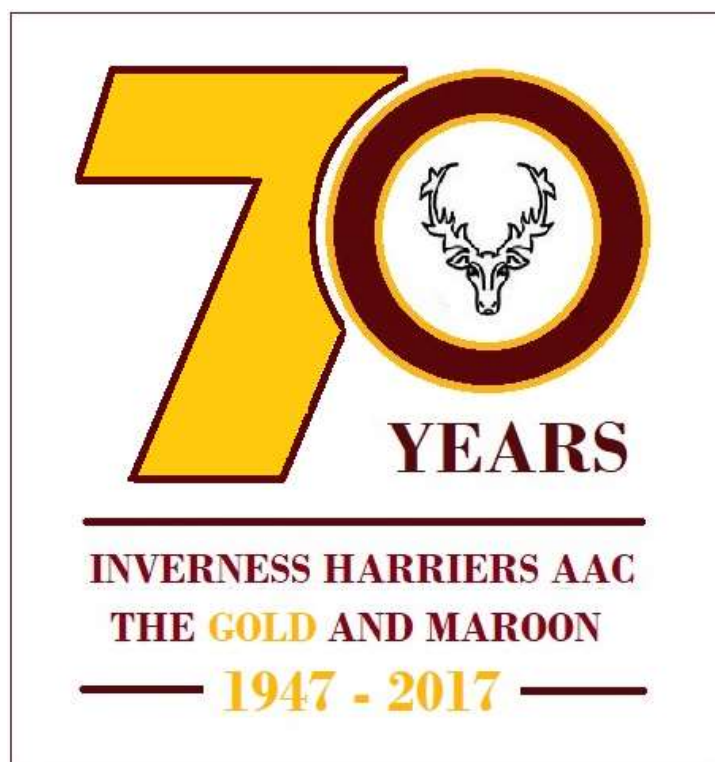


INVERNESS HARRIERS AAC



INTERNATIONAL REPRESENTATION
SCOTLAND & GB VESTS

INDEX

Scotland Junior Teams	<u>1971 - 2016</u>	<u>2017 - Present</u>	
Scotland Senior Teams	<u>1981 - 1986</u>	<u>1987 - 1993</u>	<u>1994 - 2017</u>
	<u>2018 - Present</u>		
Scotland Masters Teams	<u>2003 - Present</u>		
GB Junior & Senior Teams	<u>1984 - Present</u>		
GB Masters Teams	<u>1999 - 2017</u>	<u>2018 - Present</u>	



