

NAIRN 10K 2014 RESULTS SHEET

Posn	Race No	First name	Surname	Club	Cat	Time
1	205	John	Newsom	Central AC	M	32:29
2	188	Graham	Bee	Inverness Harriers	M	33:06
3	281	Gordon	Lennox	Forres Harriers	M	33:27
4	186	Dean	Cunningham	Inverness Harriers	M	33:30
5	143	Kenny	Wilson	Moray Road Runners	M	33:55
6	319	Ronald	Gauld	Stonehaven RC	M	34:05
7	158	Paul	Miller	Inverness Harriers	MV	34:38
8	279	Stan	Mackenzie	Forres Harriers	MSV	34:44
9	55	Barry	Gibson	Metro Aberdeen	M	34:48
10	108	Paul	Hadden	Unattached	M	35:11
11	317	Grant	Boyne	Glasgow University AC	M	35:26
12	313	Alan	Read	Peterhead AAC	MV	35:36
13	260	Andrew	Blackhall	Fraserburgh RC	M	35:47
14	264	Jack	Trevelyan	Unattached	M	36:07
15	103	Michael	Geoghegan	Fraserburgh RC	M	36:20
16	312	Paul	Murdoch	Keith & District AAC	M	36:24
17	278	Ross	Nixon	Inverness Harriers	MV	36:26
18	284	William	Nicolson	Highland Hill Runners	M	36:32
19	157	Jonny	Macleod	Unattached	M	36:36
20	173	Jenny	Bannerman	Inverness Harriers	F	36:39
21	99	Ray	Creswell	Aberdeen AAC	MSV	37:02
22	229	Colin	Green	Moray Road Runners	MV	37:05
23	161	John	Goodall	Keith & District AAC	MSV	37:06
24	86	Malcolm	Beattie	Stonehaven RC	M	37:07
25	283	Kevin	Ewing	Keith & District AAC	MV	37:09
26	323	Hamish	Fraser	Unattached	M	37:13
27	195	Andrew	Morgan	Forres Harriers	M	37:25
28	87	Gemma	Cormack	Aberdeen AAC	F	37:58
29	269	Andrew	Inglis	Unattached	M	38:06
30	197	Tim	Cooke	Inverness Harriers	MV	38:09
31	255	David	Weir	Forres Harriers	MSV	38:16
32	171	Benjamin	Cluderay	Unattached	M	38:25
33	226	Jason	Wright	Unattached	MV	38:33
34	301	Rab	Murray	Unattached	MSV	38:34
35	235	Alasdair	Smith	Unattached	MSV	38:37
36	97	Waldemar	Krogulec	Highland Hill Runners	M	38:40
37	85	Peter	Fraser	Inverness Harriers	M	38:46
38	141	Stuart	Malcolm	Unattached	M	38:51
39	196	David	McCulloch	Forres Harriers	MV	39:11
40	209	Douglas	Cowie	Forres Harriers	MSV	39:25
41	223	Ewan	Gordon	Highland Hill Runners	MV	39:29
42	227	Stewart	Wilson	Inverness Harriers	MV	39:34
43	118	David	Pearks	Unattached	MV	39:43
44	41	Gavin	Smith	Unattached	M	39:45
45	168	Ross	Montgomery	Unattached	M	39:59
46	166	Gary	Grant	Unattached	MV	40:05
47	320	Michael	Barker	Stonehaven RC	MV	40:16

48	27	Lewis	Ingram	Unattached	M	40:17
49	280	Catriona	Fraser	Inverness Harriers	F	40:21
50	33	James	Thomson	Unattached	M	40:25
51	270	Brian	Fraser	Unattached	MV	40:31
52	174	Stephen	Fraser	Nairn Road Runners	MV	40:39
53	307	Harley	Davidson	Inverness Harriers	M	40:50
54	259	Ally	Mathers	Fraserburgh RC	MV	40:52
55	137	Graeme	Macleod	Nairn Road Runners	M	41:03
56	324	Tim	Pott	Forres Harriers	MSV	41:05
57	189	Louise	Cartmell	Moray Road Runners	F	41:11
58	58	Ross	MacLeod	Unattached	M	41:12
59	291	Keith	Webster	Keith & District AAC	MSV	41:18
60	111	Richard	Roberts	Highland Hill Runners	MSV	41:29
61	217	Nigel	Grant	Muir of Ord Jog Scot	MV	41:37
62	122	Nick	French	Unattached	M	41:42
63	248	Steven	Burnside	Unattached	M	42:45
64	163	Simon	Garland	Unattached	MV	41:54
