

North District Track & Field Championships 2013

U14 Girls

U14 Girls 100m (Final)

ws -3.2

1	Rachelle Matheson	Elgin AAC	14.26	PB
2	Mary MacLeod	Stornoway Running & AC	14.55	PB
3	Kirstin Flett	Orkney Athletic Club	14.68	
4	Erin McKay	Ross County AC	14.88	
5	Heather Bruce	Ross County AC	14.91	PB
6	Mia MacAlister	Orkney Athletic Club	15.07	
7	Jessica Golden	Inverness Harriers AAC	15.08	PB
8	Emma Rogan	Forres Harriers	15.49	

U14 Girls 100m (Heat 1)

ws -2.2

1	Rachelle Matheson	Elgin AAC	14.43	
2	Kirstin Flett	Orkney Athletic Club	14.87	
3	Erin McKay	Ross County AC	15.05	
4	Eilidh Magill	Inverness Harriers AAC	15.49	
5	Caitlin Ward	Shetland AAC	15.70	
6	Sonja Scollay	Shetland AAC	15.96	
7	Holly Rawlingson	Nairn AAAC	16.46	PB

U14 Girls 100m (Heat 2)

ws -2.7

1	Mary MacLeod	Stornoway Running & AC	14.69	
2	Heather Bruce	Ross County AC	14.81	PB
3	Emma Rogan	Forres Harriers	15.15	
4	Ellie Spence	Shetland AAC	15.46	
5	Lucy Holden	Shetland AAC	15.76	
6	Mairi Weir	Elgin AAC	16.44	

U14 Girls 100m (Heat 3)

ws -2.8

1	Mia MacAlister	Orkney Athletic Club	14.95	
2	Jessica Golden	Inverness Harriers AAC	15.00	
3	Lucy McIntosh	Caithness AAC	15.86	
4	Meg Crockett	Ross County AC	16.24	
5	Sophie Black	Shetland AAC	16.47	
6	Niamh Wylie	Shetland AAC	17.55	

U14 Girls 200m (Final)

ws -4.4

1	Charlotte Bevan	Moray Road Runners	29.06	PB
2	Amy Davis	Orkney Athletic Club	29.24	PB
3	Catriona Rigby	Stornoway Running & AC	29.74	
4	Josie Steele	Inverness Harriers AAC	29.79	PB
5	Rachelle Matheson	Elgin AAC	29.89	PB
6	Grace Whelan	Moray Road Runners	30.51	PB
7	Mary MacLeod	Stornoway Running & AC	31.08	

U14 Girls 200m (Heat 1)

ws -2.1

1	Charlotte Bevan	Moray Road Runners	28.48	PB
2	Amy Davis	Orkney Athletic Club	29.11	PB
3	Rachelle Matheson	Elgin AAC	29.12	PB
4	Erin McKay	Ross County AC	30.62	
5	Sonja Scollay	Shetland AAC	32.83	
6	Meg Crockett	Ross County AC	32.89	PB
7	Hannah Rawlinson	Nairn AAAC	33.01	

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U14 Girls 200m (Heat 2)

ws -1.8

1	Josie Steele	Inverness Harriers AAC	29.39	PB
2	Mary MacLeod	Stornoway Running & AC	30.28	
3	Jessica Golden	Inverness Harriers AAC	30.44	PB
4	Heather Bruce	Ross County AC	30.56	PB
5	Kirstin Flett	Orkney Athletic Club	30.58	PB
6	Ellie Spence	Shetland AAC	32.52	
7	Sophie Black	Shetland AAC	32.96	
8	Holly Rawlingson	Nairn AAAC	33.16	PB

U14 Girls 200m (Heat 3)

ws -2.3

1	Catriona Rigby	Stornoway Running & AC	29.39	
2	Grace Whelan	Moray Road Runners	30.20	PB
3	Emma Rogan	Forres Harriers	31.59	PB
4	Mia MacAlister	Orkney Athletic Club	32.02	
5	Caitlin Ward	Shetland AAC	32.66	
6	Niamh Wylie	Shetland AAC	35.49	

U14 Girls 75m Hurdles (Final)

ws -2.0

1	Charlotte Bevan	Moray Road Runners	13.54	PB
2	Eilidh Magill	Inverness Harriers AAC	14.48	PB
3	Mairi Weir	Elgin AAC	15.25	
4	Kim Johnston	Caithness AAC	17.64	
5	Erin Britton	Caithness AAC	17.86	

U14 Girls 800m (Final)

1	Constance Nankivell	East Sutherland AC	2:31.76	PB
2	Grace Whelan	Moray Road Runners	2:32.10	PB
3	Charlotte Hill	Inverness Harriers AAC	2:34.10	
4	Lauren McCulloch	East Sutherland AC	2:42.73	
5	Sophie Black	Shetland AAC	2:47.37	PB
6	Catriona Rigby	Stornoway Running & AC	2:48.95	PB
7	Connie Campbell	Inverness Harriers AAC	2:55.54	
8	Hannah Rawlinson	Nairn AAAC	2:57.76	PB
9	Kim Johnston	Caithness AAC	3:13.95	
10	Mairi Weir	Elgin AAC	3:20.82	
11	Emily Munro	Stornoway Running & AC	3:28.58	

U14 Girls Discus (0.75kg)

1	Josie Steele	Inverness Harriers AAC	22.98	PB
2	Stephanie Evers	Caithness AAC	18.29	PB
3	Caitlin MacKenzie	Stornoway Running & AC	11.63	

