

# Inverness Harriers 2011 Championships

U11 Girls		100m		Javelin		800m		1200m		Long Jump		200m		Shot		High Jump		Discus		Total
		Time	Pts.	Dist	Pts.	Time	Pts.	Time	Pts.	Dist	Pts.	Time	Pts.	Dist	Pts.	Ht.	Pts.	Dist	Pts.	
260	Josie Steele	15.6	10	10.99	12	2:48.1	22	4:30.8	23	3.52	11	33.1	18	4.70	9	~		~		<b>86</b>
211	Eve Tweedie	15.7	9	10.22	11	3:14.7	12	4:59.3	17	2.85	6	33.4	17	3.76	4	1.05	10	11.39	10	<b>67</b>
214	Charlotte Hill	16.5	6	3.99	1	3:00.8	17	4:47.7	19	3.26	8	33.6	17	3.68	4	~		~		<b>67</b>
212	Connie Campbell	16.9	5	6.52	5	3:07.9	14	4:54.3	18	2.55	4	33.7	17	3.63	4	1.05	10	8.98	6	<b>65</b>
250	Beth MacIver	16.2	8	8.53	8	3:11.8	13	5:06.9	16	2.92	6	33.4	17	3.46	3	0.90	6	9.22	6	<b>62</b>
213	Jessica Golden	15.9	9	~		~		5:14.2	15	2.93	6	33.6	17	3.57	3	1.00	8	~		<b>55</b>
244	Katie Gray	19.1	1	10.75	12	3:33.0	7	5:38.6	11	2.40	4	40.2	7	4.74	9	~		~		<b>46</b>
253	Fiona Flockhart	19.2	1	7.11	6	~		5:59.6	8	2.35	3	39.2	8	3.33	2	0.90	6	9.10	6	<b>34</b>
274	Jude Christison	~		~		~		5:18.5	14	2.85	6	35.2	14	3.99	5	~		~		

U13 Girls		100m		Javelin		800m		1500m		Long Jump		200m		Shot		High Jump		70m H		Discus		Total
		Time	Pts.	Dist	Pts.	Time	Pts.	Time	Pts.	Dist	Pts.	Time	Pts.	Dist	Pts.	Ht.	Pts.	Time	Pts.	Dist	Pts.	
252	Mary Flockhart	16.0	8	28.83	51	2:53.9	19	5:50.1	22	~		33.5	17	8.01	31	1.15	13	14.1	13	26.42	37	<b>160</b>
238	Maya Stewart-Rizza	15.3	12	12.19	14	~		~		3.97	19	31.0	22	5.03	11	1.35	28	12.0	25	15.97	17	<b>111</b>
224	Katie Stark	15.6	10	10.14	11	~		~		3.00	7	32.7	19	8.68	35	1.05	10	15.6	8	15.12	16	<b>91</b>
257	Megan Munro	15.6	10	9.61	10	2:56.0	19	5:49.1	22	3.22	8	32.3	20	3.57	3	1.10	11	17.5	3	7.81	4	<b>82</b>
223	Cationa Dobie	14.7	17	10.04	10	~		~		3.77	15	30.2	24	4.91	10	~		15.9	7	13.28	13	<b>79</b>
210	Sophie Thom	16.0	8	5.56	3	2:57.5	18	6:22.4	16	2.67	5	34.0	16	3.98	5	1.05	10	~		9.16	6	<b>68</b>
245	Eilidh Magill	16.4	7	8.39	8	3:10.1	13	6:32.6	14	3.06	7	34.1	16	3.80	5	1.05	10	16.2	6	10.59	8	<b>61</b>
282	Lauren Watson	15.8	9	9.23	9	~		~		3.78	15	33.1	18	4.88	10	~		16.4	5	10.26	8	<b>61</b>
255	Zoe Romaine	16.6	6	8.35	8	~		~		3.33	9	33.3	18	5.05	11	1.05	10	17.2	4	10.01	8	<b>56</b>
236	Rhiannan MacIntosh	15.6	10	8.07	7	~		~		3.53	11	33.4	17	4.29	7	0.95	7	16.1	6	10.32	8	<b>53</b>
299	Kiera MacLeod	~		~		~		~		~		29.0	30	5.19	12	~		~		12.21	11	
272	Christa Hutt	~		~		~		6:19.0	16	3.07	7	~		~		~		~		~		

