

ADULT TO CHILD RATIOS

The following ratios are recommended BY Children 1st (Safeguarding in sport Unit). In any case activities should be planned to involve at least two adults, preferably one male and one female.

AGE	RATIO
3 and over	1:8
All children over 8yrs	1:10

These ratios are a relevant minimum for daytime activities. They should be modified for overnight stays, trips away from home, and when additional risk factors are present, such as organising activities for children who have previously displayed challenging behaviour, risks associated with a particular activity or event, for example road running; when one adult could not reasonably see all of the participants at once, and technical events; where there are additional safety considerations.

In any case activities should be planned to involve at least two adults, preferably one male and one female.

As a general guide, the following factors will also be taken into consideration in deciding how many adults are required to safely supervise children:

- The number of children involved in the activity
- The age, maturity and experience of the children
- Whether any of the group leaders or children has a disability or special requirements
- Whether any of the children have challenging behaviour
- The particular hazards associated with the activity
- The particular hazards associated with the environment
- The level of qualification and experience of the leaders
- The programme of activities
- Whether there are volunteers under the age 18