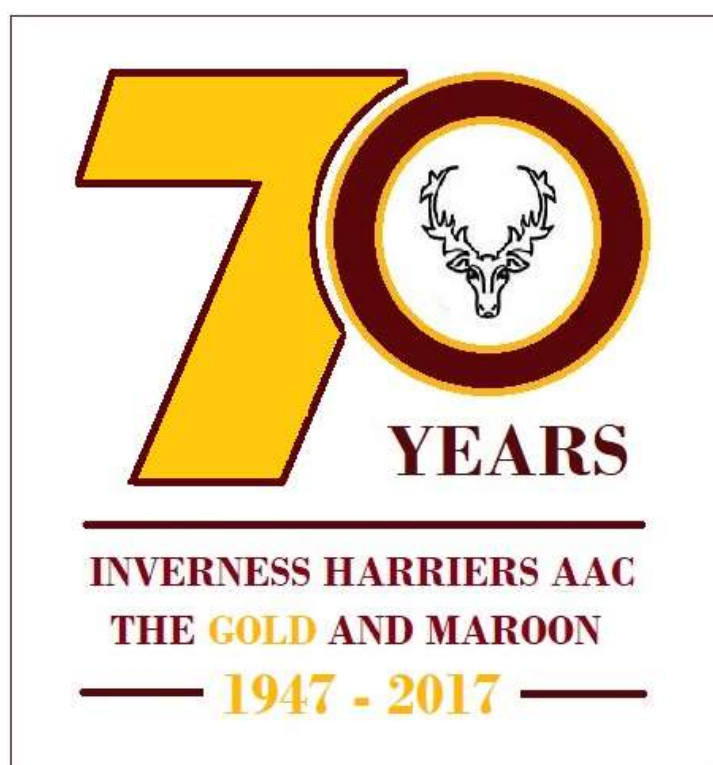


INVERNESS HARRIERS AAC



NATIONAL & REGIONAL AWARDS

ATHLETES - NATIONAL AWARDS



Year	Award	Recipient
2019	Scottish Young Sportswoman of The Year	Megan Keith



Year	Award	Recipient
2016	The Eric Liddell Memorial Trophy <i>Awarded for the Best Performance at Scottish Schools Championship.</i>	George Evans
2017	The Eric Liddell Memorial Trophy <i>Awarded for the Best Performance at Scottish Schools Championship.</i>	Stephen MacKenzie
2017	The Bob Stephen Cup <i>Awarded for the Best Triple Jump Performance.</i>	Stephen MacKenzie
2018	The Alan Bertram Trophy for Hammer <i>Awarded to the Male Hammer Thrower who has shown commitment, performance and potential throughout the year.</i>	Matt MacFarlane
2020	The George Dallas Memorial Trophy <i>Awarded by The Dallas Trust to the person or persons who in the judgement of the trustees, have achieved distinction in, or made a material contribution to, cross country, road running, track and field or hill running in Scotland in the preceding calendar year, whether they be athletes, administrators, coaches or otherwise involved in the sport.</i>	Megan Keith
2020	U20 Performer of the Year	Megan Keith

ATHLETES - NATIONAL AWARDS



Year	Award	Recipient
2015	The Jack Gelder Trophy <i>Best discipline average points score in a combined events competition (run/jump/throw) by any SVHC member throughout the year.</i>	Derek Glasgow
2017	The Steedman Medal <i>Best age-graded performance by a Scottish Master athlete in the Scottish Masters Indoor Heptathlon Championship.</i>	Derek Glasgow



Scottish Disability Sport

Year	Award	Recipient
2019	Archie Cameron Bursary (for Potential High-Performance Athlete)	Abbie McNally

ATHLETES - REGIONAL AWARDS



Year	Award	Recipient
2008	Female Athlete – Under 18	Charis Mair
2008	Female Athlete – 18 & Over	Rachael MacKenzie
2009	Female Athlete – 18 & Over	Melissa Whyte
2012	Female Athlete – Under 18	Mary Flockhart
2013	Male Athlete – 18 & Over	Jamie Bowie
2013	Female Athlete – 18 & Over	Rachael MacKenzie
2014	Female Athlete – 12 & Under	Fiona Flockhart
2014	Male Athlete – Under 18	Andrew McFarlane
2016	Female Athlete – 18 & Over	Jenny Bannerman
2017	Female Athlete – 18 & Over	Jenny Bannerman



Year	Award	Recipient
2014	Male Athlete – Under 18 (2 nd)	Joe Arnaud
2017	Male Athlete – Under 13	Lucas Cairns
2017	Endeavour Award	Abbie McNally

ATHLETES - REGIONAL AWARDS



Year	Award	Recipient
2006	Highland Disability Sport - Junior Sports Personality of The Year	John Anderson
2011	Highland Disability Sport - Junior Sports Personality of The Year	Finlay MacLennan
2013	Highland Disability Sport - Senior Sports Personality of The Year	Jason Maclean
2015	Highland Disability Sport - Senior Sports Personality of The Year	Paul Davidson
2016	Highland Disability Sport - Junior Sports Personality of The Year	Abbie McNally
2016	Highland Disability Sport - Senior Sports Personality of The Year	Paul Davidson
2017	Highland Disability Sport - Junior Sports Personality of The Year	Abbie McNally

COACHES - NATIONAL AWARDS



Year	Award	Recipient
2020	Development Coach of the Year <i>Awarded to the coach who has had an impact on the development and performances of the athlete(s) they are working with.</i>	Ross Cairns

COACHES - REGIONAL AWARDS



Year	Award	Recipient
2014	Gold Award – Young Athlete Coaching	Gavin Darroch
2014	Gold Award – Young Athlete Coaching	Carly Grant
2014	Silver Award – Young Athlete Coaching	Daniel McFarlane
2014	Silver Award – Young Athlete Coaching	Mary Flockhart
2014	Bronze Award – Young Athlete Coaching	Jed Russell
2014	Bronze Award – Young Athlete Coaching	Daniel Wilby
2014	Bronze Award – Young Athlete Coaching	Joseph Pedrana
2014	Bronze Award – Young Athlete Coaching	George Evans
2014	Bronze Award – Young Athlete Coaching	Andrew Johnstone



Year	Award	Recipient
2015	Highlands & Islands Regional Coach of The Year	Charlie Forbes



Year	Award	Recipient
2016	Development Performance Coach of The Year	Duncan Flockhart

COACHES - REGIONAL AWARDS



Year	Award	Recipient
2012	Coach/Administrator of The Year	Duncan Flockhart
2014	Coach/Administrator of The Year	Dianne Chisholm



Year	Award	Recipient
2017	Coach of The Year	Ross Cairns

CLUB - NATIONAL AWARDS



Year	Award	Recipient
2017	Scottish Men's Athletics League – Most Improved Club	Inverness Harriers AAC

CLUB - REGIONAL AWARDS



Year	Award	Recipient
2014	Club of The Year	Inverness Harriers AAC