U15 Girls		100m		Javelin		800m		1500m		High Jump		200m		Long Jump		Discus		3000m		75m H		Triple Jump		Shot		Total
		Time	Pts.	Dist	Pts.	Time	Pts.	Time	Pts.	Ht.	Pts.	Time	Pts.	Dist	Pts.	Dist	Pts.	Time	Pts.	Time	Pts.	Dist	Pts.	Dist	Pts.	
222	Gillian Gordon	13.9	23	14.76	18	2:30.4	38	~		1.41	34	28.0	35	4.45	31	~		~		14.0	18	9.19	21	~		<b>161</b>
265	Alison Horne	15.1	14	23.78	39	~		~		~		31.9	20	3.84	16	25.79	35	~		14.2	17	8.45	15	9.19	40	<b>151</b>
294	Lauren Fraser	15.5	11	7.67	7	2:32.9	36	5:12.2	42	~		31.8	21	~		~		11:44.8	29	~		~		5.55	14	<b>142</b>
219	Heather Campbell	14.9	16	8.49	8	2:31.9	37	5:03.5	47	~		29.7	27	~		11.81	10	~		~		~		5.16	12	<b>139</b>
205	Catriona Forsyth	14.5	19	8.88	9	~		~		1.25	18	29.2	29	3.87	17	~		~		15.4	10	8.07	13	~		<b>96</b>
221	Alice Black	14.8	16	8.96	9	~		~		1.25	18	31.3	22	4.07	21	10.04	8	~		17.1	6	7.82	12	5.74	15	<b>92</b>
267	Arianne Ross	~		~		2:35.1	33	~		~		~		~		~		~		~		~		~		
300	Rachael Davidson	~		~		~		~		~		~		~		~		~		~		~		5.17	12	

# Inverness Harriers 2011 Championships

U17 Woman		100m		Javelin		800m		1500m		High Jump		200m		Long Jump		300m H		300m		Discus		3000m		80m H		Triple Jump		Shot		Total
		Time	Pts.	Dist	Pts.	Time	Pts.	Time	Pts.	Ht.	Pts.	Time	Pts.	Dist	Pts.	Time	Pts.	Time	Pts.	Dist	Pts.	Time	Pts.	Time	Pts.	Dist	Pts.	Dist	Pts.	
206	Anna Nelson	13.7	26	~		~		~		1.50	43	27.8	36	4.67	36	49.8	46	43.6	39	~		~		12.6	38	~		~		<b>202</b>
259	Katie Snedden	13.7	26	~		2:38.3	30	~		~		27.2	39	4.26	26	~		43.3	39	11.96	10	~		~		9.35	23	6.47	20	<b>160</b>
215	Mhairi MacLennan	14.9	16	~		2:30.4	38	5:03.5	47	~		29.8	26	4.05	21	~		~		15.22	16	~		~		~		~		<b>148</b>
247	Natalie MacDonald	13.6	28	11.63	13	~		~		~		27.8	36	3.85	17	~		43.8	39	11.55	10	~		~		~		5.09	11	<b>133</b>
204	Lucy Forsyth	14.2	21	13.08	16	~		~		1.20	15	29.1	30	4.35	28	~		~		15.30	16	~		~		9.66	26	6.55	21	<b>126</b>
258	Ailie Rodgers	13.6	28	~		2:55.6	19	~		~		28.1	35	3.87	17	~		~		~		~		~		~		6.13	18	<b>117</b>
289	Jennie Will	14.5	19	10.75	12	~		~		~		~		3.46	10	52.9	34	~		~		~		13.7	23	~		4.91	10	<b>98</b>
216	Alice Gordon	~		21.64	33	~		~		~		~		3.22	8	66.8	15	~		13.78	14	~		~		~		5.45	14	<b>84</b>
54	Tamara MacDougall	~		~		~		~		~		30.1	25	3.94	18	~		~		~		~		~		8.10	13	4.56	8	

