

North of Scotland Schools Championships 2009

Group A Girls

Group A Girls 100m Final

1 Katie Munro Millburn Academy 13.64

Standard : 14.4

Group A Girls 100m Hurdles Final

1 Cara Fraser Dornoch Academy 21.74

Standard : 20.0

Group A Girls 1500m Final

1 Joanna Shepherd Dingwall Academy 5.37.90

Standard : 6.10.0

Group A Girls 200m Final

1 Katie Munro Millburn Academy 28.06

Standard : 31.5

Group A Girls 4x100m Final

1 Taylor, Nicolson , Munro, MacLennan Millburn Academy 55.87

Standard :

Group A Girls 800m Final

1 Cara Fraser Dornoch Academy 2.51.14

Standard : 2.53.0

Group A Girls Discus

1 Anna Giograndi Tain Royal Academy 15.55

Standard : 20.75

Group A Girls High Jump

1 Cara Fraser Dornoch Academy 1.40

Standard : 1.25

Group A Girls Javelin

1 Anna Giograndi Tain Royal Academy 29.49

Standard : 19.80

Group A Girls Shot Putt

1 Katie Munro Millburn Academy 6.37

Standard : 6.75

Group A Girls Triple Jump

1 Kirsty Deans Kingussie High School 9.64

Standard : 8.10

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Group B Girls

Group B Girls 100m Final

Standard : 14.4

1	Eleanor Briggs	Fortrose Academy	12.86	
2	Eilidh MacLennan	Inverness Royal Academy	13.11	
3	Julia Mollison	Fortrose Academy	13.33	PB
4	Heather Winfield	Nairn Academy	13.43	
5	Rachel Smith	Dornoch Academy	14.00	
6	Alice Linguard	Culloden Academy	15.53	

Group B Girls 1500m Final

Standard : 6.10.0

1	Mairi MacLennan	Millburn Academy	5.28.14	
2	Sarah MacKinnon	Thurso High School	5.39.55	PB
3	Kirstie Rogan	Forres Academy	5.43.54	
4	Mairi Livesley	Alness Academy	5.50.54	PB
5	Laura MacDonald	Culloden Academy	6.15.06	

Group B Girls 200m Final

Standard : 30.2

1	Julia Mollison	Fortrose Academy	27.79	PB
2	Heather Winfield	Nairn Academy	28.09	PB
3	Hannah Duncan	Forres Academy	29.13	
4	Rachel Smith	Dornoch Academy	30.24	

Group B Girls 300m Final

Standard : 52.5

1	Paula Gass	Dingwall Academy	45.26	
2	Louise MacLean	Culloden Academy	53.89	

Group B Girls 300m Hurdles Final

Standard : 56.7

1	Paula Gass	Dingwall Academy	49.54	
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Group B Girls 4x100m Final

Standard :

1	MacKenzie, Sillars , Briggs, Mollison	Fortrose Academy	57.45	
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Group B Girls 800m Final

Standard : 2.53.0

1	Jane MacIver	The Nicolson Institute	2.30.13	
2	Hannah Duncan	Forres Academy	2.35.04	
3	Eilidh Black	Inverness Royal Academy	2.40.94	PB

Group B Girls 80m Hurdles Final

Standard : 15.0

1	Charis Mair	Culloden Academy	12.13	
2	Eleanor Briggs	Fortrose Academy	12.57	
3	Hannah Paterson	Thurso High School	14.70	

Group B Girls Discus

Standard : 20.75

1	Natasha Morris	Thurso High School	29.01	PB
2	Kerri Cameron	Nairn Academy	27.95	
3	Natalie McCaughy	Invergordon Academy	23.63	PB
4	Cheyenne Gyles	Nairn Academy	20.77	

Group B Girls Hammer

Standard : 19.00

1	Kerri Cameron	Nairn Academy	29.12	
2	Nicole Taylor	Inverness Royal Academy	20.43	PB

Group B Girls High Jump

Standard : 1.30

1	Charis Mair	Culloden Academy	1.60	
2	Mairi Taylor	Millburn Academy	1.45	PB

Group B Girls Javelin

Standard : 19.80

1	Paula Gass	Dingwall Academy	24.09	
2	Elizabeth Priddle	Milne's High School	20.50	

Group B Girls Long Jump

Standard : 3.95

1	Rachel Smith	Dornoch Academy	4.13	
2	Hannah Paterson	Thurso High School	3.94	

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Group B Girls Shot Putt

Standard : 6.75

1	Cheyenne Gyles	Nairn Academy	9.23	PB
2	Natasha Morris	Thurso High School	8.45	
3	Nicole Taylor	Inverness Royal Academy	7.38	PB
4	Natalie McCaughy	Invergordon Academy	7.26	
5	Elizabeth Priddle	Milne's High School	6.85	
6	Erin Offer	The Nicolson Institute	6.59	

