**INVERNESS HARRIERS JUMPS & THROWS MEETING**

**(as per UK Athletics rules)**

**SPONSORED COURTESY OF INVERNESS LEISURE**

**FRIDAY 1ST MAY 2015 QUEEN’S PARK TRACK, INVERNESS**

**ATHLETE INFO & ENTRY FORM**

**COMPETITION INFORMATION,**

**RULES AND GUIDELINES**

**All athletes must pre-enter to guarantee entry**

Entry forms ONLY accepted with Entry Fee payment

**1 Event = £4 3 or more Events = £10**

**Note:** As per Scottish Athletics rules: non-SAL registered athletes will be charged an additional £2 levy per athlete. Register with Scottish Athletics online at www.scottishathletics.org.uk

**Declarations**: Athletes must declare at least 30mins before their Event.Declarations begin at 5.30pm **All** declarations close 30 mins before event.

**Vest & Numbers**: Athletes must wear club or Scottish Colours. Vest numbers will be supplied.

**Track Spikes:** maximum 6mm

**First Aiders:** will be in attendance

**CAMERA & VIDEO EQUIPMENT:** All camera and video equipment must be registered with the Sports Centre at reception prior to the start of the meeting. This is a Stadium Rule. Any refusal to cease recording with unauthorised equipment will result in removal of the person from Inverness Leisure premises.

**IMPORTANT**: For athlete safety, the use of portable electronic devices (including ipods and mobile phones) will not be permitted inside the competition area. Any such devices found in use within the competition area shall be confiscated by the Track/Field Referee. Devices will be returned to the athlete after their competition and can be collected and signed for at admin hut.

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| **Friday 1st May 2015 First event at 6.00pm Expected close by 9.00pm** | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **Entries Close – Friday 1st May 2015 Venue – Queen’s Park Track Inverness** | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **Age Group** | **Senior** | | **U20** | | | | **U17** | | **U15** | | | | **U13** | | |  | | | **U11** | | |  | | |  | |
| **Born in** |  | |  | | | |  | |  | | | |  | | |  | | |  | | |  | | |  | |
| **Max events** | **No Limit to events taken** | | **U20 max 5 Events/U17max 3 Events** | | | | | | **3 Events max** | | | | | | | | | | | | | | | |  | |
| **Sex** | **M** |  | | **M** | **F** | **M** | | **F** | | **M** | **F** | **M** | | **F** |  | |  | **M** | | **F** |  | |  |  | |  |
| **Events available on the day** |  |  | |  |  |  | |  | |  |  |  | |  |  | |  |  | |  |  | |  |  | |  |
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|  |  | |  |  |  | |  | |  |  |  | |  |  | |  | **HJ** | | **HJ** |  | |  |  | |  |
|  |  | |  |  |  | |  | |  |  |  | |  |  | |  | **LJ** | | **LJ** |  | |  |  | |  |
|  |  | |  |  |  | |  | |  |  |  | |  |  | |  | **Jav** | | **Jav** |  | |  |  | |  |
|  |  | |  |  |  | |  | |  |  |  | |  |  | |  |  | |  |  | |  |  | |  |
|  |  | |  |  |  | |  | |  |  | **Jav**  **400g** | | **Jav**  **300g** |  | |  |  | |  |  | |  |  | |  |
|  |  | |  |  |  | |  | |  |  | **Dis 1k** | | **Dis 0.75** |  | |  |  | |  |  | |  |  | |  |
| **LJ** | **LJ** | | **LJ** | **LJ** | **LJ** | | **LJ** | | **LJ** | **LJ** | **LJ** | | **LJ** |  | |  |  | |  |  | |  |  | |  |
| **HJ** | **HJ** | | **HJ** | **HJ** | **HJ** | | **HJ** | | **HJ** | **HJ** | **HJ** | | **HJ** |  | |  |  | |  |  | |  |  | |  |
| **Dis 2K** | **Dis 1K** | | **Dis 1.75** | **Dis 1K** | **Dis 1.5** | | **Dis 1K** | | **Dis 1.25** | **Dis 1K** |  | |  |  | |  |  | |  |  | |  |  | |  |
| **Ham 7.26** | **Ham 4k** | | **Ham 6k** | **Ham 4k** | **Ham 5k** | | **Ham 3k** | | **Ham 4k** | **Ham 3k** |  | |  |  | |  |  | |  |  | |  |  | |  |
| **Jav**  **800g** | **Jav**  **600g** | | **Jav**  **800g** | **Jav**  **600g** | **Jav**  **700g** | | **Jav**  **500g** | | **Jav**  **600g** | **Jav**  **500g** |  | |  |  | |  |  | |  |  | |  |  | |  |
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**2015 INVERNESS HARRIERS JUMPS AND THROWS MEETING(as per UKA Rules)SPONSORED BY INVERNESS LEISURE - Entry Form 1st May 2015**

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| First Name: | | | | | | Date of Birth: | | | | | | |
| Last Name: | | | | | | | | | | Sex: | | |
| Address: | | | | | | | | | | | | |
| Post Code: | | | | | | Phone Number: | | | | | | |
| Email address: | | | | | | | | | | | | |
| Club: | | | | | | Scottish Athletics No: | | | | | | |
| Born in: |  |  |  |  | | |  |  | | |  |  |
| Age Group (please circle) | U11 |  | U13 | U15 | | | U17 |  | | | U20 | SEN |
| Please enter your PB (personal best) to ensure that you compete against athletes of similar ability | | | | | | | | | | | | |
| **I wish to enter the following events** | | | | | **PB in 2014/15** | | | | | **Age Group when you did PB** | | |
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| I enclose payment of £\_\_\_\_\_\_\_\_ for entry fees. Please make all cheques payable to Inverness Harriers | | | | | | | | | | | | |
| **Declaration Signature:**  (Parent or Guardian if the athlete is aged 15 or younger) | | | | | | | | | **Date:** | | | |

**COMPETITION INFORMATION, RULES AND GUIDELINES**

**Timetable:** will be posted on the **scottish**athletics website

**Field Events Information:** All field events will be in Age Goups except for U20 and Senior athletes who may have to compete together depending on the entry for that event regardless of age or sex so as to ensure that each athlete gains the appropriate competition.(as per UKA rules)

**Field Trials**: (except High Jump and Pole Vault) Athletes will receive 6 trials for each event.

**Photography:** Tick this box, if you DO NOT consent to

Photographs being taken of you being used by Inverness Harriers and Highland & Islands Athletic Partnership for promotional use

**CLOSING DATE:**

**Friday 1st May**

**Enter on the night available**

**or**

**E-mail entries to**

[**Keith.13@btinternet.com**](mailto:Keith.13@btinternet.com)

**Or post to**

**Keith Geddes,25 Greenwood Gardens Inverness,IV26GP**