U20**/Senior Woman		100m		Javelin		800m		1500m		High Jump		Shot		200m		Discus		400m H		400m		Long Jump		3000m		110m H		Triple Jump		Total
		Time	Pts.	Dist	Pts.	Time	Pts.	Time	Pts.	Ht.	Pts.	Dist	Pts.	Time	Pts.	Dist	Pts.	Time	Pts.	Time	Pts.	Time	Pts.	Dist	Pts.	Time	Pts.	Dist	Pts.	
288 **	Paula Gass	~		33.21	63	~		~		1.50	43	8.78	36	~		25.39	35	75.0	33	~		4.49	32	~		~		~		<b>210</b>
276	Rachael MacKenzie	~		~		~		~		1.60	53	6.90	23	~		~		~		~		~		~		~		9.90	29	
61	Jenny Bannerman	~		~		~		~		~		~		~		~		~		~		~		10:25.3	56	~		~		
284	Jenny Bird	17.3	4	~		3:02.4	16	~		~		~		35.1	14	~		~		78.1	15	~		~		~		~		
58 **	Eleanor Briggs	~		~		~		~		~		~		26.4	46	~		~		~		~		~		~		~		
57	Pat Godard	~		~		~		~		~		~		~		9.38	6	~		~		~		~		~		~		

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U11 Boys		100m		Javelin		800m		1200m		Long Jump		200m		Shot		High Jump		Discus		Total
		Time	Pts.	Dist	Pts.	Time	Pts.	Time	Pts.	Dist	Pts.	Time	Pts.	Dist	Pts.	Ht.	Pts.	Dist	Pts.	
226	Callum Tynan	15.5	7	12.45	3	2:48.3	13	4:31.8	13	3.29	9	30.9	18	4.98	7	1.20	10	12.25	7	63
225	Euan MacDonald	16.1	5	9.40	1	3:00.4	8	4:33.1	13	3.32	9	33.3	13	4.29	5	1.00	6	11.57	6	49
261	Craig Wilson	16.8	4	12.42	3	2:51.4	11	4:35.3	12	2.82	6	34.3	11	4.77	6	~		~		46
290	Finlay Saunders	16.7	4	9.05	1	3:06.7	7	~		2.80	6	33.4	13	4.34	5	~		13.26	9	40
237	Cameron Macintosh	17.7	2	9.87	1	3:14.3	5	5:01.8	8	2.90	7	35.7	9	4.59	6	0.90	4	13.15	9	39
256	Connor Romaine	17.5	3	3.93	1	3:09.1	6	4:59.1	8	2.97	7	36.3	8	4.90	7	~		5.71	1	36
283	Daniel Johnston	17.7	2	6.36	1	3:12.3	6	4:51.5	9	3.02	7	36.4	8	4.12	4	~		11.22	5	35
271	Jack MacLennan	~		~		~		5:01.0	8	2.55	4	36.5	8	3.90	4	0.90	4	11.21	5	29
279	Lewis MacDonald	~		9.29	1	3:15.2	5	5:15.9	6	2.77	6	37.7	7	3.08	1	0.90	4	7.50	1	28
263	Matt MacFarlane	18.3	1	5.93	1	~		5:43.3	4	2.21	2	38.0	7	4.37	5	~		10.25	5	23
233	Matthew Robertson	16.4	5	8.70	1	~		~		~		~		~		~		~		
293	Eogan Allan	21.7	1	~		3:34.3	3	~		~		~		~		~		~		