65	208	Roma	Shepherd	Inverness Harriers	F	41:57
66	153	Iain	McIntyre	Nairn Road Runners	MSV	41:59
67	89	Ian	Allan	Unattached	M	42:06
68	220	Caroline	Marwick	Inverness Harriers	F	42:07
69	140	Graeme	Clark	Fraserburgh RC	MSV	42:12
70	247	John	Buchan	Unattached	M	42:13
71	334	Darrin	Cameron	Unattached	M	42:16
72	222	Campbell	Scott	Triathlon Inverness	MSV	42:18
73	56	James	Cruickshank	Metro Aberdeen	M	42:20
74	176	Hamish	Cameron	Forres Harriers	MSV	42:37
75	187	Megan	Bee	Highland Hill Runners	F	42:39
76	167	Barry	Stabies	Unattached	M	42:45
77	142	Adam	Crawford	Unattached	M	43:03
78	61	Iain	Thorburn	Unattached	MV	43:23
79	81	Jamie	Caine	Unattached	M	43:37
80	316	Colin	Macgregor	Unattached	M	43:41
81	314	Nigel	Williams	Unattached	MV	43:48
82	12	Finlay	Pennington	Muir of Ord Jog Scot	M	43:58
83	293	Mark	Priestley	Forres Harriers	MSV	44:04
84	185	Richard	Wilson	Unattached	MSV	44:27
85	258	Stewart	Donald	Unattached	MSV	44:33
86	191	Michael	Kane	Metro Aberdeen	MSV	44:36
87	268	Gordon	Mackintosh	Inverness Jog Scot	MSV	44:43
88	145	John-James	Day	Unattached	M	44:48
89	29	Alex	Munro	Highland Hill Runners	MV	44:54
90	98	John	McCrudden	Unattached	MV	45:00
91	261	Alastair	Blain	Unattached	MV	45:07
92	244	Robin	McLachlan	Unattached	M	45:12
93	5	Russell	Briggs	Unattached	M	45:27
94	47	Gordon	Munro	Unattached	MSV	45:47
95	219	Hugh	Marwick	Inverness Harriers	MV	45:50
96	18	Murray	Bryce	Cosmic Hill Bashers	MSV	45:51
97	68	Maureen	Mackie	Nairn Road Runners	FV	45:57

98	267	Darren	Reid	Inverness Jog Scot	MV	46:01
99	332	Ross	Henderson	Unattached	M	46:11
100	30	Timothy	Kirk	Midland Masters	MSV	46:14
101	124	Marie	Third	Keith & District AAC	F	46:14
102	31	Thomas	Barron	Unattached	M	46:16
103	53	David	Howes	Unattached	MV	46:18
104	59	Mike	Gage	Muir of Ord Jog Scot	MSV	46:24
105	285	George	Sneddon	Inverness Jog Scot	MV	46:27
106	250	Martin	Bain	Dufftown Jog Scotland	M	46:30
107	57	Andy	Wonnacott	Forres Harriers	MV	46:30
108	92	Steven	Mackay	Nairn Road Runners	M	46:38
109	162	Fiona	Simonelli	Unattached	F	46:52
110	233	Sarah	Houston	Moray Road Runners	FSV	46:59
111	237	Alan	McCulloch	Unattached	MV	47:03
112	216	Claire	Carr	Unattached	F	47:09
113	287	Stuart	Ross	Unattached	M	47:09
114	69	Jodi	Sharpe	Unattached	FV	47:10
115	19	Nicola	Douglas	Inverness Jog Scot	F	47:12
116	298	Will	Leitch	Nairn Road Runners	M	47:15
117	335	Neil	Campbell	Nairn Road Runners	MV	47:16
118	159	Ross	Perry	Muir of Ord Jog Scot	M	47:17
119	274	Clare	Nicholas	Forres Harriers	FV	47:22
120	308	John	Dean	Unattached	MSV	47:22
121	77	Susan	Hey	Nairn Road Runners	F	47:23
122	76	Danny	Bow	Nairn Road Runners	MSV	47:25
123	202	Stephen	Mitchell	Unattached	MV	47:36
124	200	Helen	Low	Moray Road Runners	FV	47:39
125	221	Ros	Wright	Forres Harriers	FSV	47:43
126	160	Gillian	Grant	Inverness Harriers	F	47:44
127	40	David	Nicol	Nairn Road Runners	MV	47:52
128	277	Michelle	Slater	Moray Road Runners	F	47:54