U14 Girls High Jump

1	Amy Davis	Orkney Athletic Club	1.50	PB	CBP
2	Lucy Holden	Shetland AAC	1.35		
3	Jessica Golden	Inverness Harriers AAC	1.30	PB	
4	Molly Cant	Orkney Athletic Club	1.25	PB	
5	Kim Johnston	Caithness AAC	1.10		
6	Erin Britton	Caithness AAC	1.10		

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U14 Girls Javelin (400g)

1	Stephanie Eyers	Caithness AAC	22.88	PB
2	Sasha Miller	Orkney Athletic Club	21.38	PB
3	Caitlin MacKenzie	Stornoway Running & AC	18.12	PB
4	Caitlin Ward	Shetland AAC	17.46	
5	Katie Gray	Inverness Harriers AAC	17.11	
6	Molly Cant	Orkney Athletic Club	11.99	
7	Holly Rawlingson	Nairn AAAC	10.96	
8	Hannah Rawlinson	Nairn AAAC	9.82	

U14 Girls Long Jump

1	Josie Steele	Inverness Harriers AAC	3.92	
2	Lucy Holden	Shetland AAC	3.86	
3	Mary MacLeod	Stornoway Running & AC	3.80	
4	Charlotte Hill	Inverness Harriers AAC	3.78	PB
5	Kirstin Flett	Orkney Athletic Club	3.71	
6	Eilidh Magill	Inverness Harriers AAC	3.62	
7	Mia MacAlister	Orkney Athletic Club	3.44	
8	Catriona Rigby	Stornoway Running & AC	3.41	
9	Lucy McIntosh	Caithness AAC	3.24	
10	Ellie Spence	Shetland AAC	3.05	
11	Niamh Wylie	Shetland AAC	2.62	

U14 Girls Shot Putt (2.72kg)

1	Stephanie Eyers	Caithness AAC	8.07	PB
2	Sasha Miller	Orkney Athletic Club	7.12	PB
3	Caitlin MacKenzie	Stornoway Running & AC	6.75	PB
4	Lucy McIntosh	Caithness AAC	6.43	PB
5	Katie Gray	Inverness Harriers AAC	6.25	
6	Emily Munro	Stornoway Running & AC	6.03	

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U16 Girls

U16 Girls 100m (Final)

ws -1.3

1	Taylah Spence	Orkney Athletic Club	13.16	
2	Lauren Alice Bell	Moray Road Runners	13.37	
3	Rebecca Matheson	Elgin AAC	13.57	
4	Abbie MacKay	Stornoway Running & AC	13.67	
5	Rhiannan MacIntosh	Inverness Harriers AAC	13.74	
6	Mhia Mouat	Shetland AAC	14.14	PB
7	Eilidh MacLeod	Stornoway Running & AC	14.20	
8	Hannah Suiter	Nairn AAAC	14.58	

U16 Girls 100m (Heat 1)

ws -3.2

1	Taylah Spence	Orkney Athletic Club	13.09	
2	Rebecca Matheson	Elgin AAC	13.44	
3	Lauren Alice Bell	Moray Road Runners	13.49	
4	Rhiannan MacIntosh	Inverness Harriers AAC	13.52	PB
5	Eilidh MacLeod	Stornoway Running & AC	13.99	
6	Mhia Mouat	Shetland AAC	14.04	PB
7	Heather Marie MacKinnon	South Uist & Eriskay AC	14.36	PB
8	Kaitlyn Reid	Caithness AAC	15.61	

U16 Girls 100m (Heat 2)

ws -2.0

1	Abbie MacKay	Stornoway Running & AC	13.50	
2	Hannah Suiter	Nairn AAAC	14.32	
3	Katlyn MacLennan	North Uist AAC	14.36	
4	Tamar Moncrieff	Shetland AAC	14.40	PB
5	Daria Byers	Orkney Athletic Club	16.86	

U16 Girls 1500m (Final)

1	Mary McIntosh	Nairn AAAC	5:08.49	
2	Jennifer Bichan	Orkney Athletic Club	5:09.14	PB
3	Lucy Massie	Forres Harriers	5:11.46	PB
4	Lauren Fraser	Inverness Harriers AAC	5:13.04	
5	Rhiannon Kirk	Caithness AAC	5:20.37	PB
6	Rosie Nankivell	East Sutherland AC	5:35.58	PB

U16 Girls 200m (Final)

ws -4.1

1	Gillian Gordon	Inverness Harriers AAC	27.19	
2	Taylah Spence	Orkney Athletic Club	27.29	PB
3	Rhiannan MacIntosh	Inverness Harriers AAC	27.89	PB
4	Rebecca Matheson	Elgin AAC	28.58	
5	Eilidh MacLeod	Stornoway Running & AC	29.37	
6	Mhia Mouat	Shetland AAC	30.07	

U16 Girls 200m (Heat 1)

ws -1.5

1	Taylah Spence	Orkney Athletic Club	27.20	PB
2	Rhiannan MacIntosh	Inverness Harriers AAC	27.91	PB
3	Rebecca Matheson	Elgin AAC	28.19	
4	Mhia Mouat	Shetland AAC	28.41	PB
5	Abbie MacKay	Stornoway Running & AC	28.53	PB
6	Keira MacLeod	Inverness Harriers AAC	29.10	
7	Jenny Campbell	Nairn AAAC	30.57	PB
8	Amy Hutchison	Stornoway Running & AC	31.58	