U13 Boys		100m		Javelin		800m		1500m		Long Jump		200m		Shot		High Jump		75m H		Discus		Total
		Time	Pts.	Dist	Pts.	Time	Pts.	Time	Pts.	Dist	Pts.	Time	Pts.	Dist	Pts.	Ht.	Pts.	Time	Pts.	Dist	Pts.	
228	Ali Velzian	15.1	8	25.62	21	2:26.3	23	4:54.7	27	3.94	14	~		~		1.30	15	16.0	8	15.26	12	100
251	Daniel Wilby	14.7	10	23.54	18	2:52.2	11	~		3.68	12	29.0	22	8.35	21	1.15	9	~		23.37	26	99
278	Daniel MacFarlane	14.1	14	24.20	19	2:48.0	13	5:46.9	13	4.29	17	27.9	24	8.56	22	1.30	15	15.2	12	17.14	15	97
209	Fraser Thom	14.6	11	15.65	8	2:34.5	19	5:34.4	16	3.18	8	28.8	22	5.90	10	1.10	8	16.5	7	13.34	9	78
277	Andrew MacFarlane	16.3	5	20.41	14	~		6:05.1	9	3.44	10	33.1	13	7.38	15	1.25	11	15.3	11	12.68	8	64
231	James Geddes	16.0	5	13.77	5	2:38.0	17	~		~		32.3	15	5.19	8	1.20	10	~		~		55
235	Tom Evans	16.5	4	14.84	6	3:02.6	8	~		3.53	11	31.0	18	6.10	11	1.00	6	~		~		54
220	Struan Tweedie	15.8	6	14.51	6	2:51.7	11	~		3.58	11	32.0	16	5.24	8	~		16.8	6	12.74	8	54
254	Joe Arnaud	16.1	5	~		2:57.8	9	5:48.4	13	3.50	11	33.2	13	4.98	7	~		16.8	6	~		53
208	Chris Graham	14.9	9	9.85	1	2:58.9	9	~		3.66	12	30.4	19	~		~		~		~		50
266	Lewis Ross	16.3	5	18.03	11	3:09.0	6	6:18.0	8	3.73	12	34.9	10	4.48	5	1.10	8	17.8	4	10.41	4	49
232	Alex Geddes	17.6	3	13.74	5	3:31.4	20	~		2.62	5	~		5.92	10	~		~		13.46	9	49
246	Ruiridh Gray	16.5	4	21.21	15	3:31.4	3	~		3.49	10	34.7	10	5.49	9			~		~		48
207	Philip Gordon	18.3	1	2.50	1	3:26.1	3	7:21.2	3	2.77	6	37.0	8	4.14	4	1.00	6	~		~		27
248	Mark Green	17.6	3	7.31	1	3:41.7	2	7:22.1	3	2.95	7	~		~		~		~		~		16
264	Lewis MacFarlane	14.5	11	13.78	5	3:07.1	7	~		~		~		~		~		~		15.63	13	
273	Ruairidh Fraser	~		~		~		6:44.3	5	3.15	8	36.2	8	4.26	5	~		~		~		
297	Euan Ferguson	~		~		~		5:39.5	15	3.45	10	~		~		~		~		~		
296	Ruairidh Summers	~		~		~		~		3.53	11	~		~		1.10	8	~		~		
59	Sam Lyle	~		~		~		~		~		33.9	12	~		~		18.0	4	~		

# Inverness Harriers 2011 Championships

U15 Boys		100m		Javelin		800m		1500m		High Jump		200m		Long Jump		Discus		3000m		80m H		Triple Jump		Shot		Total
		Time	Pts.	Dist	Pts.	Time	Pts.	Time	Pts.	Ht.	Pts.	Time	Pts.	Dist	Pts.	Dist	Pts.	Time	Pts.	Time	Pts.	Dist	Pts.	Dist	Pts.	
234	<b>George Evans</b>	13.6	17	24.90	20	2:55.2	10	~	~	~	~	27.3	27	~	~	28.47	35	14:31.5	6	~	~	~	~	12.08	46	<b>145</b>
292	<b>Lewis Dinsdale</b>	12.5	26	23.30	18	2:50.5	12	~	~	1.30	15	26.8	30	~	~	23.02	25	14:31.3	6	~	~	~	~	10.52	35	<b>134</b>
227	<b>Andrew Johnstone</b>	13.1	21	~	~	2:33.4	19	5:08.9	22	~	~	27.1	28	4.14	16	~	~	~	~	16.7	4	9.19	21	~	~	<b>111</b>
229	<b>Alastair Stark</b>	13.8	16	~	~	2:35.5	18	5:04.5	23	~	~	28.0	24	4.01	15	~	~	~	~	~	~	8.91	19	7.82	18	<b>102</b>
243	<b>Gavin Darroch</b>	14.4	12	15.98	8	2:40.5	16	5:36.2	15	~	~	28.8	22	3.75	12	~	~	~	~	15.9	6	8.74	17	~	~	<b>82</b>
230	<b>Paddy McEwen</b>	15.7	6	16.20	8	2:35.4	19	~	~	~	~	30.9	18	3.86	13	~	~	~	~	~	~	~	~	~	~	<b>64</b>
285	<b>Alan MacDonald</b>	16.2	5	20.92	15	~	~	~	~	1.15	9	33.2	13	3.27	9	16.44	14	~	~	~	~	7.63	11	~	~	<b>62</b>
287	<b>Gregor MacLennan</b>	13.1	21	24.59	20	2:31.8	20	5:24.2	18	~	~	~	~	~	~	~	~	~	~	~	~	~	~	~	~	
270	<b>Blair MacLennan</b>	~	~	~	~	~	~	4:37.8	37	~	~	~	~	~	~	~	~	~	~	~	~	~	~	~	~	
50	<b>Scot Lisle</b>	~	~	~	~	~	~	5:01.1	23	~	~	~	~	~	~	~	~	~	~	~	~	~	~	~	~	
51	<b>Cameron Lisle</b>	~	~	~	~	~	~	5:37.1	15	~	~	~	~	~	~	~	~	~	~	~	~	~	~	~	~	

