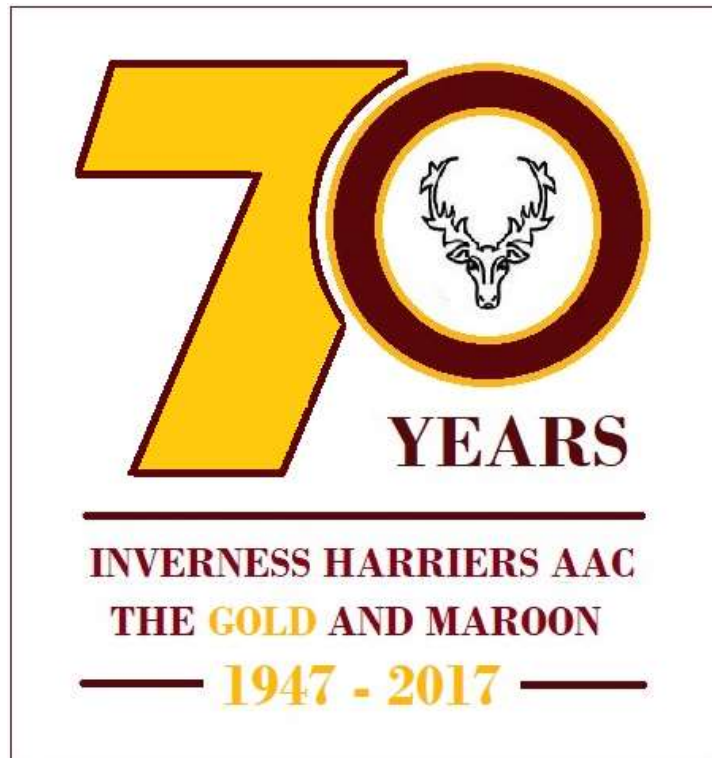


INVERNESS HARRIERS AAC



SCOTTISH VEST PERFORMANCES

ROAD RUNNING &

CROSS COUNTRY

INDEX



SENIOR MEN



SENIOR WOMEN

BOWMAN, John

NEWSOM, John

BANNERMAN, Jenny

GOLLAN, Sheila

MACLENNAN, Mhairi

WHYTE, Melissa

SENIOR MEN

SENIOR WOMEN

B

3/11/1990 IRVINE

SCO 19 ENG 27 WAL 34 NIR 73

1	Tommy Murray (SCO)	23:04
2	Nat Muir	23:15
6	David Cavers	23:46
10	Keith Logan	23:59
11	Ian Johnston	24:07
15	John Bowman	24:33

4/01/1992 MALLUSK (NIR)

KEN 6 ENG 22 IRL 37 NIR 48 **SCO 54**

1	Ondoro Osoro (KEN)	22:37
7	John Sherban	23:10
11	Robert Quinn	23:20
36	Alaister Russell	24:41
40	John Bowman	24:52

08/05/2016 Middelfart, DEN

Lillebaelt Halvmarathon

4	Jenny Bannerman	88:39
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21/08/2016 Dublin, IRE

Frank Duffy 10

7	Jenny Bannerman	61:01
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07/05/2017 Middelfart, DEN

Lillebaelt Halvmarathon

6	Jenny Bannerman	80:36
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05/11/2017 Leeds, ENG

Age UK Leeds Abbey Dash 10K

23	Jenny Bannerman	35:07
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04/11/2018 Leeds, ENG

Age UK Leeds Abbey Dash 10K

16	Jenny Bannerman	35:48
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G

11/03/1990 GLASGOW

World Cross Country Trials

ENG 11 WAL 73 **SCO 89** NIR 142

1	Angela Wallace (ENG)	15:18
4	Laura Adam	15:28
26	Carol Anne Bartley	16:41
29	Ann Ridley	16:50
30	Sheila Gollan	16:55
31	Eileen Cochrane	17:02
32	Val Pollard	17:09
36	Janet McColl	17:36

27/03/1994 IRVINE

ENG 11 IRL 31 **SCO 48** WAL 79 NIR 89

1	Elaine Foster (ENG)	24:41
7	Annette Bell	25:43
11	Sharon Hatch	25:50
14	Sheila Gollan	26:09
16	Trudi Thomson	26:41
23	Lindsay Cairns	27:30
30	M Blaikie	28:26

SENIOR MEN

SENIOR WOMEN

M

25/03/2017 Port Talbot, WAL

Home Countries International

12	Mhairi MacLennan	27:24
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04/11/2018 Leeds, ENG

Age UK Leeds Abbey Dash 10K

2	Mhairi MacLennan	33:36
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N

7/10/2018 CARDIFF (WAL)

COMMONWEALTH HALF MARATHON CHAMPIONSHIP

Men 1 UGA 3:04:06, 2 AUS 3:07:26, 3 ENG 3:09:38 ... 6 SCO

3:24:16

1	Jack Rayner (AUS)	61:01
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20 Michael Crawley 66:37, 21 Kenny Wilson 66:59 **33 John Newsom**

70:40.

W

ANTRIM (NIR) 26 March 2011

Home Countries International

ENG 6 ENG-M 30 SCO 36 ULS 43 IRL 47 WAL 53

1	Juliet Doyle (ENG)	25:47
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6	Rosie Smith	26:27
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14	Christina Rankin	27:15
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16	Melissa Whyte	27:35
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24	Sarah Hood	28:39
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NOTES

On many occasions, matches have taken place where the English regions have provided the opposition along with other groupings such as the Armed Forces, or even club teams. In showing the match results, the club teams have not been included.

GUIDE TO COUNTRY CODES USED

ALG	Algeria	GBR	G.B & N.I	NZL	New Zealand
ARG	Argentina	GDR	German Democratic Republic	POL	Poland
AUS	Australia	GER	Germany	POR	Portugal
BEL	Belgium	GHA	Ghana	ROU	Romania
BUL	Bulgaria	GIB	Gibraltar	RSA	South Africa
CAN	Canada	GRE	Greece	RUS	Russia
CAT	Catalonia	HUN	Hungary	SCO	Scotland
DEN	Denmark	Ind	Individual	SUI	Switzerland
ENG	England	INT	International Select	SWE	Sweden
ENG-M	Midlands of England	IRL	Ireland	TAN	Tanzania
ENG-N	North of England	ISL	Iceland	TCH	Czechoslovakia (pre-1992)
ENG-NE	North East Counties	ITA	Italy	TUN	Tunisia
ENG-S	South of England	KEN	Kenya	UGA	Uganda
ENG-SW	South West of England	LAT	Latvia	ULS	Ulster
ESP	Spain	LUX	Luxembourg	URS	USSR
ETH	Ethiopia	MAR	Morocco	USA	United States of America
EUR	European Select	MEX	Mexico	WAL	Wales
FIN	Finland	NAM	Namibia	WLD	World Select
FRA	France	NED	Netherlands	YUG	Yugoslavia
FRG	Federal Republic of Germany	NIR	Northern Ireland		
		NOR	Norway		

SOURCES

Scottish Association of Track Statisticians (SATS) –

<https://www.scotstats.net/scotland/the-complete-record/>

