

Inverness Harriers April Open Meeting 2015

Event 1	U11 Girls 75m Race A			09:45
2	32	U11G	Alanna MacKenzie	Unattached
3	43	U11G	Anna Cairns	Inverness Harriers AAC
4	72	U11G	Lucy Clark	Inverness Harriers AAC
5	44	U11G	Isla Marwick	Inverness Harriers AAC
6	73	U11G	Kayleigh MacLennan	Inverness Harriers AAC
7	135	U11G	Charlotte Douglas	Inverness Harriers AAC
8	248	U11G	Rebecca Morrison	Nairn AAAC
Event 2	U11 Girls 75m Race B			09:48
2	137	U11G	Harriet Whelan	Moray Road Runners
3	178	U11G	Ruth Wilson	Inverness Harriers AAC
4	229	U11G	Angela Kelly	Aberdeen AAC
5	230	U11G	Stroma Fraser	Inverness Harriers AAC
6	155	U11G	Maise MacLennan	Inverness Harriers AAC
7	143	U11G	Loren MacDonald	Inverness Harriers AAC
Event 3	U11 Boys 75m			09:51
3	35	U11B	Ivan Steele	Inverness Harriers AAC
4	130	U11B	Liam Daly	Inverness Harriers AAC
5	180	U11B	Aiden Mitchell	Inverness Harriers AAC
6	96	U11B	Ryan Sutherland	Ross County AC
Event 4	U13 Girls 100m Race A			10:00
2	122	U13G	Mhairi Nairn	Inverness Harriers AAC
3	103	U13G	Melissa Mack	Inverness Harriers AAC
4	124	U13G	Mia Keogh	Inverness Harriers AAC
5	18	U13G	Chloe Cheyne	Inverness Harriers AAC
6	107	U13G	Mairi Darroch	Inverness Harriers AAC
7	194	U13G	Kally Milne	Orkney Athletic Club
Event 5	U13 Girls 100m Race B			10:02
2	118	U13G	Iona Ramsay	Inverness Harriers AAC
3	148	U13G	Hannah Kingham	Elgin AAC
4	152	U13G	Rachel Johnstone	Inverness Harriers AAC
5	71	U13G	Eve Gardiner	Inverness Harriers AAC
6	150	U13G	Megan McKay	Moray Road Runners
7	253	U13G	Isobel Barson	Nairn AAAC
Event 6	U13 Girls 100m Race C			10:04
3	55	U13G	Ellen Saunders	Inverness Harriers AAC
4	197	U13G	Shannon Pasotti	Orkney Athletic Club
5	172	U13G	Ciara Joyce	Nairn AAAC
6	242	U13G	Beaux MacKenzie	Nairn AAAC
7	129	U13G	Tara Larsen	Inverness Harriers AAC

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Event 7	U13 Boys 100m Race A			10:06
2	158	U13B	Lucas Addicoat	Elgin AAC
3	232	U13B	Robin Snedden	Inverness Harriers AAC
4	133	U13B	Ben Ferry	Inverness Harriers AAC
5	191	U13B	Arran Buchanan	Ross County AC
6	67	U13B	Ryan Matheson	Aberdeen AAC
7	145	U13B	Duncan MacDonald	Inverness Harriers AAC
8	50	U13B	Alister MacKay	Ross County AC
Event 8	U13 Boys 100m Race B			10:09
2	156	U13B	David Scott	Forres Harriers
3	111	U13B	Juel Choppy-Madeleine	Inverness Harriers AAC
4	9	U13B	Craig Watts	Inverness Harriers AAC
5	188	U13B	Reagan MacDonald	Inverness Harriers AAC
6	121	U13B	Rhys Sim	Inverness Harriers AAC
7	95	U13B	Kyle Sutherland	Ross County AC
Event 9	U15 Girls 100m Race A			10:12
1	34	U15G	Josie Steele	Inverness Harriers AAC
2	27	U15G	Jane Davidson	Aberdeen AAC
3	2	U15G	Rachel Broadfoot	Arbroath & District AC
4	31	U15G	Beth MacIver	Inverness Harriers AAC
5	200	U15G	Mia MacIver	Orkney Athletic Club
6	92	U15G	Ellie Stone	Inverness Harriers AAC
7	115	U15G	Leia Taylor	Inverness Harriers AAC
8	220	U15G	Yasmin Linton	Orkney Athletic Club
Event 10	U15 Girls 100m Race B			10:15
1	217	U15G	Izzy Nicolson	Orkney Athletic Club
2	88	U15G	Fiona Flockhart	Inverness Harriers AAC
3	140	U15G	Eilidh MacPherson	Inverness Harriers AAC
4	216	U15G	Libby Harrison	Orkney Athletic Club
5	193	U15G	Ellen Hay	Orkney Athletic Club
6	163	U15G	Kirsty Suiter	Nairn AAAC
7	221	U15G	Aimee Guthrie	Orkney Athletic Club
8	164	U15G	Leah Ferguson	Nairn AAAC
Event 11	U15 Girls 100m Race C			10:18
2	57	U15G	Sophie Young	Inverness Harriers AAC
3	117	U15G	Nicola Ramsay	Inverness Harriers AAC
4	21	U15G	Jessica Golden	Inverness Harriers AAC
5	128	U15G	Rachel Gillies	Inverness Harriers AAC
6	142	U15G	Rebecca Johnstone	Inverness Harriers AAC
7	100	U15G	Katie Paterson	Inverness Harriers AAC
8	65	U15G	Jennifer Smith	Inverness Harriers AAC

