

**ATHLETE INFO & ENTRY FORM**      Closing Date for entry is: 24<sup>th</sup> MARCH

**IMPORTANT:** For athlete safety, the use of portable electronic devices (including ipods and mobile phones) will not be permitted inside the competition area. Any such devices found in use within the competition area shall be confiscated by the Track/Field Referee. Devices will be returned to the athlete after their competition and can be collected and signed for at admin hut.

Sunday 31st March 2013    First event at 10.00am   Expected close by 4pm																				
Entries Close – Sunday 24 <sup>th</sup> March 2013										Venue – Queen’s Park Track Inverness										
Age Group	Senior		U20		U17		U15		U13				U11							
Born in																				
Max events	No Limit to events taken		U20 max 5 Events/U17max 3 Events				3 Events max													
Sex	M		M	F	M	F	M	F	M	F			M	F						
Events available on the day	100	100	100	100	100	100	100	100	100	100			75	75						
	200	200	200	200	200	200	200	200	200	200			150	150						
	400	400	400	400	400	300	400	300	800	800			600	600						
	800	800	800	800	800	800	800	800					LJ	LJ						
													SP 2.72K	SP 2.72K						
	3000	3000	3000	3000	3000	3000	3000	3000	HJ	HJ										
									LJ	LJ										
									SP 3.25K	SP 2.72K										
	1.5K S/C	1.5K S/C	1.5K S/C	1.5K S/C	1.5K S/C	1.5K S/C														
	HJ	HJ	HJ	HJ	HJ	HJ	HJ	HJ												
LJ	LJ	LJ	LJ	LJ	LJ	LJ	LJ													
SP 7.26	SP 4K	SP 6K	SP 4K	SP 5K	SP 4K	SP 4K	SP 3.25K													
HAM 7.26 K	HAM 4K	HAM 6K	HAM 4K			Jav 600g	Jav 600g													

# 2013 INVERNESS HARRIERS OPEN MEETING(as per UKA Rules) - Entry Form 31st March 2013

First Name:				Date of Birth:				
Last Name:						Sex:		
Address:								
Post Code:				Phone Number:				
Email address:								
Club:				Scottish Athletics No:				
Born in:								
Age Group (please circle)	U11		U13	U15	U17		U20	SEN
Please enter your PB (personal best) to ensure that you compete against athletes of similar ability								
<b>I wish to enter the following events</b>				<b>PB in 2012/13</b>		<b>Age Group when you did PB</b>		
I enclose payment of £_____ for entry fees. <u>Please make all cheques payable to Inverness Harriers</u>								
<b>Declaration Signature:</b> (Parent or Guardian if the athlete is aged 15 or younger)						<b>Date:</b>		

## COMPETITION INFORMATION, RULES AND GUIDELINES

**Timetable:** will be posted on the [scottishathletics](http://scottishathletics.co.uk) website

**Track Information: All** Athletes will be running in their individual age groups and race against those of similar age within this age band. Athletes in the U20 and Senior age groups may be required to run together in the same heats regardless of sex depending on the entry for that event this is to ensure that each athlete gains the appropriate competition.(as per UKA rules)

**Field Events Information:** All field events will be in Age Groups except for U20 and Senior athletes who may have to compete together depending on the entry for that event regardless of age or sex so as to ensure that each athlete gains the appropriate competition.(as per UKA rules)

**Field Trials:** (except High Jump and Pole Vault) Athletes will receive 4 trials for each event.

**Photography:** Tick this box, if you **DO NOT** consent to Photographs being taken of you being used by Inverness Harriers and Highland & Islands Athletic Partnership for promotional purposes.

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Send completed forms with Entry Fee Payment to:

John Findlayson, 15 Woodlands Terrace, Westhill  
Inverness IV2 5DP

**CLOSING DATE:**  
**Sunday 24th March**