Scotland Junior Teams

1971 - 2016

Year	Name	Team	Event	Meeting
1971	Dianne Roodhouse	U21	400 Metres	WAAA Championships
1971	Ann Leith	U21	400 Metres	WAAA Championships
1976	Debbie Heath	U17	Javelin	Celtic International
1979	Angela Macrae	U21	High Jump	Middlesborough International
1984	Jayne Barnetson	U17	High Jump	Celtic International
1984	Eddie Leighton	U17	High Jump	SCO v North District Select
1985	Elaine Johnson	U17	75m Hurdles	Celtic International
1985	Alison Edmonds	U17	100 Metres	Celtic International
1985	Jayne Barnetson	U21	High Jump	Middlesborough International
1986	Jamie Bell	U21	Cross Country	World Junior XC Championships
1989	David Allan	U17	Hammer	Dumfries International
1989	Heather MacLeod	U17	Discus	Dumfries International
1992	Scott Fraser	U17	100 Metres	Celtic Games
1999	Kate Grainger	U17	Javelin	Celtic Games
1999	Vicky O'Brien	U17	Long Jump	Celtic Games
1999	Lesley Clarkson	U17	300 Metres	Celtic Games
1999	Alan Pearson	U17	100 Metres	Celtic Games
1999	Ewen Sime	U17	Shot Put	Celtic Games
2000	Lesley Clarkson	U21	400 Metres	SCO v Cyprus
2000	Kate Grainger	U21	Javelin	SCO v Cyprus
2000	Calum Scott-Woodhouse	U17	400 Metres	Celtic Games
2000	Grant Burnett	U17	400 Metres	Celtic Games
2000	Kate Grainger	U17	Javelin	Celtic Games
2000	Lesley Clarkson *	U18	400 Metres	I Commonwealth Youth Games
2000	Simon MacIntyre	U20	Cross Country	Reebok Cross Challenge
2001	Calum Scott-Woodhouse	U17	400 Metres	Celtic Games
2001	Grant Burnett	U17	400 Metres	Celtic Games
2002	Kate Grainger	U21	Javelin	SCO v Cyprus
2003	Kirsty Law	U17	Discus	Celtic Games
2004	Kirsty Law	U18	Discus	II Commonwealth Youth Games
2008	Jamie Bowie	U20	400 Metres	Celtic Cup
2008	Kirsty Law	U23	Shot Put	Celtic Cup
2011	Mhairi MacLennan	U17	Cross Country	Celtic Nations XC
2012	Mhairi MacLennan	U20	Cross Country	Home Countries International
2012	George Evans	U16	Discus	Celtic Games
2013	George Evans	U16	Shot Put	Celtic Games
2014	Mhairi MacLennan	U20	Cross Country	Home Countries International
2014	George Evans	U18	Shot Put/Discus	Celtic Games
2015	Sean Chalmers	U23	Cross Country	Great Edinburgh XC International
2015	Mhairi MacLennan	U23	Cross Country	Celtic Games International XC
2015	Mhairi MacLennan	U23	Cross Country	Home Countries International
2015	Andrew McFarlane	U16	Javelin	Celtic Games
2015	Daniel McFarlane	U16	Pole Vault	Celtic Games
2015	George Evans	U18	Shot Put/Discus	Celtic Games
2015	George Evans	U18	Shot Put/Discus	V Commonwealth Youth Games
2016	Mhairi MacLennan	U23	Cross Country	Great Edinburgh XC International
2016	Mhairi MacLennan	U23	Cross Country	Home Countries International
2016	Lucy Massie	U18	4x100 Metres	Celtic Games
2016	Joe Arnaud	U16	800 Metres	Celtic Games



**Scotland Junior
Teams**

2017 - Present

Year	Name	Team	Event	Meeting
2017	Finbar Dunne	U18	Discus	Celtic Games
2017	Mhairi MacLennan	U23	Cross Country	Great Edinburgh XC International
2017	Mhairi MacLennan	U23	3K	Armagh International Road Races
2018	Emily Andrew	U17	3 Miles	London Mini-Marathon
2018	Stephen MacKenzie	U18	High Jump	Celtic Games
2018	Andrew Bowsher	U18	Discus	Celtic Games
2018	Matt MacFarlane	U18	Hammer	Celtic Games
2018	Angus Davren	U18	High Jump	Celtic Games (Futures Selection)
2018	Victor Jude-Eze	U16	Discus	Celtic Games (Futures Selection)
2018	Ellie Stone	U18	100m Hurdles / 4x 400 Metres	Celtic Games (Futures Selection)
2018	Emma Pedrana	U18	4x 100 Metres	Celtic Games (Futures Selection)
2018	Cameron Macintosh	U18	Javelin	Celtic Games (Futures Selection)
2018	Finbar Dunne	U18	Shot Put/Discus	Celtic Games (Futures Selection)