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Event 12	U15 Boys 100m Race A			10:21
2	120	U15B	Taylor Sim	Inverness Harriers AAC
3	51	U15B	Alexander MacKay	Ross County AC
4	75	U15B	Haroun Al-Mahtot	Aberdeen AAC
5	160	U15B	Andrew Stoker	Moray Road Runners
6	112	U15B	Joseph Campbell-Pedrana	Inverness Harriers AAC
7	195	U15B	Ross Sinclair	Orkney Athletic Club
8	60	U15B	Paul Wilby	Inverness Harriers AAC
Event 13	U15 Boys 100m Race B			10:24
1	33	U15B	Stephen MacKenzie	Inverness Harriers AAC
2	141	U15B	Ben Johnstone	Inverness Harriers AAC
3	62	U15B	Hamish Ambrose	Nairn AAAC
4	91	U15B	Thomas Stone	Inverness Harriers AAC
5	235	U15B	Arran Phommavanh	Aberdeen AAC
6	131	U15B	Lewis Hart	Inverness Harriers AAC
7	101	U15B	Will MacLean	Inverness Harriers AAC
8	85	U15B	Finbar Dunne	Inverness Harriers AAC
Event 14	U17 Women 100m Race A			10:27
1	66	U17W	Rachelle Matheson	Aberdeen AAC
2	202	U17W	Kirstin Flett	Orkney Athletic Club
3	79	U17W	Katie Forbes	Aberdeen AAC
4	206	U17W	Taylah Spence	Orkney Athletic Club
5	68	U17W	Rebecca Matheson	Aberdeen AAC
6	225	U17W	Rhiannan MacIntosh	Inverness Harriers AAC
7	99	U17W	Eilidg Magill	Inverness Harriers AAC
8	199	U17W	Amy Davis	Orkney Athletic Club
Event 15	U17 Women 100m Race B			10:30
2	154	U17W	Charlotte Bevan	Elgin AAC
3	165	U17W	Mary Wescott	Nairn AAAC
4	74	U17W	Megan Munro	Inverness Harriers AAC
5	3	U17W	Heather Bruce	Inverness Harriers AAC
6	184	U17W	Lauren Watson	Inverness Harriers AAC
7	89	U17W	Mary Flockhart	Inverness Harriers AAC
8	19	U17W	Lara Vance	Ross County AC
Event 16	U17 Men 100m Race A			10:33
3	14	U17M	Adam Blakie	Inverness Harriers AAC
4	6	U17M	Angus Mohun	East Sutherland AC
5	174	U17M	Kieran Barnsby	Inverness Harriers AAC
6	80	U17M	Ronald Kamwa	Aberdeen AAC
7	37	U17M	Harry Kilner	Aberdeen AAC
Event 17	U17 Men 100m Race B			10:36
3	84	U17M	Paddy Dunne	Inverness Harriers AAC
4	10	U17M	William Watts	Inverness Harriers AAC
5	82	U17M	Sorasit Suprapoch	Aberdeen AAC
6	219	U17M	Sam Croy	Orkney Athletic Club

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Event 18	U20 Women 100m			10:39
2	7	U20W	Holly Cameron	Inverness Harriers AAC
3	63	U20W	Iona Harper-Reynoldson	Unattached
4	214	U20W	Jodie Drever	Orkney Athletic Club
5	190	U20W	Gillian Gordon	Inverness Harriers AAC
7	177	U20W	Nicole Smith	Inverness Harriers AAC
Event 19	Senior Women 100m			10:39
6	58	SW	Kathleen Madigan	Aberdeen AAC
Event 20	U20 Men 100m Race A			10:42
3	83	U20M	David MacLean	Aberdeen AAC
4	209	U20M	Fergus MacIvor	Orkney Athletic Club
5	149	U20M	Daryn Jack	East Sutherland AC
6	64	U20M	Andrew Smith	Inverness Harriers AAC
7	208	U20M	Andrew Davis	Orkney Athletic Club
Event 21	U20 Men 100m Race B			10:45
3	12	U20M	Matthew Paterson	Inverness Harriers AAC
4	218	U20M	James Nicolson	Orkney Athletic Club
5	13	U20M	Findlay Donegan	Elgin AAC
6	106	U20M	Gavin Darroch	Inverness Harriers AAC
Event 22	Senior Men 100m			10:48
2	238	SM	Gordon Mowat	Orkney Athletic Club
3	157	SM	Scott Hamilton	Elgin AAC
4	105	SM	Scott Fraser	East Sutherland AC
5	48	SM	Robbie Shaw	Aberdeen AAC
6	81	SM	Stan Walker	Aberdeen AAC
7	38	SM	William Skinner	Aberdeen AAC
Event 23	U11 Girls 600m			11:30
	72	U11G	Lucy Clark	Inverness Harriers AAC
	73	U11G	Kayleigh MacLennan	Inverness Harriers AAC
	222	U11G	Isla Edwards	Elgin AAC
	226	U11G	Chloe Barnsby	East Sutherland AC
	229	U11G	Angela Kelly	Aberdeen AAC
	248	U11G	Rebecca Morrison	Nairn AAAC
Event 24	U11 Boys 600m			11:35
	23	U11B	Ruaridh Ellen	Ross County AC
	96	U11B	Ryan Sutherland	Ross County AC
	130	U11B	Liam Daly	Inverness Harriers AAC
	167	U11B	Joe Payne	Nairn AAAC
	173	U11B	Joe Joyce	Nairn AAAC
	183	U11B	Ryan Quigley	Inverness Harriers AAC
	186	U11B	Robert Urquhart	Inverness Harriers AAC
	187	U11B	Michael Gourlay	Inverness Harriers AAC
	236	U11B	Aiden Phommavanh	Aberdeen AAC
	247	U11B	James Morrison	Nairn AAAC

