

Inverness Harriers AAC Queens Park Stadium Inverness IV3 5SS



For our newly constructed Web site visit www.invernessharriers.org.uk



(SAL permit event held under UK athletics rules)

## Saturday 23 March 2013 2:00pm

Registration: 1:00-1:45pm. Inverness Harriers Clubhouse, Queens Park Stadium Bught Park Inverness

Entry on the day only

Race Start: 2:00pm, Caledonian Canal Bridge, Glenurquhart Rd Inverness.

Entry Fee: Non SAL: £5. SAL Member: £3

Showers and changing facilities available at Aquadome + Post race refreshments.

Contact: Billy Skinner. - 07500835503 / williamwod@aol.com

