

North District Track & Field Championships 2014

09:40	Event 1	U20 Women 400m Hurdles (Final)	
	52	Anna Nelson	Inverness Harriers AAC
	252	Jennie Will	Inverness Harriers AAC
09:43	Event 2	U17 Men 400m Hurdles (Final)	
	67	Michael Wilde	Inverness Harriers AAC
	5	Imhotep Booth	Caithness AAC
	75	Andrew Johnstone	Inverness Harriers AAC
09:50	Event 3	U17 Women 3000m (Final)	
	125	Mary MacIntosh	Nairn AAAC
09:50	Event 4	U20 Women 3000m (Final)	
	50	Isla MacKay	Lochaber AC
10:10	Event 5	U13 Girls 100m (Heat 1)	
	132	Hallie Gordon	Orkney Athletic Club
	18	Sian MacDonald	Stornoway Running & AC
	268	Jessica Golden	Inverness Harriers AAC
	128	Tegan Spence	Orkney Athletic Club
	129	Ellen Hay	Orkney Athletic Club
	119	Mia Keogh	Inverness Harriers AAC
	131	Kally Milne	Orkney Athletic Club
10:12	Event 6	U13 Girls 100m (Heat 2)	
	207	Tahlia Farmer	Shetland AAC
	111	Mhairi Nairn	Inverness Harriers AAC
	209	Katie Dinwoodie	Shetland AAC
	208	Niamh Wylie	Shetland AAC
	229	Molly Comb	Nairn AAAC
	184	Trinity Johnson	North Uist AAC
	223	Kirsty Suiter	Nairn AAAC
10:14	Event 7	U13 Boys 100m (Heat 1)	
	218	Alexander MacKay	Ross County AC
	110	Christopher Mack	Inverness Harriers AAC
	134	Charlie Pasotti	Orkney Athletic Club
	276	Hamish Ambrose	Nairn AAAC
	136	Ronan Gray	Orkney Athletic Club
	115	Ryan Munro	Inverness Harriers AAC
	112	Robbie MacKenzie	Inverness Harriers AAC
10:16	Event 8	U13 Boys 100m (Heat 2)	
	227	Arran Buchanan	Ross County AC
	232	Kai Bremner	Inverness Harriers AAC
	14	Conor Hendry	Caithness AAC
	211	Dylan Black	Shetland AAC
	22	Evan Trayner	Stornoway Running & AC
	225	Fergus McWilliam	Inverness Harriers AAC
10:18	Event 9	U13 Boys 100m (Heat 3)	
	231	Sam MacKintosh	Ross County AC
	108	Finbar Dunne	Inverness Harriers AAC
	133	Ross Sinclair	Orkney Athletic Club
	20	David Morrison	Stornoway Running & AC
	210	Kennedy Moar	Shetland AAC

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10:20	Event 10	U15 Girls 100m (Heat 1)	
	242	Emma Rogan	Forres Harriers
	13	Heather Bruce	Ross County AC
	137	Amy Davis	Orkney Athletic Club
	89	Rhiannan MacIntosh	Inverness Harriers AAC
	83	Beth MacIver	Inverness Harriers AAC
	201	Lucy Holden	Shetland AAC
	17	Kaitlyn Reid	Caithness AAC
10:22	Event 11	U15 Girls 100m (Heat 2)	
	144	Ellena Walker	Orkney Athletic Club
	98	Eilidh Magill	Inverness Harriers AAC
	199	Mhia Mouat	Shetland AAC
	138	Mia MacIver	Orkney Athletic Club
	87	Rachelle Matheson	Aberdeen AAC
	206	Sophie Black	Shetland AAC
	148	Stella Kirkpatrick	Orkney Athletic Club
10:24	Event 12	U15 Girls 100m (Heat 3)	
	93	Erin McKay	Ross County AC
	214	Ellie Spence	Shetland AAC
	236	Hannah Suiter	Nairn AAAC
	141	Kirstin Flett	Orkney Athletic Club
	143	Mia MacAllister	Orkney Athletic Club
	185	Marina Popova	North Uist AAC
	205	Karis Johnson	Shetland AAC
10:26	Event 13	U15 Boys 100m (Heat 1)	
	101	Callum Tynan	Inverness Harriers AAC
	215	Fraser Mercer	Shetland AAC
	96	Andrew Stoker	Moray Road Runners
	97	Kieran Barnsby	East Sutherland AC
	82	Paddy Dunne	Inverness Harriers AAC
	204	Alana Smith	Shetland AAC
	179	Donald John MacMillan	North Uist AAC
10:28	Event 14	U15 Boys 100m (Heat 2)	
	213	Eden Wadley	Shetland AAC
	104	Joseph Campbell-Pedrana	Inverness Harriers AAC
	88	Michael Jaffray	Inverness Harriers AAC
	29	Andrew Horne	Stornoway Running & AC
	203	Dan Swanson	Shetland AAC
	177	Jordan MacPherson	North Uist AAC
	188	Innes MacRae	North Uist AAC
10:30	Event 15	U15 Boys 100m (Heat 3)	
	241	Patryk Cichon	Forres Harriers
	216	Finn Rivett	Shetland AAC
	9	Sam Anderson	Moray Road Runners
	149	Balfour Hay	Orkney Athletic Club
	212	Bobby Laurenson	Shetland AAC
	187	David Alexander	North Uist AAC
10:32	Event 16	U17 Women 100m (Heat 1)	
	147	Daria Byers	Orkney Athletic Club
	30	Eilidh MacLeod	Stornoway Running & AC
	153	Taylah Spence	Orkney Athletic Club
	189	Sophie Moar	Shetland AAC
	176	Mairi MacIntosh	North Uist AAC