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U16 Girls 200m (Heat 2)

ws -4.2

1	Gillian Gordon	Inverness Harriers AAC	27.45	
2	Eilidh MacLeod	Stornoway Running & AC	28.93	
3	Tamar Moncrieff	Shetland AAC	29.83	
4	Megan Munro	Inverness Harriers AAC	29.95	
5	Fern MacDonald	North Uist AAC	31.11	
6	Rhiannon Kirk	Caithness AAC	31.57	
7	Mary Wescott	Nairn AAAC	32.19	PB
8	Kloe Gibson	Nairn AAAC	34.24	PB

U16 Girls 300m (Final)

1	Gillian Gordon	Inverness Harriers AAC	42.09	PB
2	Megan Munro	Inverness Harriers AAC	44.99	PB
3	Cara Steven	Shetland AAC	46.19	PB
4	Erina Brown	Orkney Athletic Club	47.54	PB
5	Amy Hutchison	Stornoway Running & AC	49.01	PB

U16 Girls 800m (Final)

1	Lucy Massie	Forres Harriers	2:25.95	
2	Cara Steven	Shetland AAC	2:30.90	PB
3	Fern MacDonald	North Uist AAC	2:39.23	
4	Erina Brown	Orkney Athletic Club	2:42.73	

U16 Girls 80m Hurdles (Final)

ws -1.7

1	Maya Stewart Rizza	Inverness Harriers AAC	13.43	
2	Keira MacLeod	Inverness Harriers AAC	14.28	
3	Lauren Watson	Inverness Harriers AAC	14.38	
4	Heather Marie MacKinnon	South Uist & Eriskay AC	15.34	
5	Katlyn MacLennan	North Uist AAC	15.85	
6	Hannah Suiter	Nairn AAAC	16.12	
7	Jenny Campbell	Nairn AAAC	16.75	
8	Kloe Gibson	Nairn AAAC	17.44	

U16 Girls Discus (1kg)

1	Alison Horne	Inverness Harriers AAC	26.04	PB
2	Mary Flockhart	Inverness Harriers AAC	22.62	
3	Katie Stark	Inverness Harriers AAC	21.05	
4	Erin Montgomery	Orkney Athletic Club	14.16	
5	Kaitlyn Reid	Caithness AAC	12.07	

U16 Girls Hammer (3kg)

1	Katie Stark	Inverness Harriers AAC	19.38	
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U16 Girls High Jump

1	Lauren Alice Bell	Moray Road Runners	1.50	
2	Eilidh MacLeod	Stornoway Running & AC	1.45	PB
3	Keira MacLeod	Inverness Harriers AAC	1.40	
4	Maya Stewart Rizza	Inverness Harriers AAC	1.40	
5	Lauren Watson	Inverness Harriers AAC	1.40	
6	Eliza Perdu	Shetland AAC	1.35	PB
7	Hannah Suiter	Nairn AAAC	1.35	
8	Kaitlyn Reid	Caithness AAC	1.25	

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U16 Girls Javelin (600g)

1	Mary Flockhart	Inverness Harriers AAC	29.93	PB
2	Claire Johnston	Shetland AAC	25.59	
3	Eliza Perdu	Shetland AAC	24.96	PB
4	Erin Montgomery	Orkney Athletic Club	23.41	
5	Kate Scott	Nairn AAAC	21.87	
6	Mary Wescott	Nairn AAAC	15.34	
7	Megan Munro	Inverness Harriers AAC	13.93	

U16 Girls Long Jump

1	Heather Marie MacKinnon	South Uist & Eriskay AC	4.54	PB
2	Kayla Smith	Orkney Athletic Club	4.40	
3	Abbie MacKay	Stornoway Running & AC	4.39	
4	Rhiannan MacIntosh	Inverness Harriers AAC	4.33	PB
5	Cara Steven	Shetland AAC	4.28	PB
6	Lauren Watson	Inverness Harriers AAC	4.23	
7	Erina Brown	Orkney Athletic Club	4.03	
8	Rhiannon Kirk	Caithness AAC	3.70	
9	Mary Wescott	Nairn AAAC	3.50	

U16 Girls Shot Putt (3.25kg)

1	Alison Horne	Inverness Harriers AAC	10.38	
2	Katie Stark	Inverness Harriers AAC	9.25	
3	Claire Johnston	Shetland AAC	9.18	PB
4	Kate Scott	Nairn AAAC	8.51	
5	Erin Montgomery	Orkney Athletic Club	8.19	
6	Lauren Alice Bell	Moray Road Runners	7.87	
7	Mhia Mouat	Shetland AAC	7.09	
8	Eliza Perdu	Shetland AAC	6.83	PB
9	Daria Byers	Orkney Athletic Club	6.20	

North District Track & Field Championships 2013

U18 Women

U18 Women 100m (Final)

ws -2.3

1	Natalie MacDonald	Inverness Harriers AAC	13.91	
2	Molly Morgan	Shetland AAC	14.00	
3	Jodie Drever	Orkney Athletic Club	14.06	
4	Anita Evans	Inverness Harriers AAC	14.60	PB
5	Kirsty Laurenson	Shetland AAC	14.95	PB
6	Ann Marie Beaton	North Uist AAC	15.12	
7	Leanne Cursiter	Orkney Athletic Club	15.61	

U18 Women 100m (Heat 1)

ws -2.9

1	Natalie MacDonald	Inverness Harriers AAC	13.91	
2	Kirsty Laurenson	Shetland AAC	14.43	PB
3	Ann Marie Beaton	North Uist AAC	15.06	
4	Leanne Cursiter	Orkney Athletic Club	15.22	
5	Hannah Rogan	Forres Harriers	16.42	