129	294	Frank	Cooper	Unattached	M	47:54
130	9	Duncan	Davidson	Unattached	MSV	47:58
131	336	Lambert	Munro	Forres Harriers	MSV	48:00
132	20	Alison	MacDonald	Inverness Jog Scot	FV	48:07
133	119	Steve	Jack	Unattached	MV	48:08
134	282	Nigel	Gerrard	Forres Jog Scotland	MV	48:08
135	333	Doreen	Campbell	Inverness Harriers	FV	48:10
136	104	Kevin	Sanders	Ivanhoe Runners	MSV	48:11
137	146	John	Day	Unattached	MSV	48:29
138	296	Ross	Fraser	Unattached	M	48:30
139	207	Lisa	Macrae	Inverness Harriers	F	48:34
140	10	Kenny	McDonald	Unattached	MSV	48:37
141	115	John	Holloway	Forres Harriers	MSV	48:38
142	94	Rory	Macrae	Unattached	M	48:39
143	39	Andy	Fraser	Unattached	MSV	48:44
144	132	Amanda	Buchan	Keith & District AAC	F	48:50
145	256	Poppy	Leask	Unattached	F	48:54
146	228	Amanda	Strang	Moray Road Runners	FV	49:01
147	302	Marsaili	McLaren	Nairn Road Runners	F	49:05

148	179	Innes	Dickinson	Unattached	MV	49:13
149	225	Alan	Falconer	Inverness Jog Scot	MV	49:23
150	75	Rich	Allan	Nairn Road Runners	MV	49:27
151	245	Alex	Sutherland	Inverness Harriers	MSV	49:42
152	96	Robert	Bruce	Moray Road Runners	MV	49:44
153	93	Joseph	Macrae	Unattached	M	49:48
154	62	Kara	Shuttleworth	Unattached	F	49:50
155	110	Mairi	Macinnes	Unattached	F	49:51
156	215	Gemma	Shaw	Unattached	F	49:53
157	231	Pam	Walker	Unattached	FSV	50:01
158	203	Jenny	Grant	Unattached	F	50:07
159	246	John	Chree	Unattached	M	50:14
160	133	Neil	Buchan	Unattached	M	50:15
161	265	John	Grieve	Unattached	MSV	50:19
162	288	Donald	Ross	Nairn Road Runners	MSV	50:22
163	300	Ian	McCuaig	Nairn Road Runners	MSV	50:24
164	192	Jeffrey	Mansfield	Unattached	MSV	50:25
165	36	John	Stuart	Unattached	MV	50:25
166	194	Colin	Ross	Unattached	MSV	50:31
167	16	Robert	Bowie	Jog Scotland	MV	50:32
168	51	Alfie	Stuart	Unattached	MV	50:41
169	199	Scott	Ogston	Unattached	M	50:53
170	198	Steven	Ogston	Unattached	M	50:53
171	91	Alan	Morris	Unattached	MSV	50:57
172	136	Mark	Clinton	Unattached	MV	50:59
173	150	Steve	Smith	Unattached	M	50:59
174	236	Mike	Dignan	Inverness Jog Scot	MSV	51:04
175	297	Mark	Findlay	Unattached	MV	51:10
176	257	Lucy	Westley	Unattached	F	51:12
177	230	Nadine	Williams	Forres Harriers	FV	51:14
178	175	Keith	Masson	Unattached	M	51:15
179	135	Fiona	Mackay	Inverness Harriers	FSV	51:20
180	321	Ailsa	Herbert	Stonehaven RC	F	51:25
181	251	Jenny	Russell	Elgin Jog Scotland	F	51:30
182	331	Sarah	Harper	Unattached	F	51:35
183	243	Mike	Milmoe	Forres Harriers	MSV	51:37
184	310	Richard	Dean	Unattached	M	51:39
185	211	Donna	Bisset	Nairn Road Runners	F	51:42
186	286	Lynn	Masson	Forres Jog Scotland	F	51:46
187	181	Malcolm	Christie	Elgin AAC	MSV	52:12
188	252	Emma	Spackman	Elgin Jog Scotland	F	52:13
189	123	Corinne	Ferguson	Nairn Road Runners	FSV	52:13
190	102	Jennifer	Saunders	Nairn Road Runners	F	52:14
191	21	Kenneth	Templeton	Jog Scotland	MV	52:20
192	74	Amanda	Simpson	Unattached	FV	52:22
193	201	Lee	Ross	Inverness Harriers	FSV	52:22
194	315	William	Merchant	Unattached	MV	52:25