Group B Girls Triple Jump

Standard : 8.10

1	Heather Winfield	Nairn Academy	9.43	
2	Hannah Paterson	Thurso High School	8.87	PB

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Group C Girls

Group C Girls 100m Final

Standard : 14.9

1	Jade Currie	Dornoch Academy	13.19	PB
2	Joanne Finlayson	Dingwall Academy	13.66	
3	Mary MacLellan	Tain Royal Academy	13.97	
4	Jessica Madden	Charleston Academy	13.97	PB
5	Aiden Marshall	Millburn Academy	14.06	PB
6	Shirley Smart	Tain Royal Academy	14.21	PB
7	Ailie Rodgers	Culloden Academy	14.38	

Group C Girls 1500m Final

Standard : 6.20.0

1	Emma Dunnet	Thurso High School	5.00.03	CBP
2	Bethany Wilson	Elgin Academy	5.22.59	
3	Oonagh Dunnet	Thurso High School	5.25.17	

Group C Girls 200m Final

Standard : 31.0

1	Jade Currie	Dornoch Academy	27.25	
2	Joanne Finlayson	Dingwall Academy	28.03	
3	Mary MacLellan	Tain Royal Academy	28.59	
4	Rebecca Munro	The Nicolson Institute	28.84	
5	Aiden Marshall	Millburn Academy	28.96	
6	Jessica Madden	Charleston Academy	29.02	
7	Lily Munro	Millburn Academy	31.46	
8	Bethany Wilson	Elgin Academy	31.67	

Group C Girls 4x100m Final

Standard :

1	Stewart, Swinney , MacLellan, Smart	Tain Royal Academy	57.47	
2	Gordon, Munro , Morgan, Marshall	Millburn Academy	58.10	

Group C Girls 75m Hurdles Final

Standard : 14.9

1	Shirley Smart	Tain Royal Academy	13.26	
2	Josephine Sillars	Fortrose Academy	15.83	

Group C Girls 800m Final

Standard : 2.50.0

1	Morvern MacKenzie	Dingwall Academy	2.25.09	
2	Corrin Miller	Inverness Royal Academy	2.31.76	
3	Rebecca Munro	The Nicolson Institute	2.37.41	
4	Nikki MacDonald	Golspie High School	2.41.73	
5	Alice Gordon	Millburn Academy	3.00.49	

Group C Girls Discus

Standard : 17.10

1	Malin Wilson	Ullapool High School	16.69	
2	Kitty Trimble	Tain Royal Academy	16.16	
3	Jasmin Taylor	Nairn Academy	15.66	
4	Chloe Currie	Grantown Grammar School	14.43	

Group C Girls Javelin

Standard : 16.20

1	Malin Wilson	Ullapool High School	20.35	
2	Alice Gordon	Millburn Academy	19.43	
3	Shannon Sutherland	Ainess Academy	17.38	PB

Group C Girls Long Jump

Standard : 3.85

1	Aiden Marshall	Millburn Academy	4.16	PB
2	Elaine Murdoch	Inverness Royal Academy	4.16	
3	Katherine MacKenzie	Fortrose Academy	4.14	PB
4	Jade Currie	Dornoch Academy	4.12	PB
5	Shirley Smart	Tain Royal Academy	4.10	
6	Mary MacLellan	Tain Royal Academy	3.99	PB
7	Sarah Morgan	Millburn Academy	3.76	
8	Katie Clelland	Dingwall Academy	3.54	

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Group C Girls Shot Putt

Standard : 6.75

1	Nadine Froughi	Sgoil Lionacleit	8.04	PB
2	Rhea Garbe	Thurso High School	7.43	PB
3	Anna Stewart	Tain Royal Academy	6.74	
4	Jasmin Taylor	Nairn Academy	6.60	
5	Kitty Trimble	Tain Royal Academy	6.11	
6	Bonnie Marie Knox	Alness Academy	6.03	
7	Chloe Currie	Grantown Grammar School	5.90	