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Event 25	U13 Girls 800m			11:40	
		18	U13G	Chloe Cheyne	Inverness Harriers AAC
		29	U13G	Kirsty Arnand	Inverness Harriers AAC
		103	U13G	Melissa Mack	Inverness Harriers AAC
		107	U13G	Mairi Darroch	Inverness Harriers AAC
		113	U13G	Emma Seed	Inverness Harriers AAC
		127	U13G	Katie Gillies	Inverness Harriers AAC
		129	U13G	Tara Larsen	Inverness Harriers AAC
		138	U13G	Niamh Whelan	Moray Road Runners
		150	U13G	Megan McKay	Moray Road Runners
		152	U13G	Rachel Johnstone	Inverness Harriers AAC
		242	U13G	Beaux MacKenzie	Nairn AAAC
		253	U13G	Isobel Barson	Nairn AAAC
Event 26	U13 Boys 800m Race A			11:45	
		50	U13B	Alistair MacKay	Ross County AC
		52	U13B	Blair Milne	Moray Road Runners
		53	U13B	Joshua Milne	Moray Road Runners
		98	U13B	Scott Perry	Forres Harriers
		136	U13B	Eric Robinson	Inverness Harriers AAC
		145	U13B	Duncan MacDonald	Inverness Harriers AAC
		170	U13B	Kai Nicoll	Nairn AAAC
		228	U13B	Fergus McWilliam	Inverness Harriers AAC
		252	U13B	Euan Rollo	Inverness Harriers AAC
Event 27	U13 Boys 800m Race B			11:50	
		24	U13B	Alex Ellen	Ross County AC
		40	U13B	Ben Sharpe	Inverness Harriers AAC
		42	U13B	Lucas Cairns	Inverness Harriers AAC
		54	U13B	Finlay Raynor	Inverness Harriers AAC
		95	U13B	Kyle Sutherland	Ross County AC
		114	U13B	Lewis Montague	Inverness Harriers AAC
		116	U13B	Gordon Manson	Inverness Harriers AAC
		156	U13B	David Scott	Forres Harriers
		161	U13B	Ruairidh Mair	Nairn AAAC
		245	U13B	Ben Cameron	Forres Harriers
Event 28	U15 Girls 800m			11:55	
		1	U15G	Charlotte Hill	Inverness Harriers AAC
		57	U15G	Sophie Young	Inverness Harriers AAC
		97	U15G	Shauna Perry	Forres Harriers
		110	U15G	Ruby Solden	Inverness Harriers AAC
		128	U15G	Rachel Gillies	Inverness Harriers AAC
		166	U15G	Hannah Rawlinson	Nairn AAAC
		168	U15G	Ruby Dunkley	Nairn AAAC
		231	U15G	Lindsey Gilchrist	Edinburgh AC
		246	U15G	Lauren Cameron	Forres Harriers

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Event 29	U15 Boys 800m			12:00	
	93	U15B	Lewis Esslemont	Inverness Harriers AAC	
	104	U15B	Christopher Mack	Inverness Harriers AAC	
	109	U15B	Duncan Cunningham	Inverness Harriers AAC	
	123	U15B	Rudi Paul	Inverness Harriers AAC	
	141	U15B	Ben Johnstone	Inverness Harriers AAC	
	181	U15B	James Newlands	Moray Road Runners	
	215	U15B	Jamie Clouston	Orkney Athletic Club	
Event 30	U17 Women 800m			12:05	
	151	U17W	Lauren McCulloch	East Sutherland AC	
Event 31	U20 Women 800m			12:05	
	63	U20W	Iona Harper-Reynoldson	Unattached	
	171	U20W	Lucy Massie	Inverness Harriers AAC	
	233	U20W	Eve Sealy	Banchory & Stonehaven AC	
Event 32	Senior Women 800m			12:05	
	78	SW	Katie Watson	Aberdeen AAC	
	189	SW	Kathryu Evans	Inverness Harriers AAC	
Event 33	U17 Men 800m			12:10	
	28	U17M	Joe Arnand	Inverness Harriers AAC	
	45	U17M	Charlie Beeson	Banchory & Stonehaven AC	
	76	U17M	Aaron Odentz	Aberdeen AAC	
	102	U17M	Keir Beaton	East Sutherland AC	
	125	U17M	James Geddes	Inverness Harriers AAC	
	126	U17M	Alex Geddes	Inverness Harriers AAC	
	185	U17M	Ewan Bradley	Inverness Harriers AAC	
	192	U17M	Finlay Strachan	Aberdeen AAC	
	241	U17M	Hamish Baker	Nairn AAAC	
Event 34	U20 Men 800m			12:15	
	36	U20M	Matthew Kilner	Aberdeen AAC	
	175	U20M	Liam Barnsby	East Sutherland AC	
Event 35	Senior Men 800m			12:15	
	244	SM	Stuart Michael	Inverness Harriers AAC	
	250	SM	Stephen MacKay	Inverness Harriers AAC	
Event 36	U11 Girls 150m Race A			13:00	
	1	248	U11G	Rebecca Morrison	Nairn AAAC
	2	72	U11G	Lucy Clark	Inverness Harriers AAC
	3	32	U11G	Alanna MacKenzie	Unattached
	4	73	U11G	Kayleigh MacLennan	Inverness Harriers AAC
	5	43	U11G	Anna Cairns	Inverness Harriers AAC
	6	44	U11G	Isla Marwick	Inverness Harriers AAC
	7	39	U11G	Zoe Sharpe	Inverness Harriers AAC