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10:34	Event 17	U17 Women 100m (Heat 2)	
	178	Skye Brannigan	North Uist AAC
	190	Tamar Moncrieff	Shetland AAC
	65	Rebecca Matheson	Aberdeen AAC
	250	Lauren Watson	Inverness Harriers AAC
10:36	Event 18	U17 Men 100m (Heat 1)	
	175	Ruairidh Muncaster	North Uist AAC
	68	Adam Blaikie	Inverness Harriers AAC
	196	Shane Odie	Shetland AAC
	67	Michael Wilde	Inverness Harriers AAC
	158	Fergus MacIvor	Orkney Athletic Club
	271	Alasdair Rigby	Stornoway Running & AC
	193	Caelen Rivett	Shetland AAC
	195	Sam Malcolmson	Shetland AAC
10:38	Event 19	U17 Men 100m (Heat 2)	
	31	Jonathan Morrison	Stornoway Running & AC
	181	Calum Fraser	North Uist AAC
	194	Aidan Jarmson	Shetland AAC
	62	Andrew Smith	Inverness Harriers AAC
	192	Kieran Fraser	Shetland AAC
	64	Danny Ogilvie	Ross County AC
	248	Gavin Darroch	Inverness Harriers AAC
10:50	Event 20	U15 Girls 300m (Final)	
	145	Isla Leslie	Orkney Athletic Club
	91	Megan Munro	Inverness Harriers AAC
	92	Charlotte Hill	Inverness Harriers AAC
	24	Annabel MacKay	Stornoway Running & AC
10:50	Event 21	U17 Women 300m (Final)	
	191	Cara Steven	Shetland AAC
	70	Gillian Gordon	Inverness Harriers AAC
	154	Jennifer Bichan	Orkney Athletic Club
	79	Lucy Massie	Inverness Harriers AAC
10:53	Event 22	U15 Boys 300m (Final)	
	9	Sam Anderson	Moray Road Runners
	27	Ross Budge	Stornoway Running & AC
	238	Alexander MacLeod	Caithness AAC
	100	Robert Thompson	Caithness AAC
	215	Fraser Mercer	Shetland AAC
	278	Aiden Ferry	Forres Harriers
11:00	Event 23	U20 Women 400m (Final)	
	160	Correen Davies	Orkney Athletic Club
	56	Sarah Henderson	Caithness AAC
11:00	Event 24	Senior Women 400m (Final)	
	260	Kathryn Evans	Edinburgh AC
11:03	Event 25	U17 Men 400m (Final)	
	192	Kieran Fraser	Shetland AAC
	157	Andrew Davis	Orkney Athletic Club
	33	Michael MacMillan	Stornoway Running & AC
	62	Andrew Smith	Inverness Harriers AAC
	196	Shane Odie	Shetland AAC
	35	Ross MacTaggart	Stornoway Running & AC
	68	Adam Blaikie	Inverness Harriers AAC

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11:06	Event 26	U20 Men 400m (Final)	
	60	Joseph Frame	Caithness AAC
	162	Joe Gregg	Orkney Athletic Club
	47	Fraser Scott	Forres Harriers
11:06	Event 27	Senior Men 400m (Final)	
	126	Paul Davidson (T20)	Inverness Harriers AAC
	45	Lewis Grant	Stornoway Running & AC
	256	Donald Ferguson	Inverness Harriers AAC
	200	Alan Williamson	Shetland AAC
	41	Alastair Dunlop	Stornoway Running & AC
11:25	Event 28	U13 Girls 200m (Heat 1)	
	223	Kirsty Suiter	Nairn AAAC
	184	Trinity Johnson	North Uist AAC
	208	Niamh Wylie	Shetland AAC
	268	Jessica Golden	Inverness Harriers AAC
	109	Holly Rawlinson	Nairn AAAC
	120	Chloe Cheyne	Inverness Harriers AAC
	207	Tahlia Farmer	Shetland AAC
	219	Eilidh MacPherson	Inverness Harriers AAC
11:27	Event 29	U13 Girls 200m (Heat 2)	
	209	Katie Dinwoodie	Shetland AAC
	186	Amber MacVicar	North Uist AAC
	129	Ellen Hay	Orkney Athletic Club
	128	Tegan Spence	Orkney Athletic Club
	132	Hallie Gordon	Orkney Athletic Club
	117	Florrie Donald	Ross County AC
	221	Mairi Darroch	Inverness Harriers AAC
11:29	Event 30	U13 Boys 200m (Heat 1)	
	123	Lewis Urquhart	Ross County AC
	227	Arran Buchanan	Ross County AC
	124	Luke Davidson	Inverness Harriers AAC
	14	Conor Hendry	Caithness AAC
	133	Ross Sinclair	Orkney Athletic Club
	121	Daniel Johnston	Inverness Harriers AAC
11:31	Event 31	U13 Boys 200m (Heat 2)	
	277	Ben Ferry	Forres Harriers
	273	Angus Baker	Nairn AAAC
	108	Finbar Dunne	Inverness Harriers AAC
	276	Hamish Ambrose	Nairn AAAC
	21	Aodhan Finnegan	Stornoway Running & AC
	112	Robbie MacKenzie	Inverness Harriers AAC
11:33	Event 32	U15 Girls 200m (Heat 1)	
	148	Stella Kirkpatrick	Orkney Athletic Club
	234	Grace Whelan	Moray Road Runners
	199	Mhia Mouat	Shetland AAC
	89	Rhiannan MacIntosh	Inverness Harriers AAC
	236	Hannah Suiter	Nairn AAAC
	214	Ellie Spence	Shetland AAC
	242	Emma Rogan	Forres Harriers

