 x 300 Metres | @ UK YDL Scotland Final (U15) | 2:49.71 | 2015 |
| 4 x 400 Metres | @ Octavian Relays | 3:30.4 | 1987 |
| 3 x 800 Metres | @ Scottish 3 x 800m Relays (U15) - Angus Rutter - Ben Sharpe - Duncan MacDonald | 7:10.91 | 2018 |
| Long Jump | Stephen MacKenzie | 6.85 | 2017 |
| Triple Jump | Stephen MacKenzie | 14.24 | 2017 |
| High Jump | David Barnettson | 2.06 | 1988 |
| Pole Vault | Andrew McFarlane | 4.31 | 2015 |
| Shot Put (5Kg) | George Evans | 17.24 | 2014 |
| Discus Throw (1.5Kg) | George Evans | 55.32 | 2014 |
| Javelin Throw (700g) | Patrick Dunne | 58.49 | 2016 |
| Hammer Throw (5Kg) | Russell Devine | 59.72 | 1985 |
| Octathlon | Ian Coghill | 4096 | 2010 |
| Decathlon | Zak Fearn | 5597 | 2022 |

| Road Event | Name | Performance | Year |
|------------|------------------|-------------|------|
| 1 Mile | --- | --- | --- |
| 3K | Lucas Cairns | 8:55 | 2020 |
| 5K | Lucas Cairns | 16:01 | 2019 |
| 5 Mile | --- | --- | --- |
| 10K | Lachlan Buchanan | 32:57 | 2022 |

Males – U20 Men

| Track & Field Event | Name | Performance | Year |
|-------------------------|--|-------------|------|
| 100 Metres | Scott Fraser (U17) | 10.70 | 1994 |
| 200 Metres | Craig Bonnington | 21.80 | 1984 |
| 400 Metres | Jamie Bowie | 48.79 | 2007 |
| 800 Metres | John Rogan | 1:52.76 | 1995 |
| 1500 Metres | Simon MacIntyre | 3:51.86 | 2000 |
| 3000 Metres | Luke Davidson | 8:41.24 | 2021 |
| 5000 Metres | Lucas Cairns | 15:28.05 | 2023 |
| 10000 Metres | --- | --- | --- |
| 110 Metre Hurdles | Andrew Thain | 14.54 | 1983 |
| 400 Metre Hurdles | James MacPhail | 55.23 | 2009 |
| 3000 Metre Steeplechase | Alexander Thorne | 11:24.79 | 2013 |
| 4 x 100 Metres | @ Scottish Schools | 43.72 | 2019 |
| 4 x 200 Metres | @ Grampian League | 97.73 | 2013 |
| 4 x 400 Metres | @ Octavian Relays (U17) | 3:30.4 | 1987 |
| 3 x 800 Metres | @ Scottish 3 x 800m Relays (U15) - Angus Rutter - Ben Sharpe - Duncan MacDonald | 7:10.91 | 2018 |
| Long Jump | Stephen MacKenzie | 7.34 | 2018 |
| Triple Jump | Stephen MacKenzie | 14.42 | 2018 |
| High Jump | David Barnettson | 2.15 | 1990 |
| Pole Vault | Andrew McFarlane (U17) | 4.31 | 2015 |
| Shot Put (6Kg) | George Evans | 18.05 | 2016 |
| Discus Throw (1.75Kg) | George Evans | 60.37 | 2017 |
| Javelin Throw (800g) | Patrick Dunne | 55.85 | 2017 |
| Hammer Throw (6Kg) | Russell Devine | 58.74 | 1987 |
| Decathlon | Alister Mackay | 6202 | 2022 |

| Road Event | Name | Performance | Year |
|---------------|--------------------|-------------|------|
| 1 Mile | --- | --- | --- |
| 3K | Lucas Cairns (U17) | 8:55 | 2020 |
| 5K | Lucas Cairns | 14:58 | 2022 |
| 5 Mile | Cameron Young | 27:23 | 2017 |
| 10K | Lucas Cairns | 32:27 | 2022 |
| 10 Mile | Stephen Mackay | 61:38 | 2010 |
| Half Marathon | Stuart Gardiner | 81:15 | 2019 |
| Marathon | --- | --- | --- |