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Event 37	U11 Girls 150m Race B			13:03
2	230	U11G	Stroma Fraser	Inverness Harriers AAC
3	137	U11G	Harriet Whelan	Moray Road Runners
4	143	U11G	Loren MacDonald	Inverness Harriers AAC
5	155	U11G	Maise MacLennan	Inverness Harriers AAC
6	222	U11G	Isla Edwards	Elgin AAC
7	178	U11G	Ruth Wilson	Inverness Harriers AAC
Event 38	U11 Boys 150m Race A			13:06
3	173	U11B	Joe Joyce	Nairn AAAC
4	180	U11B	Aiden Mitchell	Inverness Harriers AAC
5	130	U11B	Liam Daly	Inverness Harriers AAC
6	35	U11B	Ivan Steele	Inverness Harriers AAC
7	23	U11B	Ruaridh Ellen	Ross County AC
Event 39	U11 Boys 150m Race B			13:09
2	247	U11B	James Morrison	Nairn AAAC
3	187	U11B	Michael Gourlay	Inverness Harriers AAC
4	186	U11B	Robert Urquhart	Inverness Harriers AAC
5	236	U11B	Aiden Phommavanh	Aberdeen AAC
6	183	U11B	Ryan Quigley	Inverness Harriers AAC
Event 40	U13 Girls 200m Race A			13:15
3	152	U13G	Rachel Johnstone	Inverness Harriers AAC
4	107	U13G	Mairi Darroch	Inverness Harriers AAC
5	18	U13G	Chloe Cheyne	Inverness Harriers AAC
6	124	U13G	Mia Keogh	Inverness Harriers AAC
7	29	U13G	Kirsty Armand	Inverness Harriers AAC
Event 41	U13 Girls 200m Race B			13:17
2	242	U13G	Beaux MacKenzie	Nairn AAAC
3	129	U13G	Tara Larsen	Inverness Harriers AAC
4	138	U13G	Niamh Whelan	Moray Road Runners
5	194	U13G	Kally Milne	Orkney Athletic Club
6	253	U13G	Isobel Barson	Nairn AAAC
Event 42	U13 Boys 200m Race A			13:19
2	111	U13B	Juel Choppy-Madeleine	Inverness Harriers AAC
3	50	U13B	Alister MacKay	Ross County AC
4	133	U13B	Ben Ferry	Inverness Harriers AAC
5	191	U13B	Arran Buchanan	Ross County AC
6	67	U13B	Ryan Matheson	Aberdeen AAC
7	158	U13B	Lucas Addicoat	Elgin AAC
8	232	U13B	Robin Snedden	Inverness Harriers AAC

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Event 43	U13 Boys 200m Race B			13:21
2	198	U13B	Ryan Tait	Orkney Athletic Club
3	114	U13B	Lewis Montague	Inverness Harriers AAC
4	156	U13B	David Scott	Forres Harriers
5	188	U13B	Reagan MacDonald	Inverness Harriers AAC
6	24	U13B	Alex Ellen	Ross County AC
7	161	U13B	Ruairidh Mair	Nairn AAAC
Event 44	U15 Girls 200m Race A			13:24
2	193	U15G	Ellen Hay	Orkney Athletic Club
3	163	U15G	Kirsty Suiter	Nairn AAAC
4	200	U15G	Mia MacIver	Orkney Athletic Club
5	31	U15G	Beth MacIver	Inverness Harriers AAC
6	92	U15G	Ellie Stone	Inverness Harriers AAC
7	220	U15G	Yasmin Linton	Orkney Athletic Club
8	169	U15G	Heather Welsh	Nairn AAAC
Event 45	U15 Girls 200m Race B			13:27
2	21	U15G	Jessica Golden	Inverness Harriers AAC
3	217	U15G	Izzy Nicolson	Orkney Athletic Club
4	221	U15G	Aimee Guthrie	Orkney Athletic Club
5	216	U15G	Libby Harrison	Orkney Athletic Club
6	117	U15G	Nicola Ramsay	Inverness Harriers AAC
7	142	U15G	Rebecca Johnstone	Inverness Harriers AAC
8	201	U15G	Molly Cant	Orkney Athletic Club
Event 46	U15 Boys 200m Race A			13:30
2	195	U15B	Ross Sinclair	Orkney Athletic Club
3	60	U15B	Paul Wilby	Inverness Harriers AAC
4	112	U15B	Joseph Campbell-Pedrana	Inverness Harriers AAC
5	160	U15B	Andrew Stoker	Moray Road Runners
6	51	U15B	Alexander MacKay	Ross County AC
7	120	U15B	Taylor Sim	Inverness Harriers AAC
Event 47	U15 Boys 200m Race B			13:33
2	22	U15B	Lewis Bisset	Aberdeen AAC
3	235	U15B	Arran Phommavanh	Aberdeen AAC
4	101	U15B	Will MacLean	Inverness Harriers AAC
5	91	U15B	Thomas Stone	Inverness Harriers AAC
6	33	U15B	Stephen MacKenzie	Inverness Harriers AAC
7	131	U15B	Lewis Hart	Inverness Harriers AAC

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Event 48	U17 Women 200m Race A			13:36
1	66	U17W	Rachelle Matheson	Aberdeen AAC
2	147	U17W	Siobhan Kingham	Elgin AAC
3	79	U17W	Katie Forbes	Aberdeen AAC
4	199	U17W	Amy Davis	Orkney Athletic Club
5	68	U17W	Rebecca Matheson	Aberdeen AAC
6	225	U17W	Rhiannan MacIntosh	Inverness Harriers AAC
7	206	U17W	Taylah Spence	Orkney Athletic Club
8	74	U17W	Megan Munro	Inverness Harriers AAC
Event 49	U17 Women 200m Race B			13:39
2	154	U17W	Charlotte Bevan	Elgin AAC
3	202	U17W	Kirstin Flett	Orkney Athletic Club
4	99	U17W	Eilidg Magill	Inverness Harriers AAC
5	3	U17W	Heather Bruce	Inverness Harriers AAC
6	165	U17W	Mary Wescott	Nairn AAAC
7	184	U17W	Lauren Watson	Inverness Harriers AAC
8	19	U17W	Lara Vance	Ross County AC
Event 50	U17 Men 200m Race A			13:42
3	37	U17M	Harry Kilner	Aberdeen AAC
4	14	U17M	Adam Blakie	Inverness Harriers AAC
5	84	U17M	Paddy Dunne	Inverness Harriers AAC
6	126	U17M	Alex Geddes	Inverness Harriers AAC
7	82	U17M	Sorasit Suprapoch	Aberdeen AAC
Event 51	U17 Men 200m Race B			13:45
3	219	U17M	Sam Croy	Orkney Athletic Club
4	26	U17M	Callum Davidson	Aberdeen AAC
5	205	U17M	Balfour Hay	Orkney Athletic Club
6	28	U17M	Joe Arnand	Inverness Harriers AAC
Event 52	U20 Women 200m			13:48
2	7	U20W	Holly Cameron	Inverness Harriers AAC
3	63	U20W	Iona Harper-Reynoldson	Unattached
4	214	U20W	Jodie Drever	Orkney Athletic Club
5	190	U20W	Gillian Gordon	Inverness Harriers AAC
6	171	U20W	Lucy Massie	Inverness Harriers AAC
7	177	U20W	Nicole Smith	Inverness Harriers AAC
Event 53	U20 Men 200m Race A			13:51
2	208	U20M	Andrew Davis	Orkney Athletic Club
3	144	U20M	Alexander Nicholson	Inverness Harriers AAC
4	77	U20M	Ewan Calder	Aberdeen AAC
5	64	U20M	Andrew Smith	Inverness Harriers AAC
6	209	U20M	Fergus MacIvor	Orkney Athletic Club
7	83	U20M	David MacLean	Aberdeen AAC

