

Meeting 4

Date & Venues :- 4th August at CP Dundee & QP Inverness

TRACK			FIELD		
12 : 00	75m Hurdles	Under 14 Girls	12 : 00	Shot Putt	Under 16 Girls
	80m Hurdles	Under 16 Girls		High Jump	Under 16 Boys
	80m Hurdles	Under 14 Boys		Long Jump	Under 18 / Sen Men
	100m Hurdles	Under 18 Women		Discus	Under 12 Boys
	100m Hurdles	Under 16 Boys			
	100m Hurdles	Women			
	110m Hurdles	Under 18 Men	1 : 00 pm	Javelin*	Under 16 Boys
	110m Hurdles	Men		Javelin*	Under 18 / Sen W
1 : 15 pm	150m	Under 10 Girls		Long Jump	Under 14 Girls
	150m	Under 10 Boys		High Jump	Under 14 Boys
	150m	Under 12 Girls		** Combined	(same weight)
	150m	Under 12 Boys	2 : 00 pm	Shot Putt	Under 10 Girls
	200m	Under 14 Girls		Long Jump*	Under 10 Boys
	200m	Under 14 Boys		Long Jump*	Under 18 / Sen W
	200m	Under 16 Girls		Javelin	Under 12 Girls
	200m	Under 16 Boys		** 2 Pits Req	
	200m	Under 18 Women	3 : 00 pm	High Jump	Under 12 Boys
	200m	Under 18 Men		Javelin*	Under 14 Boys
	200m	Women		Javelin*	Under 14 Girls
	200m	Men		Long Jump	Under 16 Girls
2 : 30 pm	600m	Under 10 Girls		**Run one	after the other
	600m	Under 10 Boys	4 : 00 pm	Javelin	Under 18 / Sen Men
	600m	Under 12 Girls		Long Jump*	Under 10 Girls
	600m	Under 12 Boys		Long Jump*	Under 12 Girls
	800m	Under 14 Girls		Shot Putt	Under 10 Boys
	800m	Under 16 Girls		** 2 Pits req	
	800m	Under 18 Women			
	800m	Women			
	800m	Under 14 Boys			
	800m	Under 16Boys			
	800m	Under 18Men			
	800m	Men			
4 : 00 pm	4 x 100m	Under 10 Girls			
	4 x 100m	Under 10 Boys			
	4 x 100m	Under 12 Girls			
	4 x 100m	Under 12 Boys			
	4 x 100m	Under 14 Girls			
	4 x 100m	Under 14 Boys			
	4 x 100m	Under 16 Girls			
	4 x 100m	Under 16 Boys			
	4 x 100m	Under 18 Women			
	4 x 100m	Under 18 Men			
	4 x 100m	Women			
	4 x 100m	Men			