Males – Senior Men

| Track & Field Event | Name | Performance | Year |
|-------------------------|---|-------------|------|
| 100 Metres | Scott Fraser (U17) | 10.70 | 1994 |
| 200 Metres | Jamie Bowie | 21.52 | 2014 |
| 400 Metres | Jamie Bowie | 46.06 | 2013 |
| 800 Metres | Donald MacMillan | 1:50.08 | 1983 |
| 1500 Metres | Stephen Mackay | 3:45.70 | 2021 |
| 3000 Metres | Stephen Mackay | 8:13.19 | 2020 |
| 5000 Metres | Paul Kenney | 14:13.0 | 1983 |
| 10000 Metres | Paul Kenney | 29:33.5 | 1983 |
| 110 Metre Hurdles | Neil Fraser | 14.11 | 1987 |
| 400 Metre Hurdles | David Barnettson | 52.60 | 1996 |
| 3000 Metre Steeplechase | Ian Johnstone | 9:27.0 | 1977 |
| 4 x 100 Metres | @ Grampian League Final - Angus Davren - Robin Sneddon - Liam Daly - Scott Fraser | 43.33 | 2023 |
| 4 x 200 Metres | @ Grampian League (U20) | 97.73 | 2013 |
| 4 x 400 Metres | @ Grampian League Final | 3:27.90 | 2013 |
| 3 x 800 Metres | @ Scottish 3 x 800m Relays (U15) - Angus Rutter - Ben Sharpe - Duncan MacDonald | 7:10.91 | 2018 |
| Long Jump | Stephen MacKenzie (U20) | 7.34 | 2018 |
| Triple Jump | Melville Fowler | 14.59 | 1992 |
| High Jump | David Barnettson | 2.20 | 1997 |
| Pole Vault | Andrew McFarlane (U17) | 4.31 | 2015 |
| Shot Put (7.26Kg) | George Evans | 17.79 | 2021 |
| Discus Throw (2Kg) | George Evans | 59.84 | 2019 |
| Javelin Throw (800g) | Patrick Dunne | 55.85 | 2017 |
| Hammer Throw (7.26Kg) | Russell Devine | 66.53 | 2001 |
| Decathlon | David Barnettson | 6,192 | 1998 |

| Road Event | Name | Performance | Year |
|---------------|---------------------|-------------|------|
| 1 Mile | Stephen Mackay | 4:34 | 2012 |
| 3K | Stephen Mackay | 8:45 | 2017 |
| 5K | Sean Chalmers | 14:15 | 2022 |
| 5 Mile | Cameron Young (U20) | 27:23 | 2017 |
| 10K | Sean Chalmers | 29:51 | 2022 |
| 10 Mile | John Newsom | 51:45 | 2016 |
| Half Marathon | Sean Chalmers | 64:22 | 2022 |
| Marathon | Paul Kenney | 2:17:04 | 1984 |

Females – U13 Girls

| Track & Field Event | Name | Performance | Year |
|-----------------------|--|-------------|--------------|
| 100 Metres | Alison Edmonds | 12.6 | 1986 |
| 200 Metres | Alison Edmonds | 25.8 | 1989 |
| 400 Metres | --- | --- | --- |
| 800 Metres | Briony Swanson | 2:22.02 | 2002 |
| 1200 Metres | Briony Swanson | 3:53.40 | 2002 |
| 1500 Metres | Briony Swanson | 4:59.90 | 2002 |
| 70 Metre Hurdles | Stroma Fraser | 11.61 | 2018 |
| 4 x 100 Metres | @ Grampian League Final | 56.53 | 2016 |
| 4 x 200 Metres | @ Grampian League Final | 2:01.42 | 2019 |
| 3 x 800 Metres | @ Scottish 3 x 800m Relays - Zoe Sharpe - Grace MacDonald - Stroma Fraser | 7:46.75 | 2018 |
| Long Jump | Stroma Fraser | 4.96 | 2018 |
| High Jump | Stroma Fraser Isla Burns | 1.46 | 2018 2022 |
| Shot Put (2.72Kg) | Marvellous Igbinidu | 8.72 | 2018 |
| Discus Throw (0.75Kg) | Marvellous Igbinidu | 29.40 | 2018 |
| Javelin Throw (400g) | Mary Flockhart | 29.57 | 2011 |
| Pentathlon | Stroma Fraser | 2805 (NR) | 2018 |