195	44	Roslynn	Matheson	Unattached	FV	52:32
196	13	Angela	Mitchell	Unattached	FV	52:51
197	149	Julie	Bhatti	Nairn Road Runners	FV	52:54

198	273	Anne	Docherty	Forres Harriers	FSV	53:00
199	64	Drew	Boa	Unattached	M	53:07
200	232	Toks	Osunrinade	Unattached	MV	53:11
201	148	Elaine	Schiavone	Forres Harriers	FSV	53:13
202	64	Drew	Boa	Unattached	M	53:15
203	154	Douglas	Mackenzie	Unattached	MSV	53:18
204	292	Ron	Wild	Unattached	MSV	53:34
205	114	Norma	Breathet	Nairn Road Runners	FV	53:35
206	234	Donna	McLean	Unattached	FV	53:39
207	210	Duncan	Sutherland	Unattached	MSV	53:48
208	38	Suzanne	Gray	Keith Jog Scot	F	53:51
209	213	Billy	Hardie	Forres Jog Scotland	MSV	53:53
210	54	Mark	Forbes	Unattached	M	53:59
211	45	Andy	Green	Nairn Road Runners	MV	54:04
212	73	Shona	Spencer	Forres Harriers	FV	54:10
213	32	Barry	Ross	Unattached	M	54:12
214	17	Caroline	Bowie	Jog Scotland	FV	54:18
215	224	Siobhan	Macbean	Inverness Jog Scot	FV	54:19
216	178	Lucy	Moseley	Unattached	F	54:22
217	43	Robert	Campbell	Unattached	MSV	54:29
218	266	Louise	Macbean	Nairn Road Runners	F	54:33
219	253	Clare	Petrie	Nairn Road Runners	FV	54:38
220	325	Sandra	McCrudden	Unattached	FV	54:44
221	240	Alison	Cameron	Dingwall Jog Scotland	FV	54:44
222	126	Tom	Hassan	Unattached	MSV	54:49
223	14	Nicky	Nash	Unattached	FV	54:53
224	299	David	Clark	Unattached	MV	54:59
225	311	Jacki	Marshall	Unattached	FV	55:01
226	28	Siobhan	Ingram	Unattached	FV	55:03
227	204	David	Macfadyen	Unattached	MSV	55:06
228	330	Ailene	Cameron	Nairn Road Runners	FV	55:07
229	184	Alasdair	Macdonald	Unattached	MSV	55:09
230	95	Carol	Simmonds	Unattached	FSV	55:09
231	289	Kirsty	Ross	Unattached	F	55:10
232	131	Diane	Stark	Inverness Jog Scot	FV	55:15
233	152	Simon	Campbell	Unattached	MV	55:18
234	128	Jane	Adamson	Unattached	F	55:19
235	23	Bernie	Stevens	Unattached	MV	55:19
236	22	Debra	Templeton	Jog Scotland	FV	55:26
237	322	Clare	Rhind	Unattached	FSV	55:28
238	151	Jenni	Coelho	Moray Road Runners	FV	55:31
239	105	Andrew	Brown	Unattached	MV	55:36
240	169	Alan	Forsyth	Unattached	MSV	55:40
241	49	Karen	Robertson	Unattached	FV	56:09
242	113	Katherine	Dunbar	Moray Road Runners	FV	56:10
243	295	Alexander	Wilkes	Moray Road Runners	M	56:12
244	48	Alison	MacLeod	Unattached	FV	56:24
245	303	Lesley	Green	Unattached	F	56:29
246	35	Les	Hood	Unattached	MSV	56:30
247	144	Marsaili	Macleod	Unattached	FV	56:33

248	63	Karen	Homer	Unattached	FSV	56:38
249	239	Antonia	Macdonald	Unattached	FV	56:40
250	183	Mairi	Nicholson	Unattached	FV	56:57
251	130	Lorna	Fife	Inverness Harriers	FV	56:58
252	88	Rhoda	Charlton	Unattached	F	57:15
253	80	Gordon	Cruickshank	Nairn Road Runners	MV	57:36
254	147	Alex	Whittall	Unattached	M	57:46
255	170	Annelise	Glew	Speyside Jog Scotland	FV	57:49
256	238	Janet	Smith	Nairn Road Runners	FV	57:53
257	193	Ian	Angus	Unattached	MSV	58:07
258	134	Graeme	Pittillo	Unattached	MV	58:09
259	84	Debbie	Lennox	Buckie Jog Scotland	F	58:11
260	272	Michael	Laing	Unattached	MV	58:18