Group C Girls Triple Jump

Standard : 7.65

1	Amy McGuigan	Kingussie High School	8.81	PB
2	Rebecca Munro	The Nicolson Institute	8.78	
3	Josephine Sillars	Fortrose Academy	8.56	PB
4	Katie Clelland	Dingwall Academy	8.37	
5	Shona Warwick	Ullapool High School	8.19	
6	Nikki MacDonald	Golspie High School	8.14	PB
7	Alice Gordon	Millburn Academy	7.71	
8	Gemma Armstrong	Alness Academy	7.33	

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Group D Girls

Group D Girls 100m Final

Standard : 14.9

1	Natalie MacDonald	Millburn Academy	14.22	
2	Katie Snedden	Culloden Academy	14.28	
3	Jess Head	Kingussie High School	14.50	PB
4	Sharon MacKay	Thurso High School	14.66	
5	Anna Nelson	Glenurquhart High School	14.79	
6	Laura Urquhart	Charleston Academy	14.80	
7	Emily MacDonald	Dingwall Academy	14.84	
8	Hannah Rogan	Forres Academy	14.95	

Group D Girls 100m Heat 1

Standard : 14.9

1	Natalie MacDonald	Millburn Academy	14.21	
2	Anna Nelson	Glenurquhart High School	14.41	
3	Laura Urquhart	Charleston Academy	14.62	
4	Sharon MacKay	Thurso High School	14.66	
5	Megan Fairley	Nairn Academy	14.83	
6	Elsbeth Haynes	Tain Royal Academy	15.02	
7	Freya Lowe	Dingwall Academy	15.17	

Group D Girls 100m Heat 2

Standard : 14.9

1	Jess Head	Kingussie High School	14.15	PB
2	Katie Snedden	Culloden Academy	14.24	
3	Hannah Rogan	Forres Academy	14.62	
4	Jacqueline Greenlees	Tain Royal Academy	14.85	PB
5	Dana Zagorski	Inverness Royal Academy	15.17	
6	Hanna Murray	Nairn Academy	15.17	
7	Emma Burns	Invergordon Academy	15.61	

Group D Girls 100m Heat 3

Standard : 14.9

1	Emily MacDonald	Dingwall Academy	14.54	
2	Robyn McPherson	Kingussie High School	14.72	PB
3	Tamara MacDougall	Charleston Academy	14.96	
4	Sammi Sweeney	Nairn Academy	14.96	
5	Holly Cameron	Dingwall Academy	15.18	
6	Bethany Cameron	Millburn Academy	15.19	
7	Katie Millar	Alness Academy	15.20	
8	Olivia Elwell	Millburn Academy	15.67	

Group D Girls 1500m Final

Standard : 6.30.0

1	Erin MacKay	Golspie High School	5.35.05	PB
2	Rachel Cameron	Culloden Academy	5.59.11	
3	Felicity Roach	Golspie High School	6.02.25	PB
4	Lucy Cameron	Culloden Academy	6.16.96	

Group D Girls 200m Final

Standard : 31.0

1	Jodi MacKay	The Nicolson Institute	28.23	
2	Sarah Henderson	Thurso High School	28.55	PB
3	Natalie MacDonald	Millburn Academy	28.99	
4	Jennie Will	Dingwall Academy	29.24	
5	Sharon MacKay	Thurso High School	30.16	PB
6	Emily MacDonald	Dingwall Academy	30.25	
7	Robyn McPherson	Kingussie High School	30.53	
8	Laura Urquhart	Charleston Academy	30.65	

Group D Girls 200m Heat 1

Standard : 31.0

1	Jodi MacKay	The Nicolson Institute	28.48	
2	Jennie Will	Dingwall Academy	29.13	
3	Emily MacDonald	Dingwall Academy	30.34	
4	Robyn McPherson	Kingussie High School	30.70	
5	Bethany Cameron	Millburn Academy	31.89	
6	Chloe Hay	Forres Academy	32.44	

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Group D Girls 200m Heat 2

Standard : 31.0

1	Sarah Henderson	Thurso High School	29.01	PB
2	Natalie MacDonald	Millburn Academy	29.51	
3	Sharon MacKay	Thurso High School	30.13	PB
4	Laura Urquhart	Charleston Academy	30.47	
5	Freya Lowe	Dingwall Academy	31.17	
6	Dana Zagorski	Inverness Royal Academy	31.33	
7	Olivia Elwell	Millburn Academy	32.93	