Females – U15 Girls

| Track & Field Event | Name | Performance | Year |
|----------------------|---|-------------|--------------|
| 100 Metres | Alison Edmonds Heather MacLeod | 12.3 | 1987 1989 |
| 200 Metres | Jayne Lakeland | 25.6 | 1989 |
| 300 Metres | Gillian Gordon | 42.70 | 2012 |
| 400 Metres | --- | --- | --- |
| 800 Metres | Lois Macrae | 2:08.30 | 2023 |
| 1500 Metres | Lois Macrae | 4:30.17 | 2023 |
| 75 Metre Hurdles | Eilidh Johnson | 11.5 | 1989 |
| 4 x 100 Metres | @ Octavian Relays | 49.9 | --- |
| 4 x 200 Metres | @ Grampian League | 1:50.88 | 2017 |
| 4 x 300 Metres | @ UK YDL Scotland NE | 3:01.14 | 2014 |
| 4 x 400 Metres | --- | --- | --- |
| 3 x 800 Metres | @ Scottish 3 x 800m Relays - Kirsty Arnaud - Jennifer Mackenzie - Chloe Cheyne | 7:21.28 | 2017 |
| Long Jump | Deborah Douglas | 5.44 | 1988 |
| Triple Jump | Mairi Darroch | 9.54 | 2017 |
| High Jump | Jayne Barnetson | 1.68 | 1982 |
| Pole Vault | Josie Steele | 2.20 | 2014 |
| Shot Put (3Kg) | Stephanie MacKenzie | 10.43 | 1988 |
| Discus Throw (1Kg) | Josie Steele | 29.85 | 2015 |
| Javelin Throw (500g) | Kate Grainger | 35.73 | 1998 |
| Hammer Throw (3Kg) | Peace Igbinidu | 46.31 | 2022 |
| Pentathlon | Stroma Fraser | 2713 | 2019 |

Females – U17 Girls

| Track & Field Event | Name | Performance | Year |
|-------------------------|---|-------------|------|
| 100 Metres | Alison Edmonds | 11.9 | 1988 |
| 200 Metres | Alison Edmonds | 24.9 | 1988 |
| 300 Metres | Gillian Gordon | 40.83 | 2014 |
| 400 Metres | Lesley Clarkson | 59.07 | 1998 |
| 800 Metres | Lois Macrae (U15) | 2:08.30 | 2023 |
| 1500 Metres | Lois Macrae (U15) | 4:30.17 | 2023 |
| 3000 Metres | Emily Andrew | 10:09.13 | 2017 |
| 80 Metre Hurdles | Vicky O'Brien | 11.83 | 1999 |
| 300 Metre Hurdles | Gillian Gordon | 46.17 | 2014 |
| 400 Metre Hurdles | Eilidh Johnson | 64.0 | 1987 |
| 1500 Metre Steeplechase | Mhairi MacLennan | 5:54.2 | 2010 |
| 4 x 100 Metres | @ Scottish Relays - Marvellous Igbinidu - Stroma Fraser - Amy Mustarde - Abbie Harrison | 49.62 | 2021 |
| 4 x 200 Metres | @ Grampian League | 1:50.29 | 2007 |
| 4 x 300 Metres | @ UK YDL Scotland NE (U15) | 3:01.14 | 2014 |
| 4 x 400 Metres | @ Grampian League | 3:51.31 | 2001 |
| 3 x 800 Metres | @ Scottish 3 x 800m Relays (U15) - Kirsty Arnaud - Jennifer Mackenzie - Chloe Cheyne | 7:21.28 | 2017 |
| Long Jump | Vicky O'Brien | 5.95 | 1999 |
| Triple Jump | Anna Nelson | 10.17 | 2012 |
| High Jump | Jayne Barnetson | 1.85 | 1984 |
| Pole Vault | Anna Watson | 3.03 | 1998 |
| Shot Put (3Kg) | Stroma Fraser | 11.66 | 2022 |
| Discus Throw (1Kg) | Kirsty Law | 39.80 | 2003 |
| Javelin Throw (500g) | Kate Grainger | 38.32 | 1999 |
| Hammer Throw (3Kg) | Rachel MacLennan | 52.38 | 2018 |
| Heptathlon | Stroma Fraser | 4618 | 2022 |