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11:35	Event 33	U15 Girls 200m (Heat 2)	
	93	Erin McKay	Ross County AC
	13	Heather Bruce	Ross County AC
	83	Beth MacIver	Inverness Harriers AAC
	137	Amy Davis	Orkney Athletic Club
	98	Eilidh Magill	Inverness Harriers AAC
	143	Mia MacAllister	Orkney Athletic Club
	205	Karis Johnson	Shetland AAC
11:37	Event 34	U15 Girls 200m (Heat 3)	
	185	Marina Popova	North Uist AAC
	202	Caitlin Ward	Shetland AAC
	87	Rachelle Matheson	Aberdeen AAC
	138	Mia MacIver	Orkney Athletic Club
	141	Kirstin Flett	Orkney Athletic Club
	91	Megan Munro	Inverness Harriers AAC
11:39	Event 35	U15 Boys 200m (Heat 1)	
	179	Donald John MacMillan	North Uist AAC
	204	Alana Smith	Shetland AAC
	215	Fraser Mercer	Shetland AAC
	96	Andrew Stoker	Moray Road Runners
	29	Andrew Horne	Stornoway Running & AC
	27	Ross Budge	Stornoway Running & AC
	235	Taylor Sim	Inverness Harriers AAC
	187	David Alexander	North Uist AAC
11:41	Event 36	U15 Boys 200m (Heat 2)	
	101	Callum Tynan	Inverness Harriers AAC
	212	Bobby Laurenson	Shetland AAC
	149	Balfour Hay	Orkney Athletic Club
	97	Kieran Barnsby	East Sutherland AC
	104	Joseph Campbell-Pedrana	Inverness Harriers AAC
	82	Paddy Dunne	Inverness Harriers AAC
	182	Finlay MacVicar	North Uist AAC
11:43	Event 37	U17 Men 200m (Heat 1)	
	68	Adam Blaikie	Inverness Harriers AAC
	194	Aidan Jarmson	Shetland AAC
	271	Alasdair Rigby	Stornoway Running & AC
	62	Andrew Smith	Inverness Harriers AAC
	35	Ross MacTaggart	Stornoway Running & AC
	193	Caelen Rivett	Shetland AAC
	175	Ruairidh Muncaster	North Uist AAC
11:45	Event 38	U17 Men 200m (Heat 2)	
	195	Sam Malcolmson	Shetland AAC
	73	Findlay Donegan	Elgin AAC
	181	Calum Fraser	North Uist AAC
	158	Fergus MacIvor	Orkney Athletic Club
	157	Andrew Davis	Orkney Athletic Club
	275	Finlay Summers	Stornoway Running & AC
	248	Gavin Darroch	Inverness Harriers AAC

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11:55	Event 39	U13 Boys 75m Hurdles (Heat 1)	
	218	Alexander MacKay	Ross County AC
	15	Amentep Booth	Caithness AAC
	134	Charlie Pasotti	Orkney Athletic Club
	115	Ryan Munro	Inverness Harriers AAC
	266	Blair Milne	Moray Road Runners
11:57	Event 40	U13 Boys 75m Hurdles (Heat 2)	
	226	Toran Simmons	Nairn AAAC
	124	Luke Davidson	Inverness Harriers AAC
	16	Reuben McFarlane	Inverness Harriers AAC
	135	Ryan Tait	Orkney Athletic Club
12:40	Event 41	U13 Girls 70m Hurdles (Final)	
	118	Ruby Dunkley	Nairn AAAC
	131	Kally Milne	Orkney Athletic Club
	18	Sian MacDonald	Stornoway Running & AC
	109	Holly Rawlinson	Nairn AAAC
	219	Eilidh MacPherson	Inverness Harriers AAC
12:52	Event 43	U15 Girls 75m Hurdles (Final)	
	185	Marina Popova	North Uist AAC
	24	Annabel MacKay	Stornoway Running & AC
	202	Caitlin Ward	Shetland AAC
	269	Lauren Bell	Inverness Harriers AAC
	98	Eilidh Magill	Inverness Harriers AAC
	105	Josie Stelle	Inverness Harriers AAC
13:00	Event 44	U17 Women 80m Hurdles (Final)	
	250	Lauren Watson	Inverness Harriers AAC
13:00	Event 45	U15 Boys 80m Hurdles (Final)	
	27	Ross Budge	Stornoway Running & AC
	12	Andrew McFarlane	Inverness Harriers AAC
	235	Taylor Sim	Inverness Harriers AAC
	84	Stuart Kirk	Caithness AAC
13:10	Event 46	U20 Women 100m Hurdles (Final)	
	252	Jennie Will	Inverness Harriers AAC
	52	Anna Nelson	Inverness Harriers AAC
13:13	Event 47	U17 Men 100m Hurdles (Final)	
	248	Gavin Darroch	Inverness Harriers AAC
	67	Michael Wilde	Inverness Harriers AAC
	7	Daniel McFarlane	Inverness Harriers AAC
	5	Imhotep Booth	Caithness AAC
13:30	Event 48	U13 Girls 800m (Final)	
	19	Ellie MacLean	Stornoway Running & AC
	118	Ruby Dunkley	Nairn AAAC
	119	Mia Keogh	Inverness Harriers AAC
	120	Chloe Cheyne	Inverness Harriers AAC
	122	Catriona Garvie	Inverness Harriers AAC
	130	Naomi Irvine	Orkney Athletic Club
	170	Jessica McCulloch	East Sutherland AC
	174	Catriona Scott	East Sutherland AC
	186	Amber MacVicar	North Uist AAC
	229	Molly Comb	Nairn AAAC

