IHAAC PROVISIONAL DRAFT SPRING/SUMMER FIXTURE LIST

Sat 2 April National Age Group Road Racing Champs - Greenock.

Sun 3 April National Senior 6/4 Stage Road Relay Champs - Livingston

Sat 9 April IHAAC Senior Cross Country Championship and OGM.

Sun 10 Apr National 10 mile Road Champs - Strathclyde Park.

Sun 10 Apr Throws GP 1 - Livingston.
Sun 17 April SWAL1 - Meadowbank.
Sa/Su 23/24 Run Balmoral - Ballater.

Sun 24 April Scottish Marathon Champs - London.

Sun 24 April YDL1 - Dundee.

Sun 1 May Petrofac1 - Inverness.

Sat 6 May National 5K Road Champs - Edinburgh.

Sun 7 May North District 10K Road Champs - Benromach, Forres.

Sun 8 May SWAL2 - Aberdeen/SAL1 - Grangemouth.

Fr/Sa 13/14 May North Dist Champs - Inverness.

Sun 22 May YDL2 - Inverness. Sun 29 May Petrofac2 - Inverness.

Wed 1 June North Schools Champs (TBC) - Inverness.

Sat 4 June Throws GP2 - Livingston.

Sun 5 June North District 10 mile Road Champs - Nairn. Fr/Sa 10/11 June Scottish Schools Champs - Grangemouth. Sun 12 June SWAL3 - Scotstoun/SAL2 - Aberdeen.

Sat 18 June Superteams - Ayr.
Sun 19 June YDL3 - Aberdeen.
Sun 26 June Petrofac3 - Inverness.

Sat/Sun 2/3 July National Vets/CE/Relay champs - Aberdeen.

Sat 9 July Forres Games - Grant Park.
Sat 16 July Inverness Games - Bught Park.

Sun 17 July SAL3 - Grangemouth.
Sat 23 July Throws GP3 - Livingston.
Sun 31 July YDL Final - Grangemouth.
Sun 7 Aug Petrofac4 - Inverness.

Sat 13 Aug Nairn Games.

Sa/Su 13/14 Aug National Senior Champs - Grangemouth.

Tue 16 Aug IHAAC Club Championships begin.

Sa/Su 20/21 Aug National Age Group Champs - Scotstoun.

Sat 27 Aug SAL4 - Grangemouth.
Sat 3 Sep Throws GP4 - Livingston.
Sat 3 Sep Ben Nevis Race - Fort William.

Sun 4 Sep Glenmoray 10K/Half Marathon/Marathon - Elgin.

Sun 11 Sep Scottish 10K Road Champs - Stirling.

Sun 11 Sep Petrofac Final - Inverness.

Sun 25 Sep Loch Ness Marathon/10K - Inverness.