U18 Women 100m (Heat 2)

ws -1.5

1	Jodie Drever	Orkney Athletic Club	13.82	
2	Molly Morgan	Shetland AAC	13.98	
3	Anita Evans	Inverness Harriers AAC	14.22	
4	Coreen Davies	Orkney Athletic Club	14.43	

U18 Women 1500m (Final)

1	Zoe Hayward	Forres Harriers	5:50.37	
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U18 Women 200m (Final)

ws -3.4

1	Sarah Henderson	Caithness AAC	27.32	
2	Katie Snedden	Inverness Harriers AAC	28.28	
3	Natalie MacDonald	Inverness Harriers AAC	28.84	
4	Peigi MacKellar	Stornoway Running & AC	28.90	
5	Catriona Holland	Ross County AC	30.04	PB
6	Kirsty Laurenson	Shetland AAC	30.70	
7	Anita Evans	Inverness Harriers AAC	31.06	

U18 Women 200m (Heat 1)

1	Sarah Henderson	Caithness AAC	28.25	
2	Katie Snedden	Inverness Harriers AAC	28.40	
3	Jodie Drever	Orkney Athletic Club	29.07	
4	Catriona Holland	Ross County AC	29.92	PB
5	Kirsty Laurenson	Shetland AAC	30.04	
6	Zoe Hayward	Forres Harriers	30.81	

U18 Women 200m (Heat 2)

ws -3.1

1	Natalie MacDonald	Inverness Harriers AAC	28.73	
2	Peigi MacKellar	Stornoway Running & AC	28.84	
3	Anita Evans	Inverness Harriers AAC	30.07	
4	Georgia MacLennan	Stornoway Running & AC	30.84	
5	Leanne Cursiter	Orkney Athletic Club	31.32	

U18 Women 300m (Final)

1	Sarah Henderson	Caithness AAC	42.96	PB
2	Molly Morgan	Shetland AAC	44.67	
3	Ann Marie Beaton	North Uist AAC	49.96	

U18 Women 300m Hurdles (Final)

1	Shannon Sutherland	Nairn AAAC	52.20	
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U18 Women 800m (Final)

1	Heather Campbell	Inverness Harriers AAC	2:25.62	
2	Peigi MacKellar	Stornoway Running & AC	2:27.48	PB
3	Catriona Holland	Ross County AC	2:51.72	

U18 Women Discus (1kg)

1	Dionne Milne	Moray Road Runners	36.90	
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U18 Women Hammer (4kg)

1	Emma Bowie	Moray Road Runners	49.30	CBP
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U18 Women High Jump

1	Sarah MacPhail	Orkney Athletic Club	1.60	PB
2	Shannon Sutherland	Nairn AAAC	1.50	

U18 Women Javelin (600g)

1	Thora Cant	Orkney Athletic Club	34.75	
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U18 Women Long Jump

1	Molly Morgan	Shetland AAC	4.41	
2	Coreen Davies	Orkney Athletic Club	4.20	

U18 Women Shot Putt (4kg)

1	Shannon Sutherland	Nairn AAAC	8.24	PB
2	Dionne Milne	Moray Road Runners	8.09	
3	Kirsty Laurenson	Shetland AAC	7.23	PB

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U20 Women

U20 Women 100m (Final)		ws -2.1			
1	Ailie Rodgers	Inverness Harriers AAC	13.85		
U20 Women 100m Hurdles (Final)		ws -2.7			
1	Anna Nelson	Inverness Harriers AAC	16.49		
2	Jennie Anne Will	Inverness Harriers AAC	19.64		
U20 Women 2000m Steeple Chase (Final)					
1	Mhairi MacLennan	Inverness Harriers AAC	8:05.87		
U20 Women 200m (Final)		ws -4.1			
1	Ailie Rodgers	Inverness Harriers AAC	29.42		
U20 Women 3000m (Final)					
1	Rachael MacLennan	Nairn AAAC	11:35.08		
U20 Women 400m Hurdles (Final)					
1	Anna Nelson	Inverness Harriers AAC	65.35	PB	CBP
2	Jennie Anne Will	Inverness Harriers AAC	83.72		
U20 Women Discus (1kg)					
1	Louise Milne	Ellon AC	25.46	PB	
U20 Women Hammer (4kg)					
1	Kelly Bodley	Ellon AC	39.39		
U20 Women High Jump					
1	Anna Nelson	Inverness Harriers AAC	1.60		
U20 Women Javelin (600g)					
1	Paula Gass	Edinburgh AC	40.83	PB	CBP
2	Shannon Evers	Caithness AAC	31.19		
U20 Women Long Jump					
1	Sarah Murphy	Ellon AC	4.97	PB	CBP
2	Alicia MacSween	Unattached	4.94		
U20 Women Shot Putt (4kg)					
1	Louise Milne	Ellon AC	8.51		
U20 Women Triple Jump					
1	Paula Gass	Edinburgh AC	10.56	PB	CBP

North District Track & Field Championships 2013

Senior Women

Senior Women 100m (Final)

ws -2.1

1	Eleanor Briggs	Inverness Harriers AAC	13.00
2	Margaret MacRae	Orkney Athletic Club	13.20

Senior Women 1500m (Final)

