**INVERNESS HARRIERS AUSTRALIAN OPEN GRADED MEETING**

**(as per UK Athletics rules)**

**SUNDAY 10TH 2016 QUEEN’S PARK TRACK, INVERNESS**

**ATHLETE INFO & ENTRY FORM CLOSING DATE FOR ENTRY IS: 4TH JULY 2016**

**COMPETITION INFORMATION,**

**RULES AND GUIDELINES**

**All athletes must pre-enter to guarantee entry**

Entry forms ONLY accepted with Entry Fee payment

**1 Event = £4 3 or more Events = £10**

**Note:** As per Scottish Athletics rules: non-SAL registered athletes will be charged an additional £2 levy per athlete. Register with Scottish Athletics online at www.scottishathletics.org.uk

**Declarations**: Athletes must declare at least 60mins before their Event.

Declarations begin at 11.00am **All** declarations close an hour before event.

Measurement Equipment: EDM will be in use

**Electronic Timing**: will be in use

**Vest & Numbers**: Athletes must wear club or Scottish Colours. Vest numbers will be supplied. Bring 8 pins.

**Track Spikes:** maximum 6mm

**First Aiders:** will be in attendance

**CAMERA & VIDEO EQUIPMENT:** All camera and video equipment must be registered with the Sports Centre at reception prior to the start of the meeting. This is a Stadium Rule. Any refusal to cease recording with unauthorised equipment will result in removal of the person from Inverness Leisure premises.

**IMPORTANT**: For athlete safety, the use of portable electronic devices (including ipods and mobile phones) will not be permitted inside the competition area. Any such devices found in use within the competition area shall be confiscated by the Track/Field Referee. Devices will be returned to the athlete after their competition and can be collected and signed for at admin hut.

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| **SUNDAY 10th JULY 2016 First event at 12.00pm Expected close by 4.00pm** | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **Entries Close – MONDAY 4th July 2016 Venue – Queen’s Park Track Inverness** | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **Age Group** | **Senior** | | **U20** | | | | **U17** | | **U15** | | | | **U13** | | |  | | | **U11** | | |  | | |  | |
| **Born in** |  | |  | | | |  | |  | | | |  | | |  | | |  | | |  | | |  | |
| **Max events** | **No Limit to events taken** | | **U20 max 5 Events/U17max 3 Events** | | | | | | **3 Events max** | | | | | | | | | | | | | | | |  | |
| **Sex** | **M** | **F** | | **M** | **F** | **M** | | **F** | | **M** | **F** | **M** | | **F** |  | |  | **M** | | **F** |  | |  |  | |  |
| **Events available on the day** | **100** | **100** | | **100** | **100** | **100** | | **100** | | **100** | **100** | **100** | | **100** |  | |  | **75** | | **75** |  | |  |  | |  |
| **200** | **200** | | **200** | **200** | **200** | | **200** | | **200** | **200** | **200** | | **200** |  | |  | **150** | | **150** |  | |  |  | |  |
| **400** | **400** | | **400** | **400** | **400** | | **300** | | **400** | **300** |  | |  |  | |  | **600** | | **600** |  | |  |  | |  |
| **800** | **800** | | **800** | **800** | **800** | | **800** | | **800** | **800** | **800** | | **800** |  | |  | **LJ** | | **LJ** |  | |  |  | |  |
| **1500** | **1500** | | **1500** | **1500** | **1500** | | **1500** | | **1500** | **1500** | **1500** | | **1500** |  | |  | **SP**  **2.72K** | | **SP**  **2.72K** |  | |  |  | |  |
|  |  | |  |  |  | |  | |  |  | **HAM** | | **HAM** |  | |  |  | |  |  | |  |  | |  |
|  |  | |  |  |  | |  | |  |  | **Jav**  **400g** | | **Jav**  **400g** |  | |  |  | |  |  | |  |  | |  |
| **HAM** | **HAM** | | **HAM** | **HAM** | **HAM** | | **HAM** | | **HAM** | **HAM** | **SP 3.25K** | | **SP**  **3k** |  | |  |  | |  |  | |  |  | |  |
| **DT**  **2K** | **DT**  **1K** | | **DT**  **1.75** | **DT**  **1K** | **DT**  **1.5** | | **DT**  **1K** | | **DT 1.25** | **DT 1K** | **LJ** | | **LJ** |  | |  |  | |  |  | |  |  | |  |
| **HJ** | **HJ** | | **HJ** | **HJ** | **HJ** | | **HJ** | | **HJ** | **HJ** | **HJ** | | **HJ** |  | |  |  | |  |  | |  |  | |  |
| **LJ** | **LJ** | | **LJ** | **LJ** | **LJ** | | **LJ** | | **LJ** | **LJ** |  | |  |  | |  |  | |  |  | |  |  | |  |
| **SP**  **7.26** | **SP**  **4K** | | **SP**  **6K** | **SP**  **4K** | **SP**  **5K** | | **SP**  **4K** | | **SP**  **4K** | **SP**  **3.25K** |  | |  |  | |  |  | |  |  | |  |  | |  |
| **Jav**  **800g** | **Jav**  **600g** | | **Jav**  **800g** | **Jav**  **600g** | **Jav**  **700g** | | **Jav**  **600g** | | **Jav**  **600g** | **Jav**  **500g** |  | |  |  | |  |  | |  |  | |  |  | |  |
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**INVERNESS HARRIERS AUSTRALIAN OPEN GRADRED MEETING(as per UKA Rules)**