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Event 54	U20 Men 200m Race B			13:54	
	3	12	U20M	Matthew Paterson	Inverness Harriers AAC
	4	106	U20M	Gavin Darroch	Inverness Harriers AAC
	5	13	U20M	Findlay Donegan	Elgin AAC
	6	211	U20M	Joe Gregg	Orkney Athletic Club
	7	175	U20M	Liam Barnsby	East Sutherland AC
Event 55	Senior Women 200m			13:57	
	3	58	SW	Kathleen Madigan	Aberdeen AAC
	4	70	SW	Jade Halket	Aberdeen AAC
	5	69	SW	Marie Dobson	Aberdeen AAC
	6	61	SW	Paula Gass	Inverness Harriers AAC
Event 56	Senior Men 200m			14:00	
	1	250	SM	Stephen MacKay	Inverness Harriers AAC
	2	38	SM	William Skinner	Aberdeen AAC
	3	157	SM	Scott Hamilton	Elgin AAC
	4	105	SM	Scott Fraser	East Sutherland AC
	5	48	SM	Robbie Shaw	Aberdeen AAC
	6	159	SM	Paul Davidson	Inverness Harriers AAC
	7	81	SM	Stan Walker	Aberdeen AAC
	8	238	SM	Gordon Mowat	Orkney Athletic Club
Event 57	U17 Women 3000m			14:10	
		49	U17W	Constance Nankivell	East Sutherland AC
Event 58	U20 Women 3000m			14:10	
		153	U20W	Ananne Ross	Inverness Harriers AAC
Event 59	Senior Women 3000m			14:10	
		223	SW	Roxy Bannerman	East Sutherland AC
		237	SW	Kayleigh Jarrett	Metro
Event 60	U17 Men 3000m			14:10	
		17	U17M	Cameron Main	Moray Road Runners
Event 62	Senior Men 3000m			14:10	
		227	SM	Tom McWilliam	Inverness Harriers AAC
Event 63	U15 Girls 1500m			14:30	
		134	U15G	Emily Andrew	Inverness Harriers AAC
		139	U15G	Grace Whelan	Moray Road Runners
		142	U15G	Rebecca Johnstone	Inverness Harriers AAC
		234	U15G	Frances Sealy	Banchory & Stonehaven AC
		251	U15G	Mairi Weir	Elgin AAC
Event 64	U17 Women 1500m			14:40	
		203	U17W	Isla Leslie	Orkney Athletic Club

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Event 65	U20 Women 1500m				14:40
	207	U20W	Aimee Leask		Orkney Athletic Club
Event 66	Senior Women 1500m				14:40
	146	SW	Pat Goddard		Inverness Harriers AAC
	176	SW	Jenny Bannerman		Inverness Harriers AAC
	189	SW	Kathryu Evans		Inverness Harriers AAC
Event 67	U15 Boys 1500m				14:50
	93	U15B	Lewis Esslemont		Inverness Harriers AAC
	109	U15B	Duncan Cunningham		Inverness Harriers AAC
	123	U15B	Rudi Paul		Inverness Harriers AAC
	141	U15B	Ben Johnstone		Inverness Harriers AAC
	179	U15B	Craig Wilson		Inverness Harriers AAC
Event 68	U17 Men 1500m				15:00
	132	U17M	Aidan Ferry		Inverness Harriers AAC
Event 69	U20 Men 1500m				15:00
	36	U20M	Matthew Kilner		Aberdeen AAC
	41	U20M	Callum Symmons		Aberdeen AAC
Event 70	Senior Men 1500m				15:00
	227	SM	Tom McWilliam		Inverness Harriers AAC
	249	SM	Craig Campbell		Inverness Harriers AAC
Event 71	U15 Girls 300m				15:10
	3	139	U15G	Grace Whelan	Moray Road Runners
	4	1	U15G	Charlotte Hill	Inverness Harriers AAC
	7	100	U15G	Katie Paterson	Inverness Harriers AAC
Event 72	U17 Women 300m				15:10
	1	243	U17W	Freya McKay	Aberdeen AAC
	2	154	U17W	Charlotte Bevan	Elgin AAC
	5	47	U17W	Kate MacKay	Aberdeen AAC
	6	74	U17W	Megan Munro	Inverness Harriers AAC
Event 73	U15 Boys 400m				15:20
	3	93	U15B	Lewis Esslemont	Inverness Harriers AAC
	4	162	U15B	Toran Simmons	Nairn AAAC
	5	215	U15B	Jamie Clouston	Orkney Athletic Club
	6	101	U15B	Will MacLean	Inverness Harriers AAC
	7	112	U15B	Joseph Campbell-Pedrana	Inverness Harriers AAC