**Scotland Senior
Teams**

1981 - 1986

Year	Name	Team	Event	Meeting
1981	Neil Fraser	SEN	110m Hurdles	SCO v England/Hungary/Norway
1981	Thomas Leighton	SEN	High Jump	SCO v England/Hungary/Norway
1981	Neil Fraser	SEN	110m Hurdles	SCO v Denmark/Ireland
1981	Thomas Leighton	SEN	High Jump	SCO v Denmark/Ireland
1982	Neil Fraser	SEN	110m Hurdles	SCO v Luxembourg
1982	Neil Fraser	SEN	110m Hurdles	SCO v England/Norway/Poland
1983	Neil Fraser	SEN	110m Hurdles	SCO v Iceland/Israel/Luxembourg /Northern Ireland/Wales
1983	Neil Fraser	SEN	110m Hurdles	SCO v England/Hungary/Norway
1983	Donald MacMillan	SEN	800 Metres	-
1984	Thomas Leighton	SEN	High Jump	SCO v Catalonia/Ireland
1984	George Patience	SEN	Shot Put/Discus	SCO v Catalonia/Ireland
1984	Thomas Leighton	SEN	High Jump	SCO v Iceland
1984	Jayne Barnetson	SEN	High Jump	SCO v Hungary
1984	Neil Fraser	SEN	110m Hurdles	SCO v Hungary
1984	George Patience	SEN	Shot Put	SCO v Hungary
1984	Paul Kenney **	SEN	10000 Metres	SCO v Hungary
1984	Jayne Barnetson	SEN	High Jump	SCO v England/Wales/Yugoslavia
1985	George Patience	SEN	Discus	SCO v Ireland/Catalonia
1985	George Patience	SEN	Discus	SCO v Wales/Catalonia/England
1985	Jayne Barnetson	SEN	High Jump	SCO v Wales/Catalonia/England
1985	George Patience	SEN	Discus	SCO v Israel/Greece/Northern Ireland/Wales
1985	Jayne Barnetson	SEN	High Jump	SCO v Israel/Greece/Northern Ireland/Wales
1985	George Patience	SEN	Discus	SCO v Norway/Ireland
1985	Mel Fowler	SEN	Long Jump	SCO v Norway/Ireland
1985	Jayne Barnetson	SEN	High Jump	SCO v Norway/Ireland
1986	George Patience	SEN	Discus	SCO v Ireland/Catalonia
1986	Mel Fowler	SEN	Long Jump	SCO v Ireland/Catalonia
1986	Jayne Barnetson	SEN	High Jump	SCO v Ireland/Catalonia
1986	George Patience	SEN	Discus	SCO v Netherlands/Northern Ireland
1986	Mel Fowler	SEN	Long Jump	SCO v Netherlands/Northern Ireland
1986	Neil Fraser	SEN	110m Hurdles	SCO v Netherlands/Northern Ireland
1986	Jayne Barnetson	SEN	High Jump	SCO v Spain
1986	George Patience	SEN	Shot Put	SCO v Spain
1986	Thomas Leighton	SEN	High Jump	SCO v Spain
1986	Jayne Barnetson	SEN	High Jump	XIII Commonwealth Games
1986	George Patience	SEN	Shot Put	XIII Commonwealth Games
1986	Neil Fraser	SEN	110m Hurdles	XIII Commonwealth Games