	Kathryn Evans	Edinburgh AC	4:47.57
1	Jenny Bannerman	Inverness Harriers AAC	4:50.68

Senior Women 200m (Final)

1	Eleanor Briggs	Inverness Harriers AAC	26.79
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Senior Women 400m (Final)

1	Kathryn Evans	Edinburgh AC	56.46
2	Eleanor Briggs	Inverness Harriers AAC	59.36
3	Jennifer Harrison	Moray Road Runners	60.32

Senior Women High Jump

1	Rachael MacKenzie	Inverness Harriers AAC	1.71
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Senior Women Long Jump

1	Eleanor Briggs	Inverness Harriers AAC	4.73
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Senior Women Triple Jump

1	Rachael MacKenzie	Inverness Harriers AAC	10.63
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North District Track & Field Championships 2013

U14 Boys

U14 Boys 100m (Final)

ws -2.0

1	Kieran Barnsby	East Sutherland AC	13.57	
2	Balfour Hay	Orkney Athletic Club	13.73	
3	Andrew Stoker	Moray Road Runners	13.79	
4	Dan Swanson	Shetland AAC	14.56	
5	Ryan Nicholson	Inverness Harriers AAC	14.79	
6	Lewis Ross	Inverness Harriers AAC	15.51	
7	Taylor Sim	Inverness Harriers AAC	15.52	PB
8	Conor Hendry	Caithness AAC	15.61	PB

U14 Boys 100m (Heat 1)

ws -2.7

1	Balfour Hay	Orkney Athletic Club	13.63	
2	Kieran Barnsby	East Sutherland AC	13.84	
3	Ryan Nicholson	Inverness Harriers AAC	14.64	
4	Conor Hendry	Caithness AAC	15.34	PB
5	Stephen Netherington	North Uist AAC	15.65	
6	Finn Rivett	Shetland AAC	15.84	

U14 Boys 100m (Heat 2)

ws -2.4

1	Andrew Stoker	Moray Road Runners	13.91	
2	Dan Swanson	Shetland AAC	14.45	
3	Lewis Ross	Inverness Harriers AAC	15.12	
4	Taylor Sim	Inverness Harriers AAC	15.41	PB
5	George Kerr	Nairn AAAC	16.11	
6	Fraser Mohun	East Sutherland AC	16.24	

U14 Boys 200m (Final)

ws -1.4

1	Kieran Barnsby	East Sutherland AC	27.95	PB
2	Balfour Hay	Orkney Athletic Club	27.99	PB
3	Andrew Stoker	Moray Road Runners	27.99	
4	Dan Swanson	Shetland AAC	30.64	
5	Ross Budge	Stornoway Running & AC	31.85	PB
6	Lewis Ross	Inverness Harriers AAC	32.19	
7	Ryan Nicholson	Inverness Harriers AAC	34.03	

U14 Boys 200m (Heat 1)

ws -3.0

1	Balfour Hay	Orkney Athletic Club	27.47	PB
2	Andrew Stoker	Moray Road Runners	27.56	
3	Ross Budge	Stornoway Running & AC	31.08	PB
4	Ryan Nicholson	Inverness Harriers AAC	31.38	
5	Taylor Sim	Inverness Harriers AAC	31.80	
6	Finlay MacVicar	North Uist AAC	32.84	
7	Finn Rivett	Shetland AAC	33.53	

U14 Boys 200m (Heat 2)

ws -3.3

1	Kieran Barnsby	East Sutherland AC	29.00	
2	Dan Swanson	Shetland AAC	29.98	
3	Lewis Ross	Inverness Harriers AAC	30.66	
4	Donald John MacMillan	North Uist AAC	32.06	
5	Conor Hendry	Caithness AAC	32.20	PB
6	Keir Beaton	East Sutherland AC	34.11	

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U14 Boys 800m (Final)

1	Joe Arnaud	Inverness Harriers AAC	2:29.70	PB
2	Keir Beaton	East Sutherland AC	2:33.68	
3	Henry Kerr	Nairn AAAC	2:36.23	
4	Stuart Kirk	Caithness AAC	2:39.66	PB
5	Charlie Leveson Gower	North Uist AAC	2:43.38	
6	Adam Allan	East Sutherland AC	2:47.29	
7	Finlay MacVicar	North Uist AAC	2:51.23	
8	Sam Worthing	Inverness Harriers AAC	2:53.22	
9	Finn Rivett	Shetland AAC	2:53.30	PB
10	Struan Oliver Jones	East Sutherland AC	3:04.08	

U14 Boys 80m Hurdles (Final)

ws -3.9

1	Ross Budge	Stornoway Running & AC	16.16	
2	Stuart Kirk	Caithness AAC	16.55	PB
3	Charlie Pasotti	Orkney Athletic Club	16.94	

U14 Boys Discus (1kg)

1	Alex Geddes	Inverness Harriers AAC	31.85	PB	CBP
2	Harry Siderfin	Orkney Athletic Club	17.05	PB	
3	Fraser Mohun	East Sutherland AC	16.30		
4	Jack Wiseman	Elgin AAC	15.60		

U14 Boys Hammer (3kg)

1	Jack Wiseman	Elgin AAC	16.47	
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U14 Boys High Jump

1	Andrew McFarlane	Inverness Harriers AAC	1.53	PB	CBP
2	Ruairidh Fraser	Inverness Harriers AAC	1.30		
3	Rory Mighton	Stornoway Running & AC	1.25		
4	Charlie Pasotti	Orkney Athletic Club	1.25	PB	
5	Taylor Sim	Inverness Harriers AAC	1.20	PB	