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13:35	Event 49	U13 Boys 800m (Final)	
	110	Christopher Mack	Inverness Harriers AAC
	121	Daniel Johnston	Inverness Harriers AAC
	123	Lewis Urquhart	Ross County AC
	124	Luke Davidson	Inverness Harriers AAC
	171	Shane Turney	East Sutherland AC
	210	Kennedy Moar	Shetland AAC
	211	Dylan Black	Shetland AAC
	217	David Scott	Forres Harriers
	224	Struan Oliver-Jones	East Sutherland AC
	225	Fergus McWilliam	Inverness Harriers AAC
	230	Sean Kelt	Ross County AC
	232	Kai Bremner	Inverness Harriers AAC
	265	Josh Milne	Moray Road Runners
13:40	Event 50	U15 Girls 800m (Final)	
	92	Charlotte Hill	Inverness Harriers AAC
	234	Grace Whelan	Moray Road Runners
	169	Lauren McCulloch	East Sutherland AC
	206	Sophie Black	Shetland AAC
	139	Verity Cairns	Orkney Athletic Club
13:45	Event 51	U15 Boys 800m (Final)	
	8	Joe Arnaud	Inverness Harriers AAC
	23	Alasdair Binns	Stornoway Running & AC
	100	Robert Thompson	Caithness AAC
	150	Jack Duncan	Orkney Athletic Club
	151	Sam Rendall	Orkney Athletic Club
	182	Finlay MacVicar	North Uist AAC
	212	Bobby Laurenson	Shetland AAC
	216	Finn Rivett	Shetland AAC
	237	Iain McWilliam	Inverness Harriers AAC
	238	Alexander MacLeod	Caithness AAC
	240	Mackenzie Brown	Inverness Harriers AAC
13:50	Event 52	U17 Women 800m (Final)	
	79	Lucy Massie	Inverness Harriers AAC
	249	Lauren Fraser	Inverness Harriers AAC
	191	Cara Steven	Shetland AAC
	154	Jennifer Bichan	Orkney Athletic Club
13:50	Event 53	U20 Women 800m (Final)	
	57	Heather Campbell	Inverness Harriers AAC
	161	Anna Tait	Orkney Athletic Club
13:50	Event 54	Senior Women 800m (Final)	
	260	Kathryn Evans	Edinburgh AC
13:55	Event 55	U17 Men 800m (Final)	
	34	Connor MacLean	Stornoway Running & AC
	33	Michael MacMillan	Stornoway Running & AC
	196	Shane Odie	Shetland AAC
	32	Hugh McKenzie	Stornoway Running & AC
	246	Ruairdh Oliver-Jones	East Sutherland AC
	156	Ewen Rorie	Orkney Athletic Club
14:00	Event 56	U20 Men 800m (Final)	
	51	Finlay Murray	East Sutherland AC

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14:00	Event 57	Senior Men 800m (Final)	
	264	Stephen MacKay	Inverness Harriers AAC
	38	Murdo MacKenzie	Stornoway Running & AC
	45	Lewis Grant	Stornoway Running & AC
	200	Alan Williamson	Shetland AAC
	42	Steven Wright	Forres Harriers
	262	Stuart Michael	Inverness Harriers AAC
	2	Eoghan MacNamara	Inverness Harriers AAC
	41	Alastair Dunlop	Stornoway Running & AC
14:42	Event 64	U20 Women 100m (Final)	
	254	Corinna Marwick	Inverness Harriers AAC
	160	Correen Davies	Orkney Athletic Club
	53	Natalie MacDonald	Inverness Harriers AAC
	36	Jenny MacTaggart	Stornoway Running & AC
	259	Anita Evans	Inverness Harriers AAC
	198	Kirsty Laurenson	Shetland AAC
14:44	Event 65	U20 Men 100m (Final)	
	46	Jason MacLean	Inverness Harriers AAC
	166	Scott Fraser	East Sutherland AC
	48	Ross Freck	Inverness Harriers AAC
	49	Daryn Jack	East Sutherland AC
	253	Drew Spark	Inverness Harriers AAC
	165	Ronan Donaldson	Orkney Athletic Club
14:46	Event 66	Senior Men 100m (Final)	
	261	David Rafter	Caithness AAC
	43	Alastair Beaton	Inverness Harriers AAC
	39	Sam Freck	Inverness Harriers AAC
15:00	Event 67	U13 Girls 1500m (Final)	
	220	Emily Andrew	Inverness Harriers AAC
	222	Rachel Johnstone	Inverness Harriers AAC
15:00	Event 68	U15 Girls 1500m (Final)	
	80	Connie Campbell	Inverness Harriers AAC
	86	Hannah Rawlinson	Nairn AAAC
	94	Erin Robinson	Ross County AC
	95	Gabrielle MacGregor	Caithness AAC
	145	Isla Leslie	Orkney Athletic Club
	168	Constance Nankivell	East Sutherland AC
15:07	Event 69	U17 Women 1500m (Final)	
	155	Aimee Leask	Orkney Athletic Club
	167	Rosie Nankivell	East Sutherland AC
	251	Elyn Marwick	Inverness Harriers AAC
15:07	Event 70	U20 Women 1500m (Final)	
	54	Eilidh MacRae	East Sutherland AC
	161	Anna Tait	Orkney Athletic Club
15:14	Event 71	U13 Boys 1500m (Final)	
	21	Aodhan Finnegan	Stornoway Running & AC
	116	Alex Ellen	Ross County AC
	230	Sean Kelt	Ross County AC
	266	Blair Milne	Moray Road Runners
	270	Jack Seaton	Inverness Harriers AAC
	273	Angus Baker	Nairn AAAC