U17 Men		100m		Javelin		800m		1500m		High Jump		200m		Long Jump		400m H		400m		Discus		3000m		100m H		Triple Jump		Shot		Total
		Time	Pts.	Dist	Pts.	Time	Pts.	Time	Pts.	Ht.	Pts.	Time	Pts.	Dist	Pts.	Time	Pts.	Time	Pts.	Dist	Pts.	Time	Pts.	Time	Pts.	Dist	Pts.	Dist	Pts.	
295	<b>Alexander Thorne</b>	13.4	19	22.33	17	2:14.8	35	4:39.8	36	1.40	25	26.8	30	4.31	18	65.4	49	57.8	37	17.32	16	~	~	18.1	7	9.98	29	6.97	14	<b>187</b>
249	<b>Calum Green</b>	12.5	26	24.71	20	2:17.2	32	~	~	~	~	24.0	47	~	~	~	~	54.2	50	~	~	~	~	~	~	~	~	~	<b>175</b>	
291	<b>Stuart Michael</b>	13.1	21	25.11	20	2:16.8	32	4:45.5	32	1.50	35	~	~	~	~	~	~	~	~	20.33	21	10:22.0	34	18.8	4	10.88	38	6.64	13	<b>171</b>
96	<b>Harry Barton</b>	12.9	22	~	~	2:19.0	30	~	~	~	~	25.2	38	~	~	~	~	55.7	44	17.37	16	~	~	~	~	~	~	~	<b>150</b>	
280	<b>Finlay MacLennan</b>	~	~	~	~	2:21.7	27	4:48.7	30	~	~	26.9	29	~	~	~	~	62.3	26	~	~	10:35.7	30	~	~	5.16	3	5.12	8	<b>142</b>
240	<b>Craig Campbell</b>	~	~	~	~	2:12.4	37	4:23.7	45	~	~	~	~	~	~	~	~	~	~	~	~	9:42.4	47	~	~	~	~	~		
56	<b>George Goddard</b>	~	~	~	~	~	~	~	~	~	~	24.5	42	4.97	27	67.0	44	~	~	~	~	~	~	~	~	~	~	~		
239	<b>Chris Mollinson</b>	~	~	28.12	25	2:23.4	25	~	~	1.35	20	~	~	~	~	~	~	~	~	20.55	21	~	~	~	~	~	~	~		
298	<b>Niall Ross</b>	~	~	~	~	~	~	~	~	~	~	~	~	~	~	~	~	~	~	~	~	11:10.9	23	~	~	~	~	~		