U14 Boys Javelin (400g)

1	Andrew McFarlane	Inverness Harriers AAC	38.07	PB	CBP
2	Harry Siderfin	Orkney Athletic Club	30.14	PB	
3	Ewan Ogilvie	Ross County AC	29.89	PB	
4	Alex Geddes	Inverness Harriers AAC	26.78	PB	
5	Lewis Ross	Inverness Harriers AAC	19.45		
6	Donald John MacMillan	North Uist AAC	16.84		
7	Sam Worthing	Inverness Harriers AAC	15.43	PB	

U14 Boys Long Jump

1	Balfour Hay	Orkney Athletic Club	4.55	
2	Dan Swanson	Shetland AAC	4.17	
3	Kieran Barnsby	East Sutherland AC	4.17	
4	Henry Kerr	Nairn AAAC	4.06	
5	Ruairidh Fraser	Inverness Harriers AAC	4.03	
6	Sam Worthing	Inverness Harriers AAC	3.81	
7	Keir Beaton	East Sutherland AC	3.69	
8	Rory Mighton	Stornoway Running & AC	3.46	
9	George Kerr	Nairn AAAC	3.36	
10	Andrew Stoker	Moray Road Runners	3.23	
11	Fraser Mohun	East Sutherland AC	3.14	
12	Ross Budge	Stornoway Running & AC	3.13	

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U14 Boys Shot Putt (3.25kg)

1	Andrew McFarlane	Inverness Harriers AAC	10.39	
2	Alex Geddes	Inverness Harriers AAC	9.31	
3	Harry Siderfin	Orkney Athletic Club	7.40	PB
4	Jack Wiseman	Elgin AAC	6.44	
5	Stuart Kirk	Caithness AAC	6.19	PB
6	Stephen Netherington	North Uist AAC	5.91	
7	Matt MacFarlane	Inverness Harriers AAC	4.68	PB

North District Track & Field Championships 2013

U16 Boys

U16 Boys 100m (Final)

ws -3.4

1	Alasdair Stark	Inverness Harriers AAC	12.39	PB
2	Alexander Nicholson	Inverness Harriers AAC	12.72	
3	Lewis Hendry	Elgin AAC	12.81	PB
4	Alasdair Rigby	Stornoway Running & AC	12.83	
5	Daniel McFarlane	Inverness Harriers AAC	13.04	
6	Andrew Horne	Stornoway Running & AC	13.34	
7	Findlay Donegan	Elgin AAC	13.47	
8	Rory Harkness	Shetland AAC	13.63	PB

U16 Boys 100m (Heat 1)

ws -1.6

1	Alasdair Stark	Inverness Harriers AAC	12.32	PB
2	Alexander Nicholson	Inverness Harriers AAC	12.36	
3	Lewis Hendry	Elgin AAC	12.51	PB
4	Alasdair Rigby	Stornoway Running & AC	12.62	PB
5	Andrew Horne	Stornoway Running & AC	12.93	
6	Rory Harkness	Shetland AAC	13.06	PB
7	Neil MacMillan	North Uist AAC	14.62	

U16 Boys 100m (Heat 2)

ws -1.9

1	Daniel McFarlane	Inverness Harriers AAC	12.74	
2	Findlay Donegan	Elgin AAC	13.03	PB
3	Calum Fraser	North Uist AAC	13.37	
4	Hakki Spence	Shetland AAC	13.73	
5	Jonathan Morrison	Stornoway Running & AC	14.26	PB
6	Robert Thompson	Caithness AAC	16.69	PB

U16 Boys 100m Hurdles (Final)

ws -2.7

1	Imhotep Booth	Caithness AAC	18.72	PB
2	Logan Mathieson	Ross County AC	22.38	PB

U16 Boys 1500m (Final)

1	Jack Duncan	Orkney Athletic Club	4:35.80	
2	James Geddes	Inverness Harriers AAC	4:39.40	PB
3	Owen Vesey	North Uist AAC	4:50.62	

U16 Boys 200m (Final)

ws -4.1

1	Lewis Hendry	Elgin AAC	25.45	PB
2	Alexander Nicholson	Inverness Harriers AAC	25.56	
3	Alasdair Rigby	Stornoway Running & AC	25.58	
4	Michael Wilde	Inverness Harriers AAC	25.58	PB
5	Callum Campbell	North Uist AAC	25.88	
6	Rory Harkness	Shetland AAC	26.96	
7	Andrew Horne	Stornoway Running & AC	27.90	
8	Findlay Donegan	Elgin AAC	28.62	

U16 Boys 200m (Heat 1)

ws -3.7

1	Alasdair Rigby	Stornoway Running & AC	25.51	
2	Alexander Nicholson	Inverness Harriers AAC	25.54	PB
3	Callum Campbell	North Uist AAC	25.72	
4	Rory Harkness	Shetland AAC	27.06	
5	Findlay Donegan	Elgin AAC	27.39	
6	Finlay Summers	Stornoway Running & AC	27.43	
7	Euan Rorie	Orkney Athletic Club	30.31	PB

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U16 Boys 200m (Heat 2)

ws -3.0

1	Lewis Hendry	Elgin AAC	25.41	PB
2	Michael Wilde	Inverness Harriers AAC	25.71	PB
3	Andrew Horne	Stornoway Running & AC	27.05	
4	Calum Fraser	North Uist AAC	27.82	
5	Hakki Spence	Shetland AAC	28.25	
6	Jonathan Morrison	Stornoway Running & AC	29.27	