| Road Event | Name | Performance | Year |
|------------|--------------|-------------|------|
| 1 Mile | --- | --- | --- |
| 3K | --- | --- | --- |
| 5K | --- | --- | --- |
| 5 Mile | --- | --- | --- |
| 10K | Emily Andrew | 38:46 | 2018 |

Females – U20 Women

| Track & Field Event | Name | Performance | Year |
|-------------------------|---|-------------|------|
| 100 Metres | Alison Edmonds (U17) | 11.9 | 1988 |
| 200 Metres | Lesley Clarkson | 24.87 | 1999 |
| 400 Metres | Lesley Clarkson | 54.44 | 2001 |
| 800 Metres | Lois Macrae (U15) | 2:08.30 | 2023 |
| 1500 Metres | Megan Keith | 4:19.99 | 2021 |
| 3000 Metres | Megan Keith | 9:16.50 | 2021 |
| 5000 Metres | Megan Keith | 16:08.88 | 2021 |
| 10000 Metres | --- | --- | --- |
| 100 Metre Hurdles | Kirsty Roger | 15.2 | 1997 |
| 400 Metre Hurdles | Anna Nelson | 63.1 | 2014 |
| 1500 Metre Steeplechase | Mhairi MacLennan | 5:46.17 | 2013 |
| 4 x 100 Metres | @ Scottish Relays (U17) - Marvellous Igbinidu - Stroma Fraser - Amy Mustarde - Abbie Harrison | 49.62 | 2021 |
| 4 x 200 Metres | @ Grampian League Final | 1:51.97 | 2012 |
| 4 x 400 Metres | @ Grampian League (U17) | 3:51.31 | 2001 |
| 3 x 800 Metres | @ Scottish 3 x 800m Relays (U15) - Kirsty Arnaud - Jennifer Mackenzie - Chloe Cheyne | 7:21.28 | 2017 |
| Long Jump | Vicky O'Brien (U17) | 5.95 | 1999 |
| Triple Jump | Kathryn MacKenzie | 10.61 | 1995 |
| High Jump | Jayne Barnetson | 1.88 | 1985 |
| Pole Vault | Anna Watson (U17) | 3.03 | 1998 |
| Shot Put (4Kg) | Paula Gass | 10.88 | 2013 |
| Discus Throw (1Kg) | Kirsty Law | 46.40 | 2004 |
| Javelin Throw (600g) | Paula Gass | 41.23 | 2013 |
| Hammer Throw (4Kg) | Rachel MacLennan | 51.26 | 2021 |
| Heptathlon | Kirsty Roger | 4723 | 1994 |

| Road Event | Name | Performance | Year |
|---------------|-------------|-------------|------|
| 1 Mile | --- | --- | --- |
| 3K | Megan Keith | 9:24 | 2020 |
| 5K | Megan Keith | 17:00 | 2020 |
| 5 Mile | --- | --- | --- |
| 10K | Megan Keith | 34:22 | 2021 |
| 10 Mile | --- | --- | --- |
| Half Marathon | --- | --- | --- |
| Marathon | --- | --- | --- |