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Event 74	U17 Men 400m			15:23
2	37	U17M	Harry Kilner	Aberdeen AAC
3	205	U17M	Balfour Hay	Orkney Athletic Club
4	45	U17M	Charlie Beeson	Banchory & Stonehaven AC
5	6	U17M	Angus Mohun	East Sutherland AC
6	185	U17M	Ewan Bradley	Inverness Harriers AAC
7	26	U17M	Callum Davidson	Aberdeen AAC
8	30	U17M	Sam Anderson	Moray Road Runners
Event 75	U20 Women 400m			15:26
3	212	U20W	Sarah MacPhail	Orkney Athletic Club
4	190	U20W	Gillian Gordon	Inverness Harriers AAC
Event 76	Senior Women 400m			15:26
2	69	SW	Marie Dobson	Aberdeen AAC
Event 77	U20 Men 400m			15:29
3	208	U20M	Andrew Davis	Orkney Athletic Club
4	77	U20M	Ewan Calder	Aberdeen AAC
5	64	U20M	Andrew Smith	Inverness Harriers AAC
7	12	U20M	Matthew Paterson	Inverness Harriers AAC
Event 78	Senior Men 400m			15:29
1	254	SM	Mark Gilmer	Unattached
2	250	SM	Stephen MacKay	Inverness Harriers AAC
6	159	SM	Paul Davidson	Inverness Harriers AAC

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Event 100	U17 Women Shot Putt (4.00kg)				09:45
	1	204	U17W	Erin Montgomery	Orkney Athletic Club
	2	11	U17W	Katie Stark	Inverness Harriers AAC
Event 101	U20 Women Shot Putt (4.00kg)				09:45
		210	U20W	Thora Cant	Orkney Athletic Club
Event 102	Senior Women Shot Putt (4.00kg)				09:45
		61	SW	Paula Gass	Inverness Harriers AAC
Event 103	U17 Men Shot Putt (5.00kg)				09:45
	1	219	U17M	Sam Croy	Orkney Athletic Club
	2	15	U17M	Ruaridh Gray	Inverness Harriers AAC
	3	59	U17M	Daniel Wilby	Inverness Harriers AAC
Event 104	U20 Men Shot Putt (6.00kg)				09:45
		218	U20M	James Nicolson	Orkney Athletic Club
Event 105	Senior Men Shot Putt (7.26kg)				09:45
		46	SM	Bob Masson	Aberdeen AAC
		239	SM	Luke Crant	Inverness Harriers AAC
		240	SM	Sinclair Patience	Unattached
Event 106	U13 Boys Discus (1.00kg)				09:45
		191	U13B	Arran Buchanan	Ross County AC
Event 107	U15 Girls Discus (1.00kg)				09:45
	1	86	U15G	Kelsey Barbour	Inverness Harriers AAC
	2	169	U15G	Heather Welsh	Nairn AAAC
	3	16	U15G	Katie Gray	Inverness Harriers AAC
	4	2	U15G	Rachel Broadfoot	Arbroath & District AC
	5	34	U15G	Josie Steele	Inverness Harriers AAC
	6	88	U15G	Fiona Flockhart	Inverness Harriers AAC
Event 108	U15 Boys Discus (1.25kg)				09:45
	1	94	U15B	Liam Sinclair	Caithness AAC
	2	8	U15B	Steven Sey	Aberdeen AAC
	3	87	U15B	Matt MacFarlane	Inverness Harriers AAC
	4	224	U15B	Cameron MacIntosh	Inverness Harriers AAC
	5	162	U15B	Toran Simmons	Nairn AAAC
	6	126	U17M	Alex Geddes	Inverness Harriers AAC
	7	108	U15B	Mark MacLennan	Ross County AC

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Event 109 U13 Girls Long Jump

09:45

1	138	U13G	Niamh Whelan	Moray Road Runners
2	124	U13G	Mia Keogh	Inverness Harriers AAC
3	148	U13G	Hannah Kingham	Elgin AAC
4	194	U13G	Kally Milne	Orkney Athletic Club
5	71	U13G	Eve Gardiner	Inverness Harriers AAC
6	122	U13G	Mhairi Nairn	Inverness Harriers AAC
7	127	U13G	Katie Gillies	Inverness Harriers AAC
8	118	U13G	Iona Ramsay	Inverness Harriers AAC
9	55	U13G	Ellen Saunders	Inverness Harriers AAC

Event 110 U13 Boys Long Jump

09:45

1	188	U13B	Reagan MacDonald	Inverness Harriers AAC
2	158	U13B	Lucas Addicoat	Elgin AAC
3	24	U13B	Alex Ellen	Ross County AC
4	136	U13B	Eric Robinson	Inverness Harriers AAC
5	52	U13B	Blair Milne	Moray Road Runners
6	145	U13B	Duncan MacDonald	Inverness Harriers AAC
7	116	U13B	Gordon Manson	Inverness Harriers AAC
8	198	U13B	Ryan Tait	Orkney Athletic Club
9	114	U13B	Lewis Montague	Inverness Harriers AAC
10	228	U13B	Fergus McWilliam	Inverness Harriers AAC
11	42	U13B	Lucas Cairns	Inverness Harriers AAC
12	95	U13B	Kyle Sutherland	Ross County AC

Event 111 U11 Boys Long Jump

11:00

23	U11B	Ruaridh Ellen	Ross County AC
35	U11B	Ivan Steele	Inverness Harriers AAC
96	U11B	Ryan Sutherland	Ross County AC
130	U11B	Liam Daly	Inverness Harriers AAC
167	U11B	Joe Payne	Nairn AAAC
173	U11B	Joe Joyce	Nairn AAAC
186	U11B	Robert Urquhart	Inverness Harriers AAC
187	U11B	Michael Gourlay	Inverness Harriers AAC
247	U11B	James Morrison	Nairn AAAC

Event 112 U13 Girls Javelin (400g)

11:00

1	127	U13G	Katie Gillies	Inverness Harriers AAC
2	103	U13G	Melissa Mack	Inverness Harriers AAC
3	113	U13G	Emma Seed	Inverness Harriers AAC
4	150	U13G	Megan McKay	Moray Road Runners
5	71	U13G	Eve Gardiner	Inverness Harriers AAC