U16 Boys 400m (Final)

1	Michael MacMillan	Stornoway Running & AC	55.10	PB
2	Liam Barnsby	East Sutherland AC	55.68	PB
3	Andrew Davis	Orkney Athletic Club	56.77	PB
4	Jack Duncan	Orkney Athletic Club	57.41	
5	Angus Mohun	East Sutherland AC	58.44	PB

U16 Boys 800m (Final)

1	Michael MacMillan	Stornoway Running & AC	2:07.73	PB
2	Liam Barnsby	East Sutherland AC	2:08.48	
3	Angus Mohun	East Sutherland AC	2:20.75	
4	Paul Morrison	North Uist AAC	2:21.82	
5	Jed Russell	Inverness Harriers AAC	2:22.22	
6	Ruairdh Oliver Jones	East Sutherland AC	2:23.03	
7	Hamish Osian Baker	Nairn AAAC	2:28.95	PB
8	Euan Rorie	Orkney Athletic Club	2:38.57	
9	Alexander MacLeod	Caithness AAC	2:41.01	
10	Robert Thompson	Caithness AAC	2:54.66	PB

U16 Boys Discus (1.25kg)

1	George Evans	Inverness Harriers AAC	47.72	CBP
2	Daniel Wilby	Inverness Harriers AAC	27.15	
3	William Watts	Inverness Harriers AAC	23.99	PB
4	Ruairdh Gray	Inverness Harriers AAC	18.36	

U16 Boys Hammer (4kg)

1	Jack Mitchell	Edinburgh AC	40.50	CBP
2	Ruairdh Gray	Inverness Harriers AAC	27.57	

U16 Boys High Jump

1	Chris MacKay	Orkney Athletic Club	1.65	PB
2	Liam Barnsby	East Sutherland AC	1.50	
3	Findlay Donegan	Elgin AAC	1.45	
4	Logan Mathieson	Ross County AC	1.25	

U16 Boys Javelin (600g)

1	Finlay Summers	Stornoway Running & AC	30.74	PB
2	Daniel McFarlane	Inverness Harriers AAC	30.59	
3	Daniel Wilby	Inverness Harriers AAC	28.28	PB
4	Neil MacMillan	North Uist AAC	24.00	
5	Aaron Grant	Nairn AAAC	22.26	
6	William Watts	Inverness Harriers AAC	19.73	
7	Logan Mathieson	Ross County AC	8.06	

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U16 Boys Long Jump

1	Alexander Nicholson	Inverness Harriers AAC	6.00	PB
2	Michael Wilde	Inverness Harriers AAC	5.20	
3	Callum Campbell	North Uist AAC	4.91	
4	Imhotep Booth	Caithness AAC	4.81	PB
5	Chris MacKay	Orkney Athletic Club	4.47	PB
6	Paul Morrison	North Uist AAC	4.31	
7	Alexander MacLeod	Caithness AAC	4.06	PB
8	Owen Vesey	North Uist AAC	3.73	
9	Robert Thompson	Caithness AAC	3.23	PB

U16 Boys Pole Vault

1	Daniel McFarlane	Inverness Harriers AAC	2.50	
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U16 Boys Shot Putt (4kg)

1	George Evans	Inverness Harriers AAC	15.54	CBP
2	Daniel Wilby	Inverness Harriers AAC	10.80	
3	Finlay Summers	Stornoway Running & AC	8.94	
4	Andrew Davis	Orkney Athletic Club	8.10	PB
5	William Watts	Inverness Harriers AAC	7.95	

U16 Boys Triple Jump

1	Angus Mohun	East Sutherland AC	10.58	
2	Imhotep Booth	Caithness AAC	9.73	

North District Track & Field Championships 2013

U18 Men

U18 Men 100m (Final)

ws -2.2

1	Aidan Jarmson	Shetland AAC	12.29	
2	Andrew Smith	Inverness Harriers AAC	12.43	PB
3	Ross Freck	Inverness Harriers AAC	12.79	PB
4	Callum Alexander	Moray Road Runners	13.00	
5	Matthew Paterson	Ross County AC	13.29	PB
6	Connor MacLeod	North Uist AAC	13.32	
7	Joseph Frame	Caithness AAC	14.44	

U18 Men 110m Hurdles (Final)

1	Matthew Paterson	Ross County AC	21.90	PB
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U18 Men 1500m (Final)

1	Douglas Holland	Ross County AC	5:01.08	PB
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U18 Men 200m (Final)

ws -4.9

1	Andrew Smith	Inverness Harriers AAC	24.74	
2	Aidan Jarmson	Shetland AAC	25.34	
3	Ross Freck	Inverness Harriers AAC	25.42	
4	Fergus MacIvor	Orkney Athletic Club	25.45	
5	Callum Alexander	Moray Road Runners	26.33	
6	Joe Gregg	Orkney Athletic Club	26.58	

U18 Men 3000m (Final)

1	Connor MacLean	Stornoway Running & AC	9:29.48	PB
2	Alasdair Coupar	East Sutherland AC	10:01.70	PB

U18 Men 400m (Final)

1	Harry Barton	Inverness Harriers AAC	53.30	PB
2	Andrew Smith	Inverness Harriers AAC	53.53	PB
3	Aidan Jarmson	Shetland AAC	53.88	
4	Connor MacLean	Stornoway Running & AC	56.60	PB
5	Douglas Holland	Ross County AC	57.11	PB
6	Joe Gregg	Orkney Athletic Club	57.40	PB