Females – Senior Women

| Track & Field Event | Name | Performance | Year |
|-------------------------|---|-------------|------|
| 100 Metres | Alison Edmonds (U17) | 11.9 | 1988 |
| 200 Metres | Lesley Clarkson (U20) | 24.87 | 1999 |
| 400 Metres | Lesley Clarkson (U20) | 54.44 | 2001 |
| 800 Metres | Lesley Clarkson | 2:06.74 | 2004 |
| 1500 Metres | Megan Keith | 4:17.26 | 2022 |
| 3000 Metres | Megan Keith | 8:52.51 | 2023 |
| 5000 Metres | Megan Keith | 14:56.98 | 2023 |
| 10000 Metres | Mhairi MacLennan | 32:58.42 | 2019 |
| 100 Metre Hurdles | Jayne Barnetson | 14.50 | 1989 |
| 400 Metre Hurdles | Jayne Barnetson | 60.79 | 1988 |
| 2000 Metre Steeplechase | Julie Wilson | 8:10.23 | 2016 |
| 4 x 100 Metres | @ Scottish Championships | 48.2 | 1981 |
| 4 x 200 Metres | @ Grampian League | 1:48.27 | 2018 |
| 4 x 400 Metres | @ Grampian League (U17) | 3:51.31 | 2001 |
| 3 x 800 Metres | @ Scottish 3 x 800m Relays (U15) - Kirsty Arnaud - Jennifer Mackenzie - Chloe Cheyne | 7:21.28 | 2017 |
| Long Jump | Jayne Barnetson | 6.07 | 1988 |
| Triple Jump | Rachael MacKenzie | 10.84 | 2010 |
| High Jump | Jayne Barnetson | 1.91 | 1989 |
| Pole Vault | Anna Watson (U17) | 3.03 | 1998 |
| Shot Put (4Kg) | Kirsty Law | 12.63 | 2008 |
| Discus Throw (1Kg) | Kirsty Law | 60.13 | 2021 |
| Javelin Throw (600g) | Paula Gass | 44.78 | 2015 |
| Hammer Throw (4Kg) | Rachel MacLennan | 52.82 | 2022 |
| Heptathlon | Jayne Barnetson | 5803 (NR) | 1989 |

| Road Event | Name | Performance | Year |
|---------------|-------------------|-------------|------|
| 1 Mile | Jenny Bannerman | 4:56 | 2019 |
| 3K | Megan Keith (U20) | 9:24 | 2020 |
| 5K | Mhairi MacLennan | 15:48 | 2021 |
| 5 Mile | Jenny Bannerman | 28:45 | 2018 |
| 10K | Mhairi MacLennan | 32:58 | 2022 |
| 10 Mile | Mhairi MacLennan | 56:30 | 2018 |
| Half Marathon | Mhairi MacLennan | 71:18 | 2023 |
| Marathon | Amy Hudson | 2:58:02 | 2021 |

Summary of Club Records across Age Groups – Males

| Track Event | U13 | U15 | U17 | U20 | Senior |
|-------------------------|---------|---------|---------------|---------------|---------------|
| 100 Metres | 12.4 | 11.2 | 10.70 | 10.70 (U17) | 10.70 (U17) |
| 200 Metres | 25.8 | 23.15 | 22.1 | 21.80 | 21.52 |
| 300 Metres | --- | 38.19 | | | |
| 400 Metres | 56.7 | 51.85 | 49.27 | 48.79 | 46.06 |
| 800 Metres | 2:14.62 | 2:00.92 | 1:54.79 | 1:52.76 | 1:50.08 |
| 1200 Metres | 3:49.78 | | | | |
| 1500 Metres | 4:28.65 | 4:09.09 | 3:57.71 | 3:51.86 | 3:45.70 |
| 3000 Metres | | | 8:56.5 | 8:42.18 | 8:13.19 |
| 5000 Metres | | | | 15:28.05 | 14:13.0 |
| 10000 Metres | | | | --- | 29:33.5 |
| Hurdles Event | U13 | U15 | U17 | U20 | Senior |
| 75 Metre Hurdles | 12.4 | | | | |
| 80 Metre Hurdles | | 11.4 | | | |
| 100 Metre Hurdles | | | 13.51 | | |
| 110 Metre Hurdles | | | | 14.54 | 14.11 |
| 400 Metre Hurdles | | | 56.29 | 55.23 | 52.60 |
| 1500 Metre Steeplechase | | 4:31.8 | 4:25.86 | | |
| 2000 Metre Steeplechase | | | 6:15.8 | | |
| 3000 Metre Steeplechase | | | | 11:24.79 | 9:27.0 |
| Relays Event | U13 | U15 | U17 | U20 | Senior |
| 4 x 100 Metres | 53.6 | 45.9 | 44.4 | 43.72 | 43.33 |
| 4 x 200 Metres | 1:59.64 | 1:43.52 | 1:40.3 | 97.73 | 97.73 (U20) |
| 4 x 300 Metres | | 2:49.71 | 2:49.71 (U15) | | |
| 4 x 400 Metres | 4:10.7 | 3:39.6 | 3:30.4 | 3:30.4 (U17) | 3:27.90 |
| 3 x 800 Metres | 7:42.72 | 7:10.91 | 7:10.91 (U15) | 7:10.91 (U15) | 7:10.91 (U15) |
| Jump Event | U13 | U15 | U17 | U20 | Senior |
| Long Jump | 5.17 | 6.13 | 6.85 | 7.34 | 7.34 (U20) |
| Triple Jump | 9.39 | 12.14 | 14.24 | 14.42 | 14.59 |
| High Jump | 1.63 | 1.90 | 2.06 | 2.15 | 2.20 |
| Pole Vault | | 3.70 | 4.31 | 4.31 (U17) | 4.31 (U17) |