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15:21	Event 72	U15 Boys 1500m (Final)	
	28	Kyle Munro	Stornoway Running & AC
	84	Stuart Kirk	Caithness AAC
	106	Finlay Saunders	Inverness Harriers AAC
	150	Jack Duncan	Orkney Athletic Club
	173	Eohhann Gollan	East Sutherland AC
	239	Craig Wilson	Inverness Harriers AAC
	272	Jack Laing	Nairn AAAC
	278	Aiden Ferry	Forres Harriers
15:28	Event 73	U17 Men 1500m (Final)	
	61	James Geddes	Inverness Harriers AAC
	71	Liam Barnsby	East Sutherland AC
	183	Paul Morrison	North Uist AAC
	245	Luke Shaw	Inverness Harriers AAC
15:35	Event 74	U20 Men 1500m (Final)	
	51	Finlay Murray	East Sutherland AC
	172	Ross Gollan	East Sutherland AC
15:35	Event 75	Senior Men 1500m (Final)	
	38	Murdo MacKenzie	Stornoway Running & AC
	44	Craig Campbell	Inverness Harriers AAC
	264	Stephen MacKay	Inverness Harriers AAC
15:58	Event 80	U17 Women 200m (Final)	
	247	Rhiannon Kirk	Caithness AAC
	30	Eilidh MacLeod	Stornoway Running & AC
	70	Gillian Gordon	Inverness Harriers AAC
	65	Rebecca Matheson	Aberdeen AAC
	153	Taylah Spence	Orkney Athletic Club
	190	Tamar Moncrieff	Shetland AAC
	178	Skye Brannigan	North Uist AAC
16:02	Event 82	U20 Women 200m (Final)	
	254	Corinna Marwick	Inverness Harriers AAC
	163	Sarah MacPhail	Orkney Athletic Club
	36	Jenny MacTaggart	Stornoway Running & AC
	56	Sarah Henderson	Caithness AAC
	53	Natalie MacDonald	Inverness Harriers AAC
	198	Kirsty Laurenson	Shetland AAC
16:04	Event 83	U20 Men 200m (Final)	
	60	Joseph Frame	Caithness AAC
	48	Ross Freck	Inverness Harriers AAC
	166	Scott Fraser	East Sutherland AC
	49	Daryn Jack	East Sutherland AC
	165	Ronan Donaldson	Orkney Athletic Club
	162	Joe Gregg	Orkney Athletic Club
16:06	Event 84	Senior Men 200m (Final)	
	39	Sam Freck	Inverness Harriers AAC
	261	David Rafter	Caithness AAC
16:20	Event 85	U17 Men 1500m Steeple Chase (Final)	
	75	Andrew Johnstone	Inverness Harriers AAC

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09:00	Event 101 U15 Girls Hammer (3.00kg)	
	11 Lucy J McIntosh	Caithness AAC
	17 Kaitlyn Reid	Caithness AAC
	95 Gabrielle MacGregor	Caithness AAC
	99 Kelsey Barbour	Inverness Harriers AAC
09:00	Event 102 U17 Women Hammer (3.00kg)	
	63 Katie Stark	Inverness Harriers AAC
09:00	Event 103 U20 Women Hammer (4.00kg)	
	267 Emma Bowie	Moray Road Runners
09:00	Event 104 U15 Boys Hammer (4.00kg)	
	81 Alex Geddes	Inverness Harriers AAC
	88 Michael Jaffray	Inverness Harriers AAC
	103 Jack Wiseman	Elgin AAC
09:00	Event 105 U17 Men Hammer (5.00kg)	
	76 George Evans	Inverness Harriers AAC
	77 Ruairidh Gray	Inverness Harriers AAC
	78 Jack Mitchell	Moray Road Runners
	197 Connor MacDonald	Shetland AAC
09:00	Event 106 Senior Men Hammer (7.26kg)	
	40 David Ogilvie	Ross County AC
	263 Eddie McKenzie	Aberdeen AAC
09:15	Event 107 U13 Girls High Jump	
	114 Leah Ferguson	Nairn AAAC
	219 Eilidh MacPherson	Inverness Harriers AAC
09:15	Event 108 U13 Boys High Jump	
	110 Christopher Mack	Inverness Harriers AAC
	112 Robbie MacKenzie	Inverness Harriers AAC
	134 Charlie Pasotti	Orkney Athletic Club
	135 Ryan Tait	Orkney Athletic Club
	225 Fergus McWilliam	Inverness Harriers AAC
	231 Sam MacKintosh	Ross County AC
	265 Josh Milne	Moray Road Runners
10:30	Event 109 U15 Girls Long Jump	
	24 Annabel MacKay	Stornoway Running & AC
	86 Hannah Rawlinson	Nairn AAAC
	138 Mia MacIver	Orkney Athletic Club
	139 Verity Cairns	Orkney Athletic Club
	140 Molly Cant	Orkney Athletic Club
	141 Kirstin Flett	Orkney Athletic Club
	143 Mia MacAllister	Orkney Athletic Club
	144 Ellena Walker	Orkney Athletic Club
	201 Lucy Holden	Shetland AAC
	205 Karis Johnson	Shetland AAC
	206 Sophie Black	Shetland AAC
	234 Grace Whelan	Moray Road Runners

