



INVERNESS HARRIERS CLUB CHAMPIONSHIPS

Tuesday 20th August 2013

6.45PM	100 MTRS	UNDER 11 M/F UNDER 13 UNDER 15 UNDER 17 UNDER 20 SENIOR
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7.00PM	JAVELIN (POOL 1)	UNDER 11 M/F UNDER 13
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7.15PM	JAVELIN (POOL 2)	UNDER 15 M/F UNDER 17 UNDER 20 SENIOR
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7.45PM	800MTRS	UNDER 11 M/F UNDER 13 UNDER 15 UNDER 17 UNDER 20 SENIOR
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Note

All events and times are approximate and can be adjusted to suit on the evening.

Scoring will be done by Decathlon/Pentathlon point scoring system.

The five highest scoring events will be counted towards overall club age group champion.

Awards will be presented at the AGM and Awards Ceremony on Friday 28th September.



INVERNESS HARRIERS CLUB CHAMPIONSHIPS

Thursday 22nd August 2013

6.45pm	1500mtrs	UNDER 15 M/F UNDER 17 UNDER 20 SENIOR UNDER 11 UNDER 13
7.05	High Jump	UNDER 15 M/F UNDER 17 UNDER 20 SENIOR
7.30	Long Jump	UNDER 11 M/F UNDER 13
8.15	Shot Putt	UNDER 20 M/F SENIOR

Note

All events and times are approximate and can be adjusted to suit on the evening.

Scoring will be done by Decathlon/Pentathlon point scoring system.

The five highest scoring events will be counted towards overall club age group champion.

Awards will be presented at the AGM and Awards Ceremony on Friday 28th September.



INVERNESS HARRIERS CLUB CHAMPIONSHIPS

Tuesday 27th August 2013

6.45pm	200mtrs	UNDER 17 M/F UNDER 20 SENIOR UNDER 11 UNDER 13 UNDER 15
7.00pm	Discus	UNDER 20 M/F SENIOR
7.00pm	Long Jump	UNDER 15 M/F UNDER 17
7.30pm	Shot Putt	UNDER 11 M/F UNDER 13
8.00pm	300/400mtr Hurdles	UNDER 17 M/F UNDER 20 SENIOR

Note

All events and times are approximate and can be adjusted to suit on the evening.

Scoring will be done by Decathlon/Pentathlon point scoring system.

The five highest scoring events will be counted towards overall club age group champion.

Awards will be presented at the AGM and Awards Ceremony on Friday 28th September.



INVERNESS HARRIERS CLUB CHAMPIONSHIPS

Thursday 29thth August 2013

6.45pm	300mtrs 400mtrs	UNDER 17 F UNDER 17 M/F UNDER 20 SENIOR
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6.45pm	High Jump	UNDER 11 M/F UNDER 13
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6.45pm	Discus	UNDER 15 M/F UNDER 17
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7.15pm	Long Jump	UNDER 20 M/F SENIOR
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8.00pm	3000mtrs	UNDER 15 M/F UNDER 17 UNDER 20 SENIOR
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Note

All events and times are approximate and can be adjusted to suit on the evening.

Scoring will be done by Decathlon/Pentathlon point scoring system.

The five highest scoring events will be counted towards overall club age group champion.

Awards will be presented at the AGM and Awards Ceremony on Friday 28th September.



INVERNESS HARRIERS CLUB CHAMPIONSHIPS

Tuesday 3rd September 2013

6.45pm	70M Hurdles	UNDER 13 F
	75M "	UNDER 13 M
	75M "	UNDER 15 F
	80M "	UNDER 15 M
	80M "	UNDER 17 F
	100M "	UNDER 17 M
	100M "	UNDER 20 F
	100M "	SENIOR F
	110M "	UNDER 20 M
	110M "	SENIOR M
7.15PM	DISCUS	UNDER 11 M/F UNDER 13
7.30PM	TRIPLE JUMP	UNDER 15 M/F UNDER 17 UNDER 20 SENIOR
8.005PM	SHOT PUTT	UNDER 15 M/F UNDER 17

Note

All events and times are approximate and can be adjusted to suit on the evening.

Scoring will be done by Decathlon/Pentathlon point scoring system.

The five highest scoring events will be counted towards overall club age group champion.

Awards will be presented at the AGM and Awards Ceremony on Friday 28th September.