| Throw Event | U13 | U15 | U17 | U20 | Senior |
|-----------------------|-------|-------|-------|------------|-------------|
| Shot Put (3.25Kg) | 11.04 | | | | |
| Shot Put (4Kg) | | 15.98 | | | |
| Shot Put (5Kg) | | | 17.24 | | |
| Shot Put (6Kg) | | | | 18.05 | |
| Shot Put (7.26Kg) | | | | | 17.79 |
| Discus Throw (1Kg) | 27.84 | | | | |
| Discus Throw (1.25Kg) | | 48.30 | | | |
| Discus Throw (1.5Kg) | | | 55.32 | | |
| Discus Throw (1.75Kg) | | | | 60.37 | |
| Discus Throw (2Kg) | | | | | 59.84 |
| Javelin Throw (400g) | 38.05 | | | | |
| Javelin Throw (600g) | | 47.27 | | | |
| Javelin Throw (700g) | | | 58.49 | | |
| Javelin Throw (800g) | | | | 55.85 | 55.85 |
| Hammer Throw (4Kg) | | 51.72 | | | |
| Hammer Throw (5Kg) | | | 59.72 | | |
| Hammer Throw (6Kg) | | | | 58.74 | |
| Hammer Throw (7.26Kg) | | | | | 66.53 |
| Combined Event | U13 | U15 | U17 | U20 | Senior |
| Pentathlon | 1840 | 2569 | | | |
| Octathlon | | | 4096 | | |
| Decathlon | | | 5597 | 6202 | 6192 |
| Road Event | U13 | U15 | U17 | U20 | Senior |
| 1 Mile | | | --- | --- | 4:34 |
| 3K | | | 8:55 | 8:55 (U17) | 8:45 |
| 5K | | | 16:01 | 14:58 | 14:15 |
| 5 Mile | | | --- | 27:23 | 27:23 (U20) |
| 10K | | | 32:57 | 32:27 | 29:51 |
| 10 Mile | | | | 61:38 | 51:45 |
| Half Marathon | | | | 81:15 | 64:22 |
| Marathon | | | | --- | 2:17:04 |