**Scotland Senior
Teams
1987 - 1993**

Year	Name	Team	Event	Meeting
1987	Jayne Barnetson	SEN	High Jump	SCO v Belgium/Northern Ireland
1987	Mel Fowler	SEN	Long Jump	SCO v Northern Ireland/ Catalonia/Israel
1987	George Patience	SEN	Discus	SCO v Wales/Northern Ireland/ Cyprus/Israel
1987	Mel Fowler	SEN	Long Jump	SCO v Wales/Northern Ireland/ Cyprus/Israel
1987	Neil Fraser	SEN	110m Hurdles	SCO v Wales/Northern Ireland/ Cyprus/Israel
1987	George Patience	SEN	Discus	SCO v Ireland/Wales
1987	Mel Fowler	SEN	Long Jump	SCO v Ireland/Wales
1987	Neil Fraser	SEN	110m Hurdles	SCO v Ireland/Wales
1987	Jayne Barnetson	SEN	High Jump	-
1987	Russell Devine	SEN	Hammer	SCO v Northern Ireland/ Catalonia/Israel
1987	George Patience	SEN	Discus/Shot Put	SCO v Northern Ireland/ Catalonia/Israel
1988	Jayne Barnetson	SEN	High Jump	SCO v Ireland/Iceland
1988	David Barnetson	SEN	High Jump	SCO v Ireland/Iceland
1988	Russell Devine	SEN	Hammer	SCO v Ireland/Iceland
1988	Jayne Barnetson	SEN	High Jump/ 400m Hurdles	SCO v Greece/Cyprus
1988	Jayne Barnetson	SEN	Heptathlon	SCO v Czech/France/Hungary
1989	Alison Edmonds	SEN	60 Metres	SCO v Wales
1989	David Barnetson	SEN	High Jump	SCO v Wales
1989	Jayne Barnetson	SEN	High Jump	SCO v Greece/Belgium/Bulgaria/ Czech
1989	Jayne Barnetson	SEN	High Jump	SCO v Greece/Ireland
1989	Mel Fowler	SEN	Long Jump	SCO v Northern Ireland/Ireland
1989	Alison Edmonds	SEN	100 Metres/200 Metres/4x100 Metres	SCO v Ireland/Greece
1989	Alison Edmonds	SEN	100 Metres/200 Metres/4x100 Metres	SCO v Northern Ireland/Cyprus/ Euskadi/Israel/Wales
1989	Jayne Barnetson	SEN	High Jump	SCO v Northern Ireland/Cyprus/ Euskadi/Israel/Wales
1989	Russell Devine	SEN	Hammer	SCO v Northern Ireland/Cyprus/ Euskadi/Israel/Wales
1990	Russell Devine	SEN	Hammer	SCO v Iceland/Ireland
1991	Russell Devine	SEN	Hammer	SCO v Iceland/Ireland/Northern Ireland/Wales
1991	David Allan	SEN	Hammer	SCO v Wales/England
1992	Neil Fraser	SEN	60m Hurdles	SCO v Norway/Denmark
1992	Alan Kemlo	SEN	Javelin	SCO v Northern Ireland
1992	Kenneth Kemlo	SEN	Pole Vault	SCO v Northern Ireland
1993	Mel Fowler	SEN	Long Jump	SCO v Wales/Northern Ireland
1993	Sheila Gollan	SEN	3000 Metres	SCO v Wales
1993	Sheila Gollan	SEN	3000 Metres	SCO v Northern Ireland
1993	Neil Fraser	SEN	100 Metres	SCO v Israel/Turkey/Wales
1993	David Allan	SEN	Hammer	SCO v Israel/Turkey/Wales
1993	David Allan	SEN	Hammer	SCO v Wales/Northern Ireland



