

INVERNESS HARRIERS OPEN MEETING (as per UK Athletics rules)

SUNDAY 7 TH JULY QUEEN'S PARK TRACK, INVERNESS

ATHLETE INFO & ENTRY FORM Closing Date for entry is: 30th June

Sunday 7th July 2013 First event at 9.30am Expected close by 4pm

Entries Close – Sunday 30th June 2013

Venue – Queen's Park Track Inverness

Age Group	Senior		U20		U17		U15		U13				U11							
Born in																				
Max event s	No Limit to events taken		U20 max 5 Events/U17max 3 Events				3 Events max													
Sex	M		M	F	M	F	M	F	M	F			M	F						
Events available on the day	100	100	100	100	100	100	100	100	100	100			75	75						
	200	200	200	200	200	200	200	200	200	200			150	150						
	400	400	400	400	400	300	400	300					600	600						
	800	800	800	800	800	800	800	800	800	800			LJ	LJ						
	1500	1500	1500	1500	1500	1500	1500	1500	1500	1200			SP 2.72K	SP 2.72K						
	3000	3000	3000	3000	3000	3000	3000	3000	75H	70H										
	110H	100H	110H	100H	100H	80H	80H	75H												
	HJ	HJ	HJ	HJ	HJ	HJ	HJ	HJ	SP 3.25K	SP 2.72K										
	LJ	LJ	LJ	LJ	LJ	LJ	LJ	LJ	LJ	LJ										
							JAV 600g	JAV 600g	HJ	HJ										
	DIS 2.0K	DIS 1.0K	DIS 1.75	DIS 1.0K	DIS 1.5K	DIS 1.0K	DIS 1.25	DIS 1.00K												
	SP 7.26	SP 4K	SP 6K	SP 4K	SP 5K	SP 4K														
	HAM 7.26K	HAM 4K	HAM 6K	HAM 4K	HAM 5K	HAM 4K	HAM 4K	HAM 3K												

COMPETITION INFORMATION, RULES AND GUIDELINES

All athletes must pre-enter to guarantee entry

Entries accepted on the day .

Entry forms ONLY accepted with Entry Fee payment

1 Event = £3 3 or more Events = £7

Note: As per Scottish Athletics rules: non-SAL registered athletes will be charged an additional £2 levy per athlete. Register with Scottish Athletics online at www.scottishathletics.org.uk

Declarations: Athletes must declare at least 45mins before their event. Declaration begin at 8.30am.

Electronic Timing: will be in use

Vest & Numbers: Athletes must wear club or Scottish Colours. Vest numbers will be supplied. Bring 8 pins.

Track Spikes: maximum 6mm

First Aiders: will be in attendance

CAMERA & VIDEO EQUIPMENT: All camera and video equipment must be registered with the Sports Centre at reception prior to the start of the meeting. This is a Stadium Rule. Any refusal to cease recording with unauthorised equipment will result in removal of the person from Inverness Leisure premises.

IMPORTANT: For athlete safety, the use of portable electronic devices (including ipods and mobile phones) will not be permitted inside the competition area. Any such devices found in use within the competition area shall be confiscated by the Track/Field Referee. Devices will be returned to the athlete after their competition and can be collected and signed for at admin hut.

2013 INVERNESS HARRIERS OPEN MEETING(as per UKA Rules) - Entry Form 7th July 2013

First Name:				Date of Birth:				
Last Name:						Sex:		
Address:								
Post Code:				Phone Number:				
Email address:								
Club:				Scottish Athletics No:				
Born in:								
Age Group (please circle)	U11		U13	U15	U17		U20	SEN
Please enter your PB (personal best) to ensure that you compete against athletes of similar ability								
I wish to enter the following events				PB in 2012/13		Age Group when you did PB		
I enclose payment of £_____ for entry fees. <u>Please make all cheques payable to Inverness Harriers</u>								
Declaration Signature: (Parent or Guardian if the athlete is aged 15 or younger)						Date:		

COMPETITION INFORMATION, RULES AND GUIDELINES

Timetable: will be posted on the [scottishathletics](http://scottishathletics.co.uk) website

Track Information: All Athletes will be running in their individual age groups and race against those of similar age within this age band. Athletes in the U20 and Senior age groups may be required to run together in the same heats regardless of sex depending on the entry for that event this is to ensure that each athlete gains the appropriate competition.(as per UKA rules)

Field Events Information: All field events will be in Age Groups except for U20 and Senior athletes who may have to compete together depending on the entry for that event regardless of age or sex so as to ensure that each athlete gains the appropriate competition.(as per UKA rules)

Field Trials: (except High Jump and Pole Vault) Athletes will receive 4 trials for each event.

Photography: Tick this box, if you DO NOT consent to Photographs being taken of you being used by Inverness Harriers and Highland & Islands Athletic Partnership for promotional purposes.

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Send completed forms with Entry Fee Payment to:

John Findlayson, 15 Woodlands Terrace, Westhill
Inverness IV2 5DP

CLOSING DATE:
Sunday 30th June