U20** / Senior Men		100m		Javelin		800m		1500m		High Jump		Shot		200m		Discus		400m H		400m		Long Jump		3000m		110m H		Triple Jump		Total
		Time	Pts.	Dist	Pts.	Time	Pts.	Time	Pts.	Ht.	Pts.	Dist	Pts.	Time	Pts.	Time	Pts.	Time	Pts.	Time	Pts.	Time	Pts.	Dist	Pts.	Time	Pts.	Dist	Pts.	
217**	<b>Adam Hobson</b>	12.1	33	34.49	33	2:05.2	50	~	~	1.70	55	9.33	27	23.7	50	22.21	24	~	~	52.7	56	5.80	44	~	~	19.4	7	11.64	46	<b>257</b>
218**	<b>Ben Nelson</b>	12.3	30	~	~	2:17.6	31	~	~	1.65	50	~	~	24.8	40	~	~	~	~	~	~	~	~	~	~	~	~	11.05	40	<b>191</b>
241**	<b>Stephen MacKay</b>	12.7	23	~	~	2:01.9	56	4:20.8	47	~	~	7.52	16	25.2	38	~	~	~	~	~	~	~	~	~	~	~	~	~	<b>180</b>	
242**	<b>Eoghan MacNamara</b>	~	~	26.60	23	~	~	~	~	1.55	40	8.95	25	~	~	19.32	19	~	~	~	~	5.59	39	~	~	~	~	~	<b>146</b>	
268**	<b>Ross Fraser</b>	12.8	23	11.53	2	2:21.1	27	4:59.4	24	~	~	6.43	12	25.8	35	13.60	9	~	~	58.8	35	4.61	21	11:30.6	21	~	~	~	<b>144</b>	
262	<b>Derek Glasgow</b>	12.9	22	~	~	2:24.6	23	~	~	1.45	30	~	~	26.2	33	23.36	26	~	~	~	~	~	~	~	~	21.2	1	~	<b>134</b>	
281**	<b>Hamish MacLennan</b>	~	~	15.32	7	~	~	6:37.2	5	~	~	8.25	20	30.1	19	19.31	19	~	~	~	~	~	~	~	~	~	~	~	<b>70</b>	
275**	<b>Ian Coghill</b>	~	~	~	~	~	~	~	~	1.96	75	~	~	~	~	~	~	61.9	36	54.8	47	6.00	48	~	~	~	~	~		
55	<b>Sam Freck</b>	~	~	~	~	~	~	~	~	~	~	~	~	23.5	52	~	~	~	~	~	~	~	~	~	~	~	~	~		
52**	<b>Craig Cameron</b>	~	~	~	~	~	~	~	~	~	~	~	~	24.3	44	~	~	~	~	~	~	~	~	~	~	~	~	~		
53	<b>Jamie Miller</b>	~	~	~	~	~	~	~	~	~	~	~	~	25.1	38	~	~	~	~	~	~	~	~	~	~	~	~	~		
	<b>Adam Horne</b>	~	~	~	~	~	~	~	~	~	~	~	~	~	~	~	~	~	~	~	~	4.41	19	13:19.0	10	~	~	~		

# Inverness Harriers 2011 Championships

<b>UNDER 11 GIRLS</b>	1	<b>Josie Steele</b>	<b>86</b>
	2=	Eve Tweedie	67
	2=	Charlotte Hill	67

<b>UNDER 11 BOYS</b>	1	<b>Callum Tynan</b>	<b>63</b>
	2	Euan MacDonald	49
	3	Craig Wilson	46

<b>UNDER 13 GIRLS</b>	1	<b>Mary Flockhart</b>	<b>160</b>
	2	Maya Stewart-Rizza	111
	3	Katie Stark	91

<b>UNDER 13 BOYS</b>	1	<b>Ali Velzian</b>	<b>100</b>
	2	Daniel Wilby	99
	3	Daniel MacFarlane	97

<b>UNDER 15 GIRLS</b>	1	<b>Gillian Gordon</b>	<b>161</b>
	2	Alison Horne	151
	3	Lauren Fraser	142

<b>UNDER 15 BOYS</b>	1	<b>George Evans</b>	<b>145</b>
	2	Lewis Dinsdale	134
	3	Andrew Johnstone	111

<b>UNDER 17 WOMEN</b>	1	<b>Anna Nelson</b>	<b>202</b>
	2	Katie Snedden	160
	3	Mhairi MacLennan	148

<b>UNDER 17MEN</b>	1	<b>Alexander Thorne</b>	<b>187</b>
	2	Calum Green	175
	3	Stuart Michael	171

<b>UNDER 20 WOMEN</b>	1	<b>Paula Gass</b>	<b>210</b>
	2	No Award	
	3	No Award	

<b>UNDER 20 MEN</b>	1	<b>Adam Hobson</b>	<b>257</b>
	2	Ben Nelson	191
	3	Stephen MacKay	180

<b>SENIOR WOMEN</b>	1	No Award	
	2	No Award	
	3	No Award	

<b>SENIOR MEN</b>	1	<b>Derek Glasgow</b>	<b>134</b>
	2	No Award	
	3	No Award	