					Junior Girls								
Team No.	1st Runner				2nd Runner				3rd Runner				
	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Club
12	Alyth Gollan	2	10.11	10.11	Catriona Scott	1	10.28	20.34	Constance Nankivell	1	9.21	29.55	East Sutherland AC
10	Megan McKay	3	11.19	11.19	Morven Ross	3	10.30	21.49	Grace Whelan	2	9.12	31.01	Moray Road Runners
3	Kirsty Arnaud	1	10.06	10.06	Catriona Garvie	2	10.38	20.44	Sophie Young	3	10.47	31.31	Inverness Harriers
4	Beth Hewick	4	11.29	11.29	Rachel Johnstone	4	10.37	22.09	Connie Campbell	4	10.41	32.50	Inverness Harriers
1	Kirsty MacLean	9	11.57	11.57	Gemma MacRitchie	5	10.41	22.38	Joanna Gillies	5	10.20	32.58	Sotrnoway Running AC
11	Hannah Stephen	12	12.03	12.03	Grace Jenkins	10	11.17	23.20	Niamh Whelan	6	10.03	33.23	Moray Road Runners
5	Ruth Wilson	8	11.52	11.52	Ruby Soldan	6	10.48	22.40	Emma Seed (U15)	7	10.54	33.34	Inverness Harriers
6	Kathryn Brown	7	11.49	11.49	Alisa Hewick	7	10.54	22.43	Rachel Gillies (U15)	8	10.47	33.35	Inverness Harriers
9	Roslyn McRitchie	13	12.03	12.03	Lucy Evans	8	11.13	23.16	Lauren Cameron	9	11.05	34.21	Forres Harriers
2	Hannah McKenzie	11	12.02	12.02	A Forres Harrier	9	10.46	22.48	Sophie Graham	10	11.39	34.27	non counting
7	Leah Ingles	10	11.59	11.59	Tara Larsen	11	11.30	23.29	Kate Gillies (U15)	11	10.58	34.27	Inverness Harriers
58	Sophie Bath	5	11.29										East Sutherland AC
57	Rachel Ross	6	11.38										East Sutherland AC

Fastest laps	Grace Whelan	9.12	MRR
	Constance Nankivell	9.21	ESAC
	Niamh Whelan	10.03	MRR

							Junior Boys						
Team No.	1st Runner				2nd Runner				3rd Runner				
	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Club
25	Lucas Cairns	1	8.56	8.56	Luke Davidson	1	8.37	17.33	Tam Munro-White	1	8.06	25.39	Inverness Harriers
35	Kenneth Patience	2	9.04	9.04	Struan Oliver-Jones	3	9.14	18.18	Fraser Roach	2	8.19	26.37	East Sutherland AC
33	Bruce Newlands	5	9.28	9.28	Blair Milne	2	8.36	18.08	Morgan Lewis	3	8.44	26.52	Moray Road Runners
26	Euan Rollo	3	9.07	9.07	Duncan MacDonald	4	9.26	18.33	Ruaridh Fraser	4	9.10	27.43	Inverness Harriers
21	David Anderson	10	10.32	10.32	David Morrison	6	8.52	19.24	Kyle Munro	5	8.30	27.54	Stornoway Running AC
32	David Spencer	4	9.27	9.27	Scott Perry	5	9.49	19.16	Ben Cameron	6	9.10	28.26	Forres Harriers
23	Samuel Bryan	6	9.44	9.44	Daniel Stewart	8	10.08	19.52	Alistair Burns	7	8.40	28.48	non counting
22	Seb Connells	9	10.05	10.05	Aiden Finnigan	7	9.29	19.34	Scott McIver	8	9.42	29.16	Stornoway Running AC
24	Brogan Quigley	12	11.09	11.09	Danny McPake	9	8.43	19.52	Kyle Sutherland	9	9.47	29.39	Ross County AC
34	Finlay Downey	8	9.57	9.57	Ryan Cantlie	11	11.27	21.24	Joshua Milne	10	8.57	30.21	Moray Road Runners
27	Eric Robinson	7	9.50	9.50	Gordon Manson	10	10.09	19.59	Rudi Paul	11	10.24	30.23	Inverness Harriers
28	Gregor Nixon	11	10.46	10.46	Lucas Allan	12	11.53	22.39	Angus Smith	12	10.29	33.08	Inverness Harriers

Fastest laps:	Tam Munro-White	8.06	IH
	Fraser Roach	8.19	ESAC
	Kyle Munro	8.30	SRAC