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Event 113	U15 Girls Long Jump				11:00
	1	128	U15G	Rachel Gillies	Inverness Harriers AAC
	2	231	U15G	Lindsey Gilchrist	Edinburgh AC
	3	90	U15G	Kim Johnston	Caithness AAC
	4	163	U15G	Kirsty Suiter	Nairn AAAC
	5	164	U15G	Leah Ferguson	Nairn AAAC
	6	220	U15G	Yasmin Linton	Orkney Athletic Club
	7	139	U15G	Grace Whelan	Moray Road Runners
	8	27	U15G	Jane Davidson	Aberdeen AAC
	9	193	U15G	Ellen Hay	Orkney Athletic Club
	10	200	U15G	Mia MacIver	Orkney Athletic Club
	11	117	U15G	Nicola Ramsay	Inverness Harriers AAC
	12	100	U15G	Katie Paterson	Inverness Harriers AAC
Event 114	U13 Girls Shot Putt (2.72kg)				12:00
		148	U13G	Hannah Kingham	Elgin AAC
		172	U13G	Ciara Joyce	Nairn AAAC
		197	U13G	Shannon Pasotti	Orkney Athletic Club
Event 115	U13 Boys Shot Putt (3.25kg)				12:00
		9	U13B	Craig Watts	Inverness Harriers AAC
Event 116	U17 Women Javelin (500g)				12:00
	1	204	U17W	Erin Montgomery	Orkney Athletic Club
	2	89	U17W	Mary Flockhart	Inverness Harriers AAC
Event 117	U20 Women Javelin (600g)				12:00
		210	U20W	Thora Cant	Orkney Athletic Club
Event 118	Senior Women Javelin (600g)				12:00
		4	SW	Shannon Eysers	Caithness AAC
		61	SW	Paula Gass	Inverness Harriers AAC
		182	SW	Alice Gordon	Unattached
Event 119	U17 Men Javelin (700g)				12:00
	1	10	U17M	William Watts	Inverness Harriers AAC
	2	20	U17M	Finlay MacLeay	Inverness Harriers AAC
	3	84	U17M	Paddy Dunne	Inverness Harriers AAC
Event 120	U20 Men Javelin (800g)				12:00
		213	U20M	Alex Stevenson	Orkney Athletic Club
Event 121	Senior Men Javelin (800g)				12:00
		46	SM	Bob Masson	Aberdeen AAC
		157	SM	Scott Hamilton	Elgin AAC

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Event 122	U11 Girls Long Jump			12:00	
	32	U11G	Alanna MacKenzie	Unattached	
	39	U11G	Zoe Sharpe	Inverness Harriers AAC	
	43	U11G	Anna Cairns	Inverness Harriers AAC	
	135	U11G	Charlotte Douglas	Inverness Harriers AAC	
	137	U11G	Harriet Whelan	Moray Road Runners	
	143	U11G	Loren MacDonald	Inverness Harriers AAC	
	155	U11G	Maise MacLennan	Inverness Harriers AAC	
	178	U11G	Ruth Wilson	Inverness Harriers AAC	
	222	U11G	Isla Edwards	Elgin AAC	
	230	U11G	Stroma Fraser	Inverness Harriers AAC	
Event 123	U15 Girls Shot Putt (3.00kg)			13:00	
	1	217	U15G	Izzy Nicolson	Orkney Athletic Club
	2	234	U15G	Frances Sealy	Banchory & Stonehaven AC
	3	2	U15G	Rachel Broadfoot	Arbroath & District AC
	4	168	U15G	Ruby Dunkley	Nairn AAAC
	5	86	U15G	Kelsey Barbour	Inverness Harriers AAC
	6	16	U15G	Katie Gray	Inverness Harriers AAC
	7	201	U15G	Molly Cant	Orkney Athletic Club
	8	5	U15G	Stephanie Evers	Caithness AAC
Event 124	U15 Boys Shot Putt (4.00kg)			13:00	
	1	94	U15B	Liam Sinclair	Caithness AAC
	2	87	U15B	Matt MacFarlane	Inverness Harriers AAC
	3	196	U15B	Charlie Pasotti	Orkney Athletic Club
	4	162	U15B	Toran Simmons	Nairn AAAC
	5	8	U15B	Steven Sey	Aberdeen AAC
	6	85	U15B	Finbar Dunne	Inverness Harriers AAC
	7	131	U15B	Lewis Hart	Inverness Harriers AAC
	8	108	U15B	Mark MacLennan	Ross County AC
	9	181	U15B	James Newlands	Moray Road Runners
Event 125	U13 Boys Javelin (400g)			13:00	
	1	40	U13B	Ben Sharpe	Inverness Harriers AAC
	2	52	U13B	Blair Milne	Moray Road Runners
	3	9	U13B	Craig Watts	Inverness Harriers AAC
	4	53	U13B	Joshua Milne	Moray Road Runners
	5	54	U13B	Finlay Raynor	Inverness Harriers AAC
	6	111	U13B	Juel Choppy-Madeleine	Inverness Harriers AAC
	7	170	U13B	Kai Nicoll	Nairn AAAC
Event 126	U13 Girls High Jump			13:00	
	29	U13G	Kirsty Armand	Inverness Harriers AAC	
	118	U13G	Iona Ramsay	Inverness Harriers AAC	
	122	U13G	Mhairi Nairn	Inverness Harriers AAC	
	172	U13G	Ciara Joyce	Nairn AAAC	

