

Inverness Harriers July Open Meeting 2013

Track Events				Field Events				
11:30	11:30	1	U13 Girls 70m Hurdles	11:00	11:00	101	U15 Girls Hammer (3.00kg)	
	11:40	2	U15 Girls 75m Hurdles		11:00	102	U15 Boys Hammer (4.00kg)	
	11:40	3	U13 Boys 75m Hurdles		11:00	103	U17 Men Hammer (5.00kg)	
	11:45	4	U17 Men 100m Hurdles		11:00	104	U17 Women Hammer (4.00kg)	
12:00	5	U15 Boys 3000m	11:00		105	Senior Women Hammer (4.00kg)		
12:00	12:00	6	U20 Men 3000m	11:30	11:30	106	U11 Boys Long Jump	
	12:00	7	Senior Women 3000m		11:30	107	U11 Girls Long Jump	
	12:00	8	Senior Men 3000m		11:30	108	U15 Girls Discus (1.00kg)	
	12:15	9	U11 Girls 150m		11:30	109	U15 Boys Discus (1.25kg)	
12:15	12:15	10	U11 Boys 150m		11:30	110	U13 Girls High Jump	
	12:20	11	U13 Girls 200m	11:30	111	U15 Girls High Jump		
	12:20	12	U15 Girls 200m	12:30	12:30	112	U17 Women Discus (1.00kg)	
	12:20	13	U13 Boys 200m		12:30	113	U17 Men Discus (1.50kg)	
	12:24	14	U15 Boys 200m		12:30	114	Senior Men Discus (2.00kg)	
	12:27	15	U17 Women 200m		12:30	115	U13 Girls Shot Putt (2.72kg)	
	12:30	16	U20 Women 200m		12:30	116	U13 Boys Shot Putt (3.25kg)	
	12:30	17	Senior Women 200m		12:30	117	U20 Women High Jump	
	12:30	18	U17 Men 200m		12:30	118	Senior Women High Jump	
	12:33	19	U20 Men 200m		12:30	119	U17 Men High Jump	
	12:35	20	Senior Men 200m		13:30	13:30	120	U13 Boys Long Jump
	12:37	21	U11 Girls 600m			13:30	121	U15 Boys Long Jump
12:40	12:40	22	U11 Boys 600m	14:15	14:15	123	U17 Women Shot Putt (4.00kg)	
	12:40	23	U13 Girls 800m		14:15	124	U20 Women Shot Putt (4.00kg)	
	12:50	24	U15 Girls 800m		14:15	125	Senior Women Shot Putt (4.00kg)	
	13:00	25	U13 Boys 800m		14:15	126	U17 Men Shot Putt (5.00kg)	
	13:00	26	U15 Boys 800m		14:15	127	Senior Men Shot Putt (7.26kg)	
	13:10	27	U17 Women 800m		14:15	128	U13 Girls Long Jump	
	13:10	28	U20 Women 800m		14:15	129	U15 Girls Long Jump	
	13:10	29	Senior Women 800m		14:45	14:45	130	U11 Girls Shot Putt (2.72kg)
	13:10	30	U17 Men 800m	14:45		131	U11 Boys Shot Putt (2.72kg)	
	13:10	31	U20 Men 800m	14:45		132	U15 Boys Javelin (600g)	
	13:50	13:50	32	U11 Girls 75m		14:45	133	U15 Girls Javelin (600g)
13:50		33	U11 Boys 75m	14:45		134	U17 Women Long Jump	
13:54		34	U13 Girls 100m	14:45		135	U20 Women Long Jump	
13:57		35	U15 Girls 100m	14:45		136	Senior Women Long Jump	
13:59		36	U13 Boys 100m	14:45	137	U17 Men Long Jump		
14:02		37	U15 Boys 100m	14:45	138	U20 Men Long Jump		
14:05		38	U17 Women 100m	14:45	139	U13 Boys High Jump		
14:05		39	Senior Women 100m	14:45	140	U15 Boys High Jump		
14:06		40	U17 Men 100m					
14:10		41	U20 Men 100m					
14:10	42	Senior Men 100m						
14:20	14:20	43	U13 Boys 1500m					
	14:30	44	U15 Girls 1500m					
	14:30	45	U17 Women 1500m					
	14:30	46	U20 Men 1500m					
14:45	14:45	47	U15 Girls 300m					
	14:45	48	U17 Women 300m					
15:00	15:00	49	U15 Boys 400m					
	15:00	50	U17 Men 400m					
	15:05	51	U20 Women 400m					
	15:05	52	Senior Women 400m					
	15:05	53	U20 Men 400m					
	15:05	54	Senior Men 400m					