Summary of Club Records across Age Groups – Females

| Track Event | U13 | U15 | U17 | U20 | Senior |
|-------------------------|---------|---------|---------------|---------------|---------------|
| 100 Metres | 12.6 | 12.3 | 11.9 | 11.9 (U17) | 11.9 (U17) |
| 200 Metres | 25.8 | 25.6 | 24.9 | 24.87 | 24.87 (U20) |
| 300 Metres | --- | 42.70 | 40.83 | | |
| 400 Metres | | | 59.07 | 54.44 | 54.44 (U20) |
| 800 Metres | 2:22.02 | 2:08.30 | 2:08.30 (U15) | 2:08.30 (U15) | 2:06.74 |
| 1200 Metres | 3:53.40 | | | | |
| 1500 Metres | 4:59.90 | 4:30.17 | 4:30.17 (U15) | 4:19.99 | 4:17.26 |
| 3000 Metres | | | 10:09.13 | 9:16.50 | 8:52.51 |
| 5000 Metres | | | | 16:08.88 | 14:56.98 |
| 10000 Metres | | | | --- | 32:58.42 |
| Hurdles Event | U13 | U15 | U17 | U20 | Senior |
| 70 Metre Hurdles | 11.61 | | | | |
| 75 Metre Hurdles | | 11.5 | | | |
| 80 Metre Hurdles | | | 11.83 | | |
| 100 Metre Hurdles | | | | 15.2 | 14.50 |
| 300 Metre Hurdles | | | 46.17 | | |
| 400 Metre Hurdles | | | 64.0 | 63.1 | 60.79 |
| 1500 Metre Steeplechase | | | 5:54.2 | 5:46.17 | |
| 2000 Metre Steeplechase | | | | | 8:10.23 |
| Relays Event | U13 | U15 | U17 | U20 | Senior |
| 4 x 100 Metres | 56.53 | 49.9 | 49.62 | 49.62 (U17) | 48.2 |
| 4 x 200 Metres | 2:01.42 | 1:50.88 | 1:50.29 | 1:51.97 | 1:48.27 |
| 4 x 300 Metres | | 3:01.14 | 3:01.14 (U15) | | |
| 4 x 400 Metres | | --- | 3:51.31 | 3:51.31 (U17) | 3:51.31 (U17) |
| 3 x 800 Metres | 7:46.75 | 7:21.28 | 7:21.28 (U15) | 7:21.28 (U15) | 7:21.28 (U15) |
| Jump Event | U13 | U15 | U17 | U20 | Senior |
| Long Jump | 4.96 | 5.44 | 5.95 | 5.95 (U17) | 6.07 |
| Triple Jump | | 9.54 | 10.17 | 10.61 | 10.84 |
| High Jump | 1.46 | 1.68 | 1.85 | 1.88 | 1.91 |
| Pole Vault | | 2.20 | 3.03 | 3.03 (U17) | 3.03 (U17) |

| Throw Event | U13 | U15 | U17 | U20 | Senior |
|-----------------------|-----------|-------|-------|-------|------------|
| Shot Put (2.72Kg) | 8.72 | | | | |
| Shot Put (3Kg) | | 10.43 | 11.66 | | |
| Shot Put (4Kg) | | | | 10.88 | 12.63 |
| Discus Throw (0.75Kg) | 29.40 | | | | |
| Discus Throw (1Kg) | | 29.85 | 39.80 | 46.40 | 60.13 |
| Javelin Throw (400g) | 29.57 | | | | |
| Javelin Throw (500g) | | 35.73 | 38.32 | | |
| Javelin Throw (600g) | | | | 41.23 | 44.78 |
| Hammer Throw (3Kg) | | 46.31 | 52.38 | | |
| Hammer Throw (4Kg) | | | | 51.26 | 52.82 |
| Combined Event | U13 | U15 | U17 | U20 | Senior |
| Pentathlon | 2805 (NR) | 2713 | | | |
| Heptathlon | | | 4618 | 4723 | 5803 (NR) |
| Road Event | U13 | U15 | U17 | U20 | Senior |
| 1 Mile | | | --- | --- | 4:56 |
| 3K | | | --- | 9:24 | 9:24 (U20) |
| 5K | | | --- | 17:00 | 15:48 |
| 5 Mile | | | --- | --- | 28:45 |
| 10K | | | 38:46 | 34:41 | 32:59 |
| 10 Mile | | | | --- | 56:30 |
| Half Marathon | | | | --- | 71:18 |
| Marathon | | | | --- | 2:58:02 |

SOURCES

Inverness Harriers AAC – Club archives

Maroon and Gold: The Story of Inverness Harriers, Charles Bannerman

Scottish Athletics Yearbooks

Power of 10

Grampian Athletics League Records - <https://grampianathleticsleague.synthasite.com/records>