**Entry Form 10th July 2016**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| First Name: | | | | | | Date of Birth: | | | | | | |
| Last Name: | | | | | | | | | | Sex:  **COMPETITION INFORMATION, RULES AND GUIDELINES**  **Timetable:** will be posted on the **scottish**athletics website  **Track and Field Information: All**  U11 and U13 Athletes will be competing in their individual age groups and compete against those of similar age within this age band.  Athletes in the U15 to Senior age groups will compete together in graded heats regardless of sex and depending on the entry for that event this is to ensure that each athlete gains the appropriate competition.(as per UKA rules)  ALL U15 TO SENIOR ATHLETES MUST PRIVIDE PB’S FOR THEIR EVENTS SO AS TO BE PLACED INTO THE APPROPRIATE GRADED HEAT IF NOT THEY WILL BE FITTED INTO THE FINAL HEAT OR AS DEEMED BY THE ORGANISERS.(FOR THE MILE USE 1500 MTR TIME)  **Field Trials**: (except High Jump and Pole Vault) Athletes will receive 4 trials for each event.  **Photography:** Tick this box, if you DO NOT consent to  photographs being taken of you being used by Inverness Harriers and Highland & Islands Athletic Partnership for promotional purposes.  Send completed forms with Entry Fee Payment to:  John Finlayson, 15 Woodlands Terrace,Westhill  Inverness, IV2 5DP  “Cheques made payable to Inverness Harriers”  **CLOSING DATE:**  **Monday 4th July 2016** | | |
| Address: | | | | | | | | | | | | |
| Post Code: | | | | | | Phone Number: | | | | | | |
| Email address: | | | | | | | | | | | | |
| Club: | | | | | | Scottish Athletics No: | | | | | | |
| Born in: |  |  |  |  | | |  |  | | |  |  |
| Age Group (please circle) | U11 |  | U13 | U15 | | | U17 |  | | | U20 | SEN |
| Please enter your PB (personal best) to ensure that you compete against athletes of similar ability | | | | | | | | | | | | |
| **I wish to enter the following events** | | | | | **PB in 2015/16** | | | | | **Age Group when you did PB** | | |
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| I enclose payment of £\_\_\_\_\_\_\_\_ for entry fees. Please make all cheques payable to Inverness Harriers | | | | | | | | | | | | |
| **Declaration Signature:**  (Parent or Guardian if the athlete is aged 15 or younger) | | | | | | | | | **Date:** | | | |