							Senior Women							
Team No.	1st Runner				2nd Runner				3rd Runner				Position	
	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time		Club
41	Sarah Liebnitz	1	14.12	14.12	Caroline Marwick	1	15.28	29.40	Julie Wilson	1	16.27	46.07	1st	Inverness Harriers
47	Siobhan Evans	2	16.11	16.11	Kirsty MacArthur	5	16.31	32.43	Anna MacFadyen	2	13.45	46.28	2nd	Forres Harriers
43	Lisa Allan	5	16.32	16.32	Rhoda Grant	2	15.59	32.31	Karen Lyons	3	14.53	47.24	3rd	Highland Hill Runners
51	Michelle Slater	6	16.37	16.37	Susan Rae	4	16.05	32.41	Louise Cartmell	4	15.20	48.01		Moray Road Runners
49	Hilary Cameron	3	16.16	16.16	Fran Britain	5	16.32	32.42	Susan McRitchie	5	16.53	49.35	1st Masters	Forres Harriers
48	Carrie Ann Ward	4	16.31	16.31	Jess Neal	6	16.58	33.29	Jackie Nicol	6	18.20	51.49		Forres Harriers
54	Claire Ross	7	17.59	17.59	Jo Bremner	7	18.24	36.23	Justine Blaszk	7	18.17	54.40		Moray Road Runners
52	Karen Norvell	8	18.07	18.07	Amanda Strang	8	19.44	37.51	Elspeth Jenkins	8	18.12	56.03	2nd Masters	Moray Road Runners
53	Sarah Houston	11	19.10	19.10	Fiona Brant	9	19.04	38.14	Linda Smith	9	19.16	57.30	3rd Masters	Moray Road Runners
50	June McIntosh	9	18.18	18.18	Fran Russell	10	21.12	39.30	Claire Nicholas	10	19.31	59.01		Forres Harriers
45	Joanna Walker	12	20.55	20.55	Victoria Hill	11	21.03	41.58	Amy Sutherland	11	17.52	59.50		North Highland Harriers
46	Mel Hayes	14	22.01	22.01	Lorna Miller	13	23.57	46.04	Shirley Anne Feaks	12	18.33	64.37		non counting
55	Kimberley Clark	13	21.34	21.34	Karene Ferrier	12	23.42	47.08	Chantall Fowlie	13	21.09	68.17		Moray Road Runners
56	Audrey Scott	10	19.05	19.05										

Fastest laps:	Anna MacFadyen	13.45	FH
	Sarah Liebnitz	14.12	IH
	Karen Lyons	14.53	HHR

							Senior Men											
Team No.	1st Runner				2nd Runner				3rd Runner				4th Runner					
	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Position	Club
66	Stephen Mackay	1	12.30	12.30	Gordon Lennox	1	12.37	25.07	James Geddes	1	13.20	38.27	Craig Campbell	1	12.34	51.01	1st	Inverness Harriers
76	Colin Green	6	14.06	14.06	Paul Taylor	4	13.07	27.13	Gareth Jenkins	3	13.03	40.16	Kenny Wilson	2	11.55	52.11	2nd	Moray Road Runners
81	Ross Bannerman	3	13.08	13.08	Blair Mackay	2	13.31	26.39	Ruairidh Gollan	2	13.15	39.54	Ross Gollan	3	12.36	52.30	3rd	East Sutherland AC
73	Aaron Harris	5	13.46	13.46	Mark Taylor	5	13.50	27.34	David Spencer	5	14.18	41.52	Kevin Cormak	4	13.14	55.06		North Highland Harriers
71	Sam Hesling	2	13.04	13.04	Steven Gregg	3	13.39	26.43	Stuart Forrest	4	14.29	41.12	Calum Faulkner	5	14.45	55.57		Highland Hill Runners
70	David McEwon	14	15.52	15.52	William Nicholson	7	13.11	29.03	Dougie McDonald	6	14.39	43.42	Ryan McKenzie	6	13.47	57.29	1st Masters	Highland Hill Runners
82	Tim Ross	4	13.13	13.13	Torquil Clyde	6	14.47	28.00	Dan Walmsley	7	15.59	43.59	Huw Thomas	7	15.04	59.03		Orkney Athletics Club
77	Steve Reeve	7	14.11	14.11	Andy Alexander	9	15.45	29.56	Ally Campbell	8	14.05	44.01	George Sim	8	15.50	59.51	2nd Masters	Moray Road Runners
68	Paul Davidson		16.42	16.42	Ian McDonald	16	16.38	33.20	Ross Cairns	12	14.30	47.50	Steve Worsley	9	13.59	61.49	3rd Masters	Inverness Harriers
75	James Hume	15	16.00	16.00	Douglas Cowie	13	15.44	31.44	Kenny Douglas	9	15.10	46.54	David McCulloch	10	14.59	61.53		Forres Harriers
74	Kenny Macgruer	10	15.23	15.23	Dean Bowman	12	16.08	31.31	Ian Walker	10	15.41	47.12	David Orr	11	14.44	61.56		North Highland Harriers
78	Martin Bain	11	15.27	15.27	Neil Purdie	11	15.18	30.45	Simon McDonald	11	16.43	47.28	Nigel Williams	12	15.47	63.15		Moray Road Runners
72	Eoin Coull	8	14.49	14.49	Logan Mathieson	14	18.29	33.18	Tom Mathieson	14	16.39	49.57	Adam MacLennan	13	14.57	64.54		Ross County AC
79	Garry Henderson	16	16.40	16.40	Robert Bruce	16	15.43	33.23	Euan Cantlie	13	16.25	49.48	Kevin Rae	14	15.27	65.15		Moray Road Runners
69	Alex Sutherland	13	15.37	15.37	Phin Hindlal	17	17.50	33.28	Willie McRae	15	17.52	51.20	Scott Innes	15	15.31	67.51		Highland Hill Runners
80	Toks Osunrinade	18	19.16	19.16	Paul Geraghty	18	16.46	36.00	Mike Whelan	16	18.59	54.59	Brian Milne	16	18.02	73.01		Moray Road Runners
83	David Bryan	12	15.31	15.31	Simon Bath	10	14.37	30.08										East Sutherland AC
			0.00															
			0.00															
			0.00															
			0.00															
			0.00															

Fastest laps	Kenny Wilson	11.55	MRR
	Stephen Mackay	12.30	IH
	Craig Campbell	12.34	IH