261	306	Claire	Morrison	Unattached	F	58:29
262	214	Sarah	Ralph	Unattached	FV	58:36
263	327	Jackie	Fraser	Unattached	F	58:39
264	177	Jennifer	Nicol	Unattached	F	58:40
265	309	Rachel	Chalmers	Unattached	F	58:52
266	72	Lewis	MacLean	Unattached	MV	59:54
267	127	Sheila	Hassan	Unattached	FSV	59:58
268	46	John	Gellatly	Unattached	MSV	60:04
269	172	Aileen	Paterson	Nairn Road Runners	FSV	60:11
270	254	Erin	Wilson	Nairn Road Runners	F	60:15
271	11	Lorraine	McDonald	Unattached	FV	60:22
272	212	Rhoda	Ewing	Keith Jog Scotland	FSV	61:01
273	26	Michael	Aitken	Unattached	MSV	61:01
274	65	Anne	Mawdsley	Unattached	FSV	61:17
275	271	Neil	Duncan	Unattached	MV	61:28
276	100	Brian	Haddow	Inverness Jog Scot	MV	61:34
277	326	Tony	Lister	Nairn Road Runners	MV	61:40
278	70	Graham	Boyle	Unattached	MSV	61:56
279	290	Barbara	Stearn	Keith Jog Scotland	FSV	62:34
280	165	Roddy	Macleod	Unattached	MSV	62:40
281	50	Michelle	Ure	Unattached	FV	62:40
282	164	Fiona	McDonald	Unattached	F	62:41
283	4	Jackie	MacKay	Unattached	FSV	62:49
284	276	Eilidh	Mackenzie	Unattached	F	63:00
285	275	James	McTavish	Unattached	M	63:00
286	60	Val	Gage	Muir of Ord Jog Scot	FSV	63:11
287	67	Brenda	Hepburn	Unattached	F	63:42
288	25	Helen	Apps	Inverness Jog Scot	FSV	64:01
289	139	Louise	Macdonald	Nairn Road Runners	F	64:08
290	218	Aileen	Mackintosh	Nairn Road Runners	F	64:10
291	37	Loretta	Gray	Keith & District	FV	64:26
292	329	Helen	Hughes	Unattached	FV	64:50
293	328	Shona	Fraser	Unattached	FSV	64:50
294	24	Jackie	Verner	Unattached	FV	65:11
295	109	Charlotte	Rushforth	Unattached	F	65:14
296	242	Mary	Mitchell	Fife AC	FSV	65:23
297	120	Claire	Johnston	Unattached	F	65:36

298	121	Jean-Marie	West	Unattached	F	65:36
299	263	Graham	Horne	Unattached	M	65:52
300	262	Carol	Horne	Unattached	F	65:52
301	3	Ann	Lee	Unattached	FSV	66:11
302	180	Alison	Fraser	Unattached	F	66:18
303	42	Donna	Lawrie	Unattached	F	66:24
304	83	David	Morton	Unattached	M	66:28
305	82	Janina	Louw	Unattached	F	66:28
306	138	Rebecca	Macdonald	Nairn Road Runners	F	67:11
307	182	Carol	Leaper	Unattached	FSV	67:25
308	90	Caroline	Gass	Muir of Ord Jog Scot	FV	67:42
309	79	Andrew	Paterson	Nairn Road Runners	MV	67:42
310	66	Hollie	Munro	Unattached	F	68:06
311	206	Becky	Cathro	Nairn Road Runners	F	68:06
312	106	Avril	Stuart	Speyside Runners	FV	68:43
313	107	Lorraine	Milne	Speyside Runners	F	68:43
314	117	Catriona	Rawlinson	Unattached	FSV	69:56
315	305	Dionne	Allan	Unattached	F	70:34
316	304	Rebekah	Morganti	Unattached	F	70:34
317	190	Sue	Rees	Unattached	FSV	72:24
318	156	Fiona	Kirk	Unattached	F	73:05
319	1	Sarah	McIntosh	Unattached	F	74:22
320	112	Alice	Griffins	Inverness Jog Scot	F	74:24
321	129	Fiona	Owens	Inverness Jog Scot	FV	74:26
322	241	Amy	McCrudden	Nairn Road Runners	F	75:59
323	101	Shona	Haddow	Inverness Jog Scot	FV	77:40
324	116	David	Bruce	Inverness Jog Scot	MV	77:50
325	78	Kellie	McLaclan	Unattached	F	79:11
326	155	Royce	Kirk	Unattached	MSV	79:12