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10:30	Event 110 U15 Boys Long Jump	
	23 Alasdair Binns	Stornoway Running & AC
	28 Kyle Munro	Stornoway Running & AC
	29 Andrew Horne	Stornoway Running & AC
	100 Robert Thompson	Caithness AAC
	101 Callum Tynan	Inverness Harriers AAC
	106 Finlay Saunders	Inverness Harriers AAC
	127 Ruairidh Fraser	Inverness Harriers AAC
	149 Balfour Hay	Orkney Athletic Club
	179 Donald John MacMillan	North Uist AAC
	203 Dan Swanson	Shetland AAC
	204 Alana Smith	Shetland AAC
	216 Finn Rivett	Shetland AAC
	272 Jack Laing	Nairn AAAC
10:30	Event 111 U13 Girls Javelin (400g)	
	19 Ellie MacLean	Stornoway Running & AC
	109 Holly Rawlinson	Nairn AAAC
	113 Fiona Flockhart	Inverness Harriers AAC
	118 Ruby Dunkley	Nairn AAAC
10:30	Event 112 U13 Boys Javelin (400g)	
	20 David Morrison	Stornoway Running & AC
	22 Evan Trayner	Stornoway Running & AC
	233 Lewis Grant	Nairn AAAC
10:50	Event 113 U15 Boys Pole Vault	
	12 Andrew McFarlane	Inverness Harriers AAC
10:50	Event 114 U17 Men Pole Vault	
	7 Daniel McFarlane	Inverness Harriers AAC
10:50	Event 115 Senior Men Pole Vault	
	263 Eddie McKenzie	Aberdeen AAC
11:30	Event 116 U17 Women Javelin (500g)	
	72 Mary Flockhart	Inverness Harriers AAC
	191 Cara Steven	Shetland AAC
11:30	Event 117 U20 Women Javelin (600g)	
	4 Shannon Evers	Caithness AAC
	159 Thora Cant	Orkney Athletic Club
11:30	Event 118 Senior Women Javelin (600g)	
	258 Pauls Gass	Edinburgh AC
11:30	Event 119 U17 Men Javelin (700g)	
	7 Daniel McFarlane	Inverness Harriers AAC
	31 Jonathan Morrison	Stornoway Running & AC
	34 Connor MacLean	Stornoway Running & AC
	197 Connor MacDonald	Shetland AAC
	275 Finlay Summers	Stornoway Running & AC
11:30	Event 120 U20 Men Javelin (800g)	
	55 Callum Alexander	Moray Road Runners
	164 Alex Stevenson	Orkney Athletic Club
	166 Scott Fraser	East Sutherland AC
	253 Drew Spark	Inverness Harriers AAC

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11:30	Event 121 Senior Men Javelin (800g)		
	263	Eddie McKenzie	Aberdeen AAC
11:30	Event 122 U17 Women High Jump		
	30	Eilidh MacLeod	Stornoway Running & AC
	251	Elyn Marwick	Inverness Harriers AAC
11:30	Event 123 U20 Women High Jump		
	52	Anna Nelson	Inverness Harriers AAC
	163	Sarah MacPhail	Orkney Athletic Club
11:30	Event 124 Senior Women High Jump		
	257	Rachael MacKenzie	Inverness Harriers AAC
12:30	Event 125 U13 Girls Long Jump		
	18	Sian MacDonald	Stornoway Running & AC
	111	Mhairi Nairn	Inverness Harriers AAC
	114	Leah Ferguson	Nairn AAAC
	119	Mia Keogh	Inverness Harriers AAC
	122	Catriona Garvie	Inverness Harriers AAC
	128	Tegan Spence	Orkney Athletic Club
	129	Ellen Hay	Orkney Athletic Club
	131	Kally Milne	Orkney Athletic Club
	132	Hallie Gordon	Orkney Athletic Club
	184	Trinity Johnson	North Uist AAC
	207	Tahlia Farmer	Shetland AAC
	208	Niamh Wylie	Shetland AAC
	209	Katie Dinwoodie	Shetland AAC
	221	Mairi Darroch	Inverness Harriers AAC
	222	Rachel Johnstone	Inverness Harriers AAC
	223	Kirsty Suiter	Nairn AAAC
	229	Molly Comb	Nairn AAAC
12:30	Event 126 U13 Boys Long Jump		
	15	Amentep Booth	Caithness AAC
	22	Evan Trayner	Stornoway Running & AC
	135	Ryan Tait	Orkney Athletic Club
	210	Kennedy Moar	Shetland AAC
	211	Dylan Black	Shetland AAC
	231	Sam MacKintosh	Ross County AC
	233	Lewis Grant	Nairn AAAC
	276	Hamish Ambrose	Nairn AAAC
12:30	Event 127 U15 Girls Javelin (500g)		
	10	Stephanie Eysers	Caithness AAC
	25	Caitlin MacKenzie	Stornoway Running & AC
	91	Megan Munro	Inverness Harriers AAC
	102	Katie Gray	Inverness Harriers AAC
	142	Molly Tait	Orkney Athletic Club
	146	Erin Montgomery	Orkney Athletic Club
	202	Caitlin Ward	Shetland AAC
	236	Hannah Suiter	Nairn AAAC
	243	Katie Scott	Nairn AAAC
	244	Morven Scott	Nairn AAAC

