

 **MINI-MEETING 27TH APRIL 2018**

**INFORMATION SHEET**

**The meeting will be governed under a SAL permit and UKA Rules**

**All races will have photo finish available**

**Pre -Entries** - must be with the organiser (see entry form for details)

**by Wednesday 25th April** with the correct entry fees enclosed.

**Numbers** - must be worn in accordance of UKA rules, be clearly visible at all times when competing and secured firmly on the chest, especially for track events.

**Registration –** will be from **5pm** in the Admin Building at Queens Park Stadium and **all athletes must register at least one hour before their event** start time. This is to allow heats to be allocated. Any athletes not registered in time will not be allowed to compete.

The meeting starts at **6.30pm prompt.** See the timetable for your event start time and give yourself plenty time to declare in your event.

**Track events** - Athletes in all age groups must supply an accurate personal best or time so that they can be graded in an appropriate heat.

**General -** All event times are approximate and subject to change on the evening.

Athletes must be at least 9 years of age on day of competition. Athletes must register strictly at least one hour before their event start time.

**No late entries.**

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 **ENTRY FORM**

**I hereby agree to the conditions and regulations of the Open Graded Athletics Meetings and request that you enter me for the events indicated below.**

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| **EVENT** | **PB or Perf.** | **SAL Age Group** | **For Office****heat/pool**  | **Use Only****number** |
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| **TOTAL COST** |   |   nnnnnnnn |  nnnnnnnn |  |

**Entry fees cost £3.00 for 1 event or £5.00 for 2 or more events and MUST be paid in advance by cheque (payable to Inverness Harriers) or cash whichever is the more convenient. Non SAL registered athletes costs are £5 for 1 event and £7 for 2 or more events. Closing date for pre entries is Wednesday 25th April. Entries can be posted to Charlie Forbes, 4 Braeside Park, Balloch, Inverness IV2 7HL E.mail** Chasmf169@hotmail.co.uk **or handed in on training evenings with the correct fees. No fees no entry.**

Name \_\_\_ SAL Membership Number:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**(You must provide your SAL number or you will be charged the non-registered cost.)**

Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Postcode: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of Birth \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age: \_\_\_\_\_\_\_

Gender:  Male / Female    Age Group: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Club\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**I hereby declare that I am an amateur to the rules of UK Athletics and the above particulars are complete and correct in every detail.**

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_