Group D Girls 4x100m Final

Standard :

1	Fraser, Sim , Cameron, Cameron	Culloden Academy	58.39	
2	MacAulay, Clark , Sinclair, MacKay	The Nicolson Institute	58.77	
3	Greenlees, Foster , Dwyer, Haynes	Tain Royal Academy	59.18	
4	Sweeney , Fairley, Murray	Nairn Academy	60.34	
5	Keen, Cameron , MacDonald, Elwell	Millburn Academy	61.87	

Group D Girls 75m Hurdles Final

Standard : 15.50

1	Anna Nelson	Glenurquhart High School	12.76	PB
2	Shannon Evers	Thurso High School	13.28	
3	Jennie Will	Dingwall Academy	13.49	
4	Haesel MacDonald	Charleston Academy	15.49	

Group D Girls 800m Final

Standard : 2.55.0

1	Jade Fraser	Culloden Academy	2.38.59	
2	Hazel Longworth	Grantown Grammar School	2.38.63	PB
3	Sarah Henderson	Thurso High School	2.41.70	PB
4	Holly Dunbar	Grantown Grammar School	2.42.81	PB
5	Hannah McLeod	Thurso High School	2.49.88	
6	Laura Keen	Millburn Academy	2.52.52	PB
7	Nyree Troughton	Paible Primary	2.55.22	
8	Ciara Peters	Grantown Grammar School	3.01.73	
9	Kirsty Shand	Elgin Academy	3.03.42	

Group D Girls Discus

Standard : 14.40

1	Mary Haubrick	The Nicolson Institute	19.17	
2	Shannon Evers	Thurso High School	16.83	
3	Jody Sinclair	The Nicolson Institute	16.38	
4	Kimberley Larnach	Alness Academy	14.72	
5	Emma Bowie	Speyside High School	14.18	

Group D Girls High Jump

Standard : 1.20

1	Anna Nelson	Glenurquhart High School	1.38	
2 =	Karie Sim	Culloden Academy	1.30	
2 =	Megan Fairley	Nairn Academy	1.30	PB
4	Jacqueline Greenlees	Tain Royal Academy	1.25	
5 =	Hanna Murray	Nairn Academy	1.20	
5 =	Shona Amos	Tain Royal Academy	1.20	
7	Hannah Rogan	Forres Academy	1.20	
8	Hannah McLeod	Thurso High School	1.15	
9	Chloe Hay	Forres Academy	1.15	

Group D Girls Javelin

Standard : 13.50

1	Shannon Evers	Thurso High School	23.30	
2	Elsbeth Haynes	Tain Royal Academy	14.95	
3	Emma Foster	Tain Royal Academy	14.68	
4	Anna May Dwyer	Tain Royal Academy	13.11	
5	Yandra Banks-Brown	Grantown Grammar School	12.06	
6	Emma Bowie	Speyside High School	10.53	
7	Rachel MacLeod	Dingwall Academy	8.90	

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Group D Girls Long Jump

Standard : 3.70

1	Katie Snedden	Culloden Academy	3.92	
2	Jess Head	Kingussie High School	3.89	PB
3	Megan Fairley	Nairn Academy	3.77	
4	Sharon MacKay	Thurso High School	3.57	
5	Haesel MacDonald	Charleston Academy	3.54	
6	Freya Lowe	Dingwall Academy	3.49	
7	Isobel McLeod	Thurso High School	3.46	
8	Hannah Rogan	Forres Academy	3.40	
9	Sarah Henderson	Thurso High School	3.30	
10	Holly Cameron	Dingwall Academy	3.29	
11	Kirsty McBeath	Forres Academy	3.15	

Group D Girls Shot Putt

Standard : 6.05

1	Mary Haubrick	The Nicolson Institute	7.73	
2	Jess Head	Kingussie High School	7.68	PB
3	Jody Sinclair	The Nicolson Institute	6.78	
4	Rachel MacLeod	Dingwall Academy	6.56	
5	Kimberley Larnach	Alness Academy	6.22	PB
6	Rhiannon Stokes	Invergordon Academy	5.53	
7	Josie Brown	Culloden Academy	5.27	
8	Tracy Black	Inverness Royal Academy	4.30	

Group D Girls Triple Jump

Standard : 6.75

1	Jodi MacKay	The Nicolson