U18 Men 800m (Final)

1	Joseph Frame	Caithness AAC	2:52.38	
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U18 Men Discus (1.5kg)

1	Bruce Flockhart	Inverness Harriers AAC	35.33	PB
2	John Grant	Ross County AC	26.70	

U18 Men Hammer (5kg)

1	Bruce Flockhart	Inverness Harriers AAC	32.28	
2	John Grant	Ross County AC	28.47	

U18 Men High Jump

1	Ben Mitchell	Edinburgh AC	1.75	
2	Alex Stevenson	Orkney Athletic Club	1.70	PB
3	Kyle Symonds	Orkney Athletic Club	1.55	

U18 Men Javelin (700g)

1	Callum Alexander	Moray Road Runners	42.65	PB
2	Alex Stevenson	Orkney Athletic Club	35.87	

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U18 Men Long Jump

1	Leon Greig	Moray Road Runners	5.66	PB
2	Alex Stevenson	Orkney Athletic Club	5.58	
3	Joseph Frame	Caithness AAC	4.11	PB
4	Matthew Paterson	Ross County AC	4.03	

U18 Men Shot Putt (5kg)

1	Bruce Flockhart	Inverness Harriers AAC	11.64	
2	John Grant	Ross County AC	10.45	

U18 Men Triple Jump

1	Christopher Mollison	Inverness Harriers AAC	12.27	
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North District Track & Field Championships 2013

U20 Men

U20 Men 100m (Final)

ws -1.2

1	Ross Fraser	Inverness Harriers AAC	12.25
2	Callum Lowe	Elgin AAC	13.35

U20 Men 1500m (Final)

1	Alexander Thorne	Inverness Harriers AAC	4:42.72
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U20 Men 200m (Final)

ws -2.4

1	Magnus Blair	Orkney Athletic Club	23.85
2	Ross Fraser	Inverness Harriers AAC	24.76
3	Callum Lowe	Elgin AAC	26.61

U20 Men 400m (Final)

1	Magnus Blair	Orkney Athletic Club	53.30
2	Alexander Thorne	Inverness Harriers AAC	54.73 PB

U20 Men 800m (Final)

1	Sean Chalmers	Inverness Harriers AAC	1:57.22
2	Finlay Murray	East Sutherland AC	1:58.38
3	Stuart Michael	Inverness Harriers AAC	2:07.18

U20 Men Javelin (800g)

1	Scott Fraser	East Sutherland AC	36.04
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U20 Men Long Jump

1	Craig Cameron	Inverness Harriers AAC	6.01
2	Callum Lowe	Elgin AAC	5.01
3	Ross Fraser	Inverness Harriers AAC	4.95

North District Track & Field Championships 2013

Senior Men

Senior Men 100m (Final)

ws -1.0

1	Sam Freck	Inverness Harriers AAC	11.74
2	Gareth Robertson	Shetland AAC	11.74
3	Donald Ferguson	Inverness Harriers AAC	12.09
4	Derek Glasgow	Inverness Harriers AAC	13.23
5	Mark Hendry	Caithness AAC	14.17

Senior Men 200m (Final)

ws -2.4

1	Sam Freck	Inverness Harriers AAC	23.99
2	Gareth Robertson	Shetland AAC	24.04
3	Nigel Thomson	Orkney Athletic Club	25.43

Senior Men 400m (Final)

1	Andrew Raeburn	Caithness AAC	49.13
2	Donald Ferguson	Inverness Harriers AAC	51.71
3	Stephen MacKay	Inverness Harriers AAC	52.41
4	Mark Gilmer	Elgin AAC	53.18
5	Alan Williamson	Shetland AAC	53.68

Senior Men 5000m (Final)

1	Donnie MacDonald	Inverness Harriers AAC	16:10.19	PB
2	Jed Barlett	Shetland AAC	16:16.83	PB
3	Stan MacKenzie	Forres Harriers	16:49.86	

Senior Men 800m (Final)

1	Alan Williamson	Shetland AAC	2:05.10	
2	Steven Wright	Forres Harriers	2:07.76	PB

Senior Men Discus (2kg)

1	Gary Sweeney	Moray Road Runners	33.32
2	Eddie McKenzie	Aberdeen AAC	29.44
3	Andrew Preacher	Shetland AAC	22.83

Senior Men Hammer (7.26kg)

1	David Ogilvie	Ross County AC	32.13
2	Malcolm Cleghorn	Ross County AC	30.71
3	Eddie McKenzie	Aberdeen AAC	28.14

Senior Men High Jump

1	Derek Glasgow	Inverness Harriers AAC	1.45
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Senior Men Javelin (800g)

1	Adam Hobson	Inverness Harriers AAC	47.77	PB
2	Maris Saulits	Lativa	45.48	
3	Eddie McKenzie	Aberdeen AAC	36.32	

Senior Men Long Jump

1	Derek Glasgow	Inverness Harriers AAC	4.97
2	Maris Saulits	Lativa	4.90

Senior Men Pole Vault

1	Derek Glasgow	Inverness Harriers AAC	2.60
2	Eddie McKenzie	Aberdeen AAC	2.20

North District Track & Field Championships 2013

Senior Men Shot Putt (7.26kg)

1	Gary Sweeney	Moray Road Runners	13.71	PB
2	David Ogilvie	Ross County AC	10.74	
3	Eddie McKenzie	Aberdeen AAC	10.45	