

INVERNESS HARRIERS OPEN GRADED MEETING (as per UK Athletics rules)

SUNDAY 8TH SEPTEMBER 2013 QUEEN'S PARK TRACK, INVERNESS

ATHLETE INFO & ENTRY FORM Closing Date for entry is: 1st SEPTEMBER 2013

COMPETITION INFORMATION, RULES AND GUIDELINES

All athletes must pre-enter to guarantee entry

Entries accepted on the day.

Entry forms ONLY accepted with Entry Fee payment

1 Event = £3 3 or more Events = £7

Note: As per Scottish Athletics rules: non-SAL registered athletes will be charged an additional £2 levy per athlete. Register with Scottish Athletics online at www.scottishathletics.org.uk

Declarations: Athletes must declare at least 60mins before their Event. Declarations begin at 8.30am **All** declarations close an hour before event.

Electronic Timing: will be in use

Vest & Numbers: Athletes must wear club or Scottish Colours. Vest numbers will be supplied.

Bring 8 pins.

Track Spikes: maximum 6mm

First Aiders: will be in attendance

CAMERA & VIDEO EQUIPMENT: All camera and video equipment must be registered with the Sports Centre at reception prior to the start of the meeting. This is a Stadium Rule. Any refusal to cease recording with unauthorised equipment will result in removal of the person from Inverness Leisure premises.

IMPORTANT: For athlete safety, the use of portable electronic devices (including ipods and mobile phones) will not be permitted inside the competition area. Any such devices found in use within the competition area shall be confiscated by the Track/Field Referee. Devices will be returned to the athlete after their competition and can be collected and signed for at admin hut.

Sunday 8th September 2013 First event at 9.30am Expected close by 3.30pm																
Entries Close – Sunday 1st September 2013 Venue – Queen's Park Track Inverness																
Age Group	Senior		U20		U17		U15		U13		U11					
Born in																
Max events	No Limit to events taken		U20 max 5 Events/U17max 3 Events				3 Events max									
Sex	M	F	M	F	M	F	M	F	M	F			M	F		
Events available on the day	100	100	100	100	100	100	100	100	100	100			75	75		
	200	200	200	200	200	200	200	200	200	200			150	150		
	400	400	400	400	400	300	400	300	800	800			600	600		
	800	800	800	800	800	800	800	800					LJ	LJ		
	1500	1500	1500	1500	1500	1500	1500	1500					SP	SP		
	3000	3000	3000	3000	3000	3000	3000	3000					2.72K	2.72K		
									Jav	Jav						
									400g	300g						
									SP	SP						
									3.25K	2.72K						
	Dis	Dis	Dis	Dis	Dis	Dis	Dis	Dis	Dis							
	2K	1K	1.75	1K	1.5	1K	1.25	1K								
	HJ	HJ	HJ	HJ	HJ	HJ			HJ	HJ						
	LJ	LJ	LJ	LJ	LJ	LJ	LJ									
	SP	SP	SP	SP	SP	SP	SP	SP	SP							
	7.26	4K	6K	4K	5K	4K	4K	3.25K								
	Jav	Jav	Jav	Jav	Jav	Jav	Jav	Jav	Jav							
	800g	600g	800g	600g	700g	600g	600g	600g	600g							

2013 INVERNESS HARRIERS OPEN MEETING(as per UKA Rules) - Entry Form 8th September 2013

First Name:				Date of Birth:				
Last Name:						Sex:		
Address:								
Post Code:				Phone Number:				
Email address:								
Club:				Scottish Athletics No:				
Born in:								
Age Group (please circle)	U11		U13	U15	U17		U20	SEN
Please enter your PB (personal best) to ensure that you compete against athletes of similar ability								
I wish to enter the following events			PB in 2012/13			Age Group when you did PB		
I enclose payment of £_____ for entry fees. <u>Please make all cheques payable to Inverness Harriers</u>								
Declaration Signature: <small>(Parent or Guardian if the athlete is aged 15 or younger)</small>						Date:		

COMPETITION INFORMATION, RULES AND GUIDELINES

Timetable: will be posted on the [scottishathletics](http://scottishathletics.com) website

Track Information: All Athletes will be running in their individual age groups and race against those of similar age within this age band. Athletes in the U20 and Senior age groups may be required to run together in the same heats regardless of sex depending on the entry for that event this is to ensure that each athlete gains the appropriate competition.(as per UKA rules)

Field Events Information: All field events will be in Age Groups except for U20 and Senior athletes who may have to compete together depending on the entry for that event regardless of age or sex so as to ensure that each athlete gains the appropriate competition.(as per UKA rules)

Field Trials: (except High Jump and Pole Vault) Athletes will receive 4 trials for each event.

Photography: Tick this box, if you **DO NOT** consent to Photographs being taken of you being used by Inverness Harriers and Highland & Islands Athletic Partnership for promotional purposes.

Send completed forms with Entry Fee Payment to:
Keith Geddes, 25 Greenwood Gardens, Milton Of Leys
Inverness, IV2 6GP

CLOSING DATE: Sunday 1st September