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12:30	Event 128 U15 Boys Javelin (600g)	
	12 Andrew McFarlane	Inverness Harriers AAC
	28 Kyle Munro	Stornoway Running & AC
	82 Paddy Dunne	Inverness Harriers AAC
	85 Ewan Ogilvie	Ross County AC
	90 Cameron MacIntosh	Inverness Harriers AAC
	152 Harry Siderfin	Orkney Athletic Club
	180 Ronald MacMillan	North Uist AAC
	213 Eden Wadley	Shetland AAC
	240 Mackenzie Brown	Inverness Harriers AAC
12:30	Event 129 U17 Women Shot Putt (3.00kg)	
	6 Alison Horne	Aberdeen AAC
	63 Katie Stark	Inverness Harriers AAC
	72 Mary Flockhart	Inverness Harriers AAC
	147 Daria Byers	Orkney Athletic Club
12:30	Event 130 U20 Women Shot Putt (4.00kg)	
	159 Thora Cant	Orkney Athletic Club
	198 Kirsty Laurenson	Shetland AAC
	274 Shannon Sutherland	Nairn AAAC
12:30	Event 131 Senior Women Shot Putt (4.00kg)	
	258 Pauls Gass	Edinburgh AC
12:30	Event 132 U17 Men Shot Putt (5.00kg)	
	74 Daniel Wilby	Inverness Harriers AAC
	76 George Evans	Inverness Harriers AAC
	77 Ruairidh Gray	Inverness Harriers AAC
	156 Ewen Rorie	Orkney Athletic Club
	197 Connor MacDonald	Shetland AAC
	275 Finlay Summers	Stornoway Running & AC
12:30	Event 133 Senior Men Shot Putt (7.26kg)	
	3 Gary Sweeney	Moray Road Runners
	40 David Ogilvie	Ross County AC
	263 Eddie McKenzie	Aberdeen AAC
13:15	Event 134 U13 Girls Shot Putt (2.72kg)	
	19 Ellie MacLean	Stornoway Running & AC
	113 Fiona Flockhart	Inverness Harriers AAC
	122 Catriona Garvie	Inverness Harriers AAC
	130 Naomi Irvine	Orkney Athletic Club
	221 Mairi Darroch	Inverness Harriers AAC
13:15	Event 135 U13 Boys Shot Putt (3.25kg)	
	16 Reuben McFarlane	Inverness Harriers AAC
	20 David Morrison	Stornoway Running & AC
	21 Aodhan Finnegan	Stornoway Running & AC
	107 Matt MacFarlane	Inverness Harriers AAC
	108 Finbar Dunne	Inverness Harriers AAC
	136 Ronan Gray	Orkney Athletic Club
	218 Alexander MacKay	Ross County AC
	226 Toran Simmons	Nairn AAAC
	228 Mark MacLennan	Ross County AC
	232 Kai Bremner	Inverness Harriers AAC
	233 Lewis Grant	Nairn AAAC

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14:00	Event 136 U15 Girls High Jump	
	17 Kaitlyn Reid	Caithness AAC
	95 Gabrielle MacGregor	Caithness AAC
	105 Josie Stelle	Inverness Harriers AAC
	137 Amy Davis	Orkney Athletic Club
	140 Molly Cant	Orkney Athletic Club
	201 Lucy Holden	Shetland AAC
	269 Lauren Bell	Inverness Harriers AAC
14:00	Event 137 U15 Boys High Jump	
	9 Sam Anderson	Moray Road Runners
	101 Callum Tynan	Inverness Harriers AAC
	127 Ruairidh Fraser	Inverness Harriers AAC
	151 Sam Rendall	Orkney Athletic Club
	177 Jordan MacPherson	North Uist AAC
	235 Taylor Sim	Inverness Harriers AAC
	237 Iain McWilliam	Inverness Harriers AAC
	272 Jack Laing	Nairn AAAC
14:00	Event 138 U17 Women Discus (1.00kg)	
	6 Alison Horne	Aberdeen AAC
	63 Katie Stark	Inverness Harriers AAC
	69 Dionne Milne	Moray Road Runners
	72 Mary Flockhart	Inverness Harriers AAC
14:00	Event 139 U20 Women Discus (1.00kg)	
	274 Shannon Sutherland	Nairn AAAC
14:00	Event 140 Senior Women Discus (1.00kg)	
	1 Kirsty Law	Sale Harriers
14:00	Event 141 U17 Men Discus (1.5kg)	
	66 William Watts	Inverness Harriers AAC
	74 Daniel Wilby	Inverness Harriers AAC
	76 George Evans	Inverness Harriers AAC
14:00	Event 142 Senior Men Discus (2.00kg)	
	3 Gary Sweeney	Moray Road Runners
	40 David Ogilvie	Ross County AC
	263 Eddie McKenzie	Aberdeen AAC
15:00	Event 143 U15 Girls Shot Putt (3.00kg)	
	10 Stephanie Eysers	Caithness AAC
	11 Lucy J McIntosh	Caithness AAC
	25 Caitlin MacKenzie	Stornoway Running & AC
	99 Kelsey Barbour	Inverness Harriers AAC
	102 Katie Gray	Inverness Harriers AAC
	140 Molly Cant	Orkney Athletic Club
	142 Molly Tait	Orkney Athletic Club
	144 Ellena Walker	Orkney Athletic Club
	146 Erin Montgomery	Orkney Athletic Club
	148 Stella Kirkpatrick	Orkney Athletic Club
	199 Mhia Mouat	Shetland AAC
	214 Ellie Spence	Shetland AAC
	243 Katie Scott	Nairn AAAC
	244 Morven Scott	Nairn AAAC
	269 Lauren Bell	Inverness Harriers AAC