**Scotland Senior
Teams**

1994 - 2016

Year	Name	Team	Event	Meeting
1994	Russell Devine	SEN	Discus	XV Commonwealth Games
1996	Kirsty Roger	SEN	400m Hurdles	SCO v Northern Ireland
1999	David Allan	SEN	Hammer	Loughborough International
1999	David Allan	SEN	Hammer	SCO v Wales/Australia/England/ Northern Ireland
2000	David Allan	SEN	Hammer	Loughborough International
2000	Vicky O'Brien	SEN	Long Jump	SCO v Wales/England/Northern Ireland
2001	Lesley Clarkson	SEN	4x400 Metres	SCO v Northern Ireland/Wales
2002	Lesley Clarkson	SEN	4x400 Metres	Loughborough International
2003	Lesley Clarkson	SEN	4x400 Metres	Loughborough International
2005	Grant Burnett	SEN	200 Metres	Loughborough International
2005	Kirsty Law	SEN	Discus	Loughborough International
2006	Kirsty Law	SEN	Discus	Loughborough International
2007	Kirsty Law	SEN	Discus	Loughborough International
2007	Rachael MacKenzie	SEN	High Jump	Loughborough International
2007	Rachael MacKenzie	SEN	High Jump	SCO v Ireland/Wales
2008	Sarah Smith	SEN	100 Metres	Loughborough International
2008	Kirsty Law	SEN	Discus	Loughborough International
2008	Jamie Bowie	SEN	4x400 Metres	SCO v Wales/Ireland
2008	Kirsty Law	SEN	Discus	SCO v Wales/Ireland
2009	Jamie Bowie	SEN	4x400 Metres	Loughborough International
2009	Kathryn Evans	SEN	4x400 Metres	Loughborough International
2009	Kirsty Law	SEN	Discus	Loughborough International
2009	Jamie Bowie	SEN	4x400 Metres	SCO v Wales/Ireland
2010	Kathryn Evans	SEN	4x400 Metres	Loughborough International
2010	Kathryn Evans	SEN	4x400 Metres	XIX Commonwealth Games
2011	Jamie Bowie	SEN	4x400 Metres	Loughborough International
2011	Kirsty Law	SEN	Discus	Loughborough International
2011	Kathryn Evans	SEN	400 Metres	Loughborough International
2012	Kathryn Evans	SEN	800 Metres/ MedR	SCO v Wales
2012	Kathryn Evans	SEN	4x400 Metres	Loughborough International
2012	Kirsty Law	SEN	Discus	Loughborough International
2012	Jamie Bowie	SEN	4x400 Metres	Loughborough International
2013	Jamie Bowie	SEN	4x400 Metres	Loughborough International
2014	Kirsty Law	SEN	Discus	Loughborough International
2014	Jamie Bowie	SEN	4x400 Metres	XX Commonwealth Games
2014	Rachael MacKenzie	SEN	High Jump	XX Commonwealth Games
2014	Kirsty Law	SEN	Discus	XX Commonwealth Games
2014	Jason MacLean	SEN	T37 100 Metres	XX Commonwealth Games
2014	Jamie Bowie	SEN	4x400 Metres	SCO v USA/Commonwealth Select
2015	Jamie Bowie	SEN	4x400 Metres	SCO v France/Germany
2015	Kirsty Law	SEN	Discus	Loughborough International
2015	Jason MacLean	SEN	F37 Long Jump F37 Shot Put	CPISRA World Games
2016	Sinclair Patience	SEN	Shot Put	Loughborough International
2016	Jenny Bannerman	SEN	Half Marathon	Lillebælt Halvmarathon
2016	Jenny Bannerman	SEN	10 Mile	Frank Duffy 10 Mile



**Scotland Senior
Teams
2017 - Present**

Year	Name	Team	Event	Meeting
2017	Mhairi MacLennan	SEN	Cross Country	Home Countries International
2017	Jenny Bannerman	SEN	Half Marathon	Lillebælt Halvmarathon
2017	Jenny Bannerman	SEN	10K	Leeds Abbey Dash 10K
2018	Abbie McNally	SEN	T37 60 Metres	Muller Grand Prix Indoors
2018	Kirsty Law	SEN	Discus	Loughborough International
2018	Anna Nelson	SEN	400m Hurdles	Manchester International
2018	Kirsty Law	SEN	Discus	Manchester International
2018	Abbie McNally	SEN	T37 100 Metres T37 200 Metres T37 Long Jump	CP World Games
2018	John Newsom	SEN	Half Marathon	I Commonwealth Half Marathon Championships
2018	Mhairi MacLennan	SEN	10K	Leeds Abbey Dash 10K
2018	Jenny Bannerman	SEN	10K	Leeds Abbey Dash 10K



**Scotland Masters
Teams**

2003 - Present

Year	Name	Team	Event	Meeting
2003	George Mitchell	M55	Cross Country	Home Countries International XC
2004	George Mitchell	M55	Cross Country	Home Countries International XC
2005	George Mitchell	M55	Cross Country	Home Countries International XC
2006	George Mitchell	M60	Cross Country	Home Countries International XC
2007	George Mitchell	M60	Cross Country	Home Countries International XC
2008	George Mitchell	M60	Cross Country	Home Countries International XC
2009	George Mitchell	M60	Cross Country	Home Countries International XC
2010	George Mitchell	M60	Cross Country	Home Countries International XC
2010	Melissa Whyte	W45	Cross Country	Home Countries International XC
2011	George Mitchell	M65	Cross Country	Home Countries International XC
2011	Melissa Whyte	W45	Cross Country	Home Countries International XC
2012	Ian Johnstone	M60	Cross Country	Home Countries International XC
2012	George Mitchell	M65	Cross Country	Home Countries International XC
2013	Alex Sutherland	M65	Cross Country	Home Countries International XC
2014	Alex Sutherland	M65	Cross Country	Home Countries International XC
2015	Alex Sutherland	M60	Cross Country	Home Countries International XC
2016	Steven Worsley	M50	Cross Country	Home Countries International XC
2016	Alex Sutherland	M65	Cross Country	Home Countries International XC
2017	Tony Golabek	M35	Cross Country	Home Countries International XC
2017	Steven Worsley	M50	Cross Country	Home Countries International XC
2017	Stan MacKenzie	M50	Cross Country	Home Countries International XC
2017	Alex Sutherland	M65	Cross Country	Home Countries International XC
2018	Tony Golabek	M35	10K (Road)	Masters 10K Celtic International
2018	Dean Kane	M35	10K (Road)	Masters 10K Celtic International
2018	Steven Worsley	M55	10K (Road)	Masters 10K Celtic International
2018	Graham Laing	M60	10K (Road)	Masters 10K Celtic International
2018	Alex Sutherland	M70	10K (Road)	Masters 10K Celtic International
2018	Donnie MacDonald	M40	Cross Country	Home Countries International XC
2018	Steven Worsley	M55	Cross Country	Home Countries International XC
2018	Stan MacKenzie	M55	Cross Country	Home Countries International XC
2018	Alex Sutherland	M70	Cross Country	Home Countries International XC



**Great Britain &
Northern Ireland**

**Junior & Senior
Teams**

1984 - Present

Year	Name	Team	Event	Meeting
1984	Jayne Barnetson	U20	High Jump	GB v Yugoslavia
1985	Jayne Barnetson	U20	High Jump	VIII European Junior Championships
1985	George Patience	SEN	Shot Put	GB 'B' v France
1986	Jayne Barnetson	U20	High Jump	GB v Switzerland/Oceania
1986	Jayne Barnetson	SEN	High Jump	GB v Eastern Europe
1986	Jayne Barnetson	U20	High Jump	I World Junior Championships
1988	Neil Fraser	SEN	60m Hurdles	XIX European Indoor Championships
1989	Jayne Barnetson	SEN	High Jump	XII European Cup Final
1989	Jayne Barnetson	SEN	Heptathlon	GB v Ukraine
1991	David Barnetson	U23	High Jump	GB v Spain/France/Germany
1993	David Barnetson	U23	High Jump	GB v Russia
1997	Kirsty Roger	U20	Heptathlon	-
2000	Vicky O'Brien	U20	Long Jump	-
2000	Lesley Clarkson	U20	400 Metres	-
2000	Kirsty Roger	U23	Heptathlon	GB v Germany
2000	Simon MacIntyre	U23	1500 Metres	GB v Germany
2000	Lesley Clarkson	U20	4x400 Metres	GB v France/Germany
2001	Lesley Clarkson	U20	400 Metres	Mannheim International
2001	Lesley Clarkson	U20	4x400 Metres	XVI European Junior Championships
2002	Lesley Clarkson	SEN	4x400 Metres	Kelvin Hall International
2003	Kirsty Law	U20	Discus	XVII European U20 Championships
2004	Kirsty Law	U20	Discus	GB v Australia
2007	Kirsty Law	U23	Discus	VI European U23 Championships
2007	Kirsty Law	U23	Discus	VII European Cup Winter Throwing
2009	Jamie Bowie	U23	4x400 Metres	VII European U23 Championships
2011	Jamie Bowie	U23	4x400 Metres	VIII European U23 Championships
2013	Jamie Bowie	SEN	4x400 Metres	XIV World Championships
2014	Jamie Bowie	SEN	4x400 Metres	XV World Indoor Championships
2015	Kirsty Law	SEN	Discus	VI European Team Championships
2015	George Evans	U20	Discus	IX World Youth Championships
2016	George Evans	U20	Discus	XVI World Junior Championships
2016	George Evans	U20	Discus	XXIV European U20 Championships
2016	Paul Davidson	SEN	T20/F20 200 Metres/400 Metres/4x100 Metres	INAS European Championships
2017	Mhairi MacLennan	U23	Cross Country	XXIV European Cross Country Championships
2018	Mhairi MacLennan	SEN	Cross Country	Great Edinburgh XC International
2018	Kirsty Law	SEN	Discus	XXIV European Championships
2019	Mhairi MacLennan	SEN	Cross Country	XLIII World Cross Country Championships



**Great Britain &
Northern Ireland**

Masters Teams

1999 - 2017

Year	Name	Team	Event(s)	Meeting
1999	Dianne MacKenzie	W40	400 Metres 4x 100 Metres 4x 400 Metres	XIII World Championships
1999	Audrey Munro	W45	100 Metres 200 Metres 4x 400 Metres	XIII World Championships
1999	Cameron Roger	M50	Hammer Throw Discus Throw	XIII World Championships
2009	Derek Glasgow	M40	Decathlon	XVIII World Championships
2010	Derek Glasgow	M45	Decathlon	XVII European Championships
2011	Derek Glasgow	M45	Decathlon	XIX World Championships
2013	Ian Johnstone	M60	1500 Metres	IX European Indoor Championships
2014	Derek Glasgow	M50	Decathlon	XIX European Championships
2014	Steven Worsley	M50	11.5 KM	XIV World Mountain Running Championships
2015	Ian Johnstone	M60	3000 Metres 5K XC	X European Indoor Championships
2015	Dean Kane	M35	1500 Metres 3000 Metres	X European Indoor Championships
2015	Steven Worsley	M50	10.6 KM	XV World Mountain Running Championships
2015	Dean Kane	M35	1500 Metres	XXI World Championships
2015	Derek Glasgow	M50	Decathlon	XXI World Championships
2015	Alex Sutherland	M65	5000 Metres 10000 Metres 8K XC	XXI World Championships
2016	Dean Kane	M35	1500 Metres 3000 Metres	XI European Indoor Championships
2016	Steven Worsley	M50	11.0 KM	XVI World Mountain Running Championships
2016	Alex Sutherland	M65	5000 Metres 10000 Metres 8K XC	XXII World Championships
2016	Julie Wilson	W45	400 Metres 1500 Metres 2000m SC	XXII World Championships
2017	Dean Kane	M35	3000 Metres 8K XC	VII World Indoor Championships
2017	Tony Golabek	M35	3000 Metres 8K XC	VII World Indoor Championships
2017	Dean Kane	M35	1500 Metres 4K XC	XX European Championships
2017	Tony Golabek	M35	3000m SC	XX European Championships



Year	Name	Team	Event(s)	Meeting
2018	Dean Kane	M35	10K Road	XVI European Non-Stadia Championships
2018	Tony Golabek	M35	10K Road 4KXC Relay	XVI European Non-Stadia Championships
2018	Steven Worsley	M50	7.2KM	XVII World Mountain Running Championships
2018	Derek Glasgow	M50	Decathlon	XXIII World Championships
2018	Dean Kane	M35	5000 Metres 800 Metres 1500 Metres	Asia Pacific Masters Games

**Great Britain &
Northern Ireland**

Masters Teams

2018 - Present

NOTES

* Athlete did not participate due to injury.

** Athlete did not participate due to prior commitments.

SOURCES

Scottish Athletics –

<https://www.scottishathletics.org.uk>

Scottish Association of Track Statisticians (SATS) –

<https://www.scotstats.net/scotland/the-complete-record/>

UK Athletics Rankings (Power of 10) –

<http://www.thepowerof10.info/>

British Masters Athletics Federation –

<http://bmaf.org.uk/british-and-irish-masters-cross-country-international/>

Maroon and Gold: The Story of Inverness Harriers, Charles Bannerman