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Event 127	U13 Boys High Jump			13:00
1	40	U13B	Ben Sharpe	Inverness Harriers AAC
2	136	U13B	Eric Robinson	Inverness Harriers AAC
3	116	U13B	Gordon Manson	Inverness Harriers AAC
4	198	U13B	Ryan Tait	Orkney Athletic Club
5	53	U13B	Joshua Milne	Moray Road Runners
6	54	U13B	Finlay Raynor	Inverness Harriers AAC
Event 128	U11 Girls Shot Putt (2.72kg)			13:45
	39	U11G	Zoe Sharpe	Inverness Harriers AAC
	44	U11G	Isla Marwick	Inverness Harriers AAC
	135	U11G	Charlotte Douglas	Inverness Harriers AAC
	229	U11G	Angela Kelly	Aberdeen AAC
Event 129	U11 Boys Shot Putt (2.72kg)			13:45
	167	U11B	Joe Payne	Nairn AAAC
	180	U11B	Aiden Mitchell	Inverness Harriers AAC
Event 130	U15 Boys Long Jump			13:45
1	60	U15B	Paul Wilby	Inverness Harriers AAC
2	195	U15B	Ross Sinclair	Orkney Athletic Club
3	56	U15B	Finlay Saunders	Inverness Harriers AAC
4	51	U15B	Alexander MacKay	Ross County AC
5	75	U15B	Haroun Al-Mahtot	Aberdeen AAC
6	160	U15B	Andrew Stoker	Moray Road Runners
7	109	U15B	Duncan Cunningham	Inverness Harriers AAC
8	91	U15B	Thomas Stone	Inverness Harriers AAC
9	62	U15B	Hamish Ambrose	Nairn AAAC
10	33	U15B	Stephen MacKenzie	Inverness Harriers AAC
Event 131	U17 Women Discus (1.00kg)			13:45
1	204	U17W	Erin Montgomery	Orkney Athletic Club
2	147	U17W	Siobhan Kingham	Elgin AAC
3	89	U17W	Mary Flockhart	Inverness Harriers AAC
4	11	U17W	Katie Stark	Inverness Harriers AAC
Event 132	U17 Men Discus (1.50kg)			13:45
1	10	U17M	William Watts	Inverness Harriers AAC
2	59	U17M	Daniel Wilby	Inverness Harriers AAC
3	15	U17M	Ruaridh Gray	Inverness Harriers AAC
Event 133	U20 Men Discus (1.75kg)			13:45
	12	U20M	Matthew Paterson	Inverness Harriers AAC
Event 134	Senior Men Discus (2.00kg)			13:45
	46	SM	Bob Masson	Aberdeen AAC

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Event 135	U17 Women Long Jump				15:00
1	165	U17W	Mary Wescott	Nairn AAAC	
2	202	U17W	Kirstin Flett	Orkney Athletic Club	
3	147	U17W	Siobhan Kingham	Elgin AAC	
4	47	U17W	Kate MacKay	Aberdeen AAC	
5	243	U17W	Freya McKay	Aberdeen AAC	
6	79	U17W	Katie Forbes	Aberdeen AAC	
7	19	U17W	Lara Vance	Ross County AC	
Event 136	U20 Women Long Jump				15:00
	7	U20W	Holly Cameron	Inverness Harriers AAC	
	214	U20W	Jodie Drever	Orkney Athletic Club	
Event 137	Senior Women Long Jump				15:00
1	25	SW	Fiona Davidson	Aberdeen AAC	
2	70	SW	Jade Halket	Aberdeen AAC	
Event 138	U17 Men Long Jump				15:00
1	192	U17M	Finlay Strachan	Aberdeen AAC	
2	241	U17M	Hamish Baker	Nairn AAAC	
3	205	U17M	Balfour Hay	Orkney Athletic Club	
4	185	U17M	Ewan Bradley	Inverness Harriers AAC	
5	30	U17M	Sam Anderson	Moray Road Runners	
Event 139	U20 Men Long Jump				15:00
1	12	U20M	Matthew Paterson	Inverness Harriers AAC	
2	106	U20M	Gavin Darroch	Inverness Harriers AAC	
3	211	U20M	Joe Gregg	Orkney Athletic Club	
4	13	U20M	Findlay Donegan	Elgin AAC	
5	213	U20M	Alex Stevenson	Orkney Athletic Club	
Event 140	Senior Men Long Jump				15:00
1	38	SM	William Skinner	Aberdeen AAC	
2	157	SM	Scott Hamilton	Elgin AAC	
Event 141	U15 Girls Javelin (500g)				15:00
1	16	U15G	Katie Gray	Inverness Harriers AAC	
2	168	U15G	Ruby Dunkley	Nairn AAAC	
3	5	U15G	Stephanie Eyers	Caithness AAC	
4	115	U15G	Leia Taylor	Inverness Harriers AAC	
5	88	U15G	Fiona Flockhart	Inverness Harriers AAC	
Event 142	U15 Boys Javelin (600g)				15:00
1	104	U15B	Christopher Mack	Inverness Harriers AAC	
2	8	U15B	Steven Sey	Aberdeen AAC	
3	224	U15B	Cameron MacIntosh	Inverness Harriers AAC	
4	85	U15B	Finbar Dunne	Inverness Harriers AAC	

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Event 143	U15 Girls High Jump			15:00
	251	U15G	Mairi Weir	Elgin AAC
1	164	U15G	Leah Ferguson	Nairn AAAC
2	140	U15G	Eilidh MacPherson	Inverness Harriers AAC
3	201	U15G	Molly Cant	Orkney Athletic Club
4	92	U15G	Ellie Stone	Inverness Harriers AAC
5	115	U15G	Leia Taylor	Inverness Harriers AAC
Event 144	U15 Boys High Jump			15:00
	120	U15B	Taylor Sim	Inverness Harriers AAC
2	104	U15B	Christopher Mack	Inverness Harriers AAC
3	215	U15B	Jamie Clouston	Orkney Athletic Club
4	196	U15B	Charlie Pasotti	Orkney Athletic Club
5	181	U15B	James Newlands	Moray Road Runners
Event 145	U17 Women High Jump			15:00
	199	U17W	Amy Davis	Orkney Athletic Club
2	47	U17W	Kate MacKay	Aberdeen AAC
Event 146	U20 Women High Jump			15:00
	212	U20W	Sarah MacPhail	Orkney Athletic Club
Event 147	Senior Women High Jump			15:00
	119	SW	Rachael MacKenzie	Inverness Harriers AAC
Event 149	U20 Men High Jump			15:00
	213	U20M	Alex Stevenson	Orkney Athletic Club