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15:00	Event 144 U15 Boys Shot Putt (4.00kg)	
	26 Haran Rabe	Stornoway Running & AC
	81 Alex Geddes	Inverness Harriers AAC
	103 Jack Wiseman	Elgin AAC
	152 Harry Siderfin	Orkney Athletic Club
	180 Ronald MacMillan	North Uist AAC
	188 Innes MacRae	North Uist AAC
	203 Dan Swanson	Shetland AAC
	213 Eden Wadley	Shetland AAC
	237 Iain McWilliam	Inverness Harriers AAC
15:00	Event 145 U13 Girls Discus (0.75kg)	
	113 Fiona Flockhart	Inverness Harriers AAC
15:00	Event 146 U13 Boys Discus (1.00kg)	
	15 Amentep Booth	Caithness AAC
	16 Reuben McFarlane	Inverness Harriers AAC
	107 Matt MacFarlane	Inverness Harriers AAC
	226 Toran Simmons	Nairn AAAC
	227 Arran Buchanan	Ross County AC
	228 Mark MacLennan	Ross County AC
	265 Josh Milne	Moray Road Runners
	266 Blair Milne	Moray Road Runners
	273 Angus Baker	Nairn AAAC
15:00	Event 147 U17 Women Long Jump	
	176 Mairi MacIntosh	North Uist AAC
	178 Skye Brannigan	North Uist AAC
	189 Sophie Moar	Shetland AAC
	190 Tamar Moncrieff	Shetland AAC
	250 Lauren Watson	Inverness Harriers AAC
15:00	Event 148 U20 Women Long Jump	
	36 Jenny MacTaggart	Stornoway Running & AC
	160 Correen Davies	Orkney Athletic Club
	163 Sarah MacPhail	Orkney Athletic Club
	255 Hannah Rogan	Forres Harriers
15:00	Event 149 U17 Men Long Jump	
	5 Imhotep Booth	Caithness AAC
	158 Fergus MacIvor	Orkney Athletic Club
	193 Caelen Rivett	Shetland AAC
	195 Sam Malcolmson	Shetland AAC
15:00	Event 150 U20 Men Long Jump	
	58 Leon Greig	Moray Road Runners
	162 Joe Gregg	Orkney Athletic Club
	164 Alex Stevenson	Orkney Athletic Club
15:00	Event 151 Senior Men Long Jump	
	261 David Rafter	Caithness AAC
16:00	Event 152 U17 Men High Jump	
	73 Findlay Donegan	Elgin AAC
16:00	Event 153 U20 Men High Jump	
	59 Benjamin Mitchell	Moray Road Runners
	164 Alex Stevenson	Orkney Athletic Club
	253 Drew Spark	Inverness Harriers AAC

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16:00	Event 154 U15 Girls Discus (1.00kg)	
	10 Stephanie Eysers	Caithness AAC
	25 Caitlin MacKenzie	Stornoway Running & AC
	99 Kelsey Barbour	Inverness Harriers AAC
	102 Katie Gray	Inverness Harriers AAC
	105 Josie Stelle	Inverness Harriers AAC
	146 Erin Montgomery	Orkney Athletic Club
16:00	Event 155 U15 Boys Discus (1.25kg)	
	26 Haran Rabe	Stornoway Running & AC
	81 Alex Geddes	Inverness Harriers AAC
	85 Ewan Ogilvie	Ross County AC
	90 Cameron MacIntosh	Inverness Harriers AAC
	103 Jack Wiseman	Elgin AAC
	152 Harry Siderfin	Orkney Athletic Club
16:00	Event 156 U17 Women Triple Jump	
	189 Sophie Moar	Shetland AAC
	251 Elyn Marwick	Inverness Harriers AAC
16:00	Event 157 U15 Boys Triple Jump	
	88 Michael Jaffray	Inverness Harriers AAC
	96 Andrew Stoker	Moray Road Runners
	127 Ruairidh Fraser	Inverness Harriers AAC
16:00	Event 158 U17 Men Triple Jump	
	31 Jonathan Morrison	Stornoway Running & AC
	73 Findlay Donegan	Elgin AAC
16:00	Event 159 U20 Men Triple Jump	
	58 Leon Greig	Moray Road Runners
	60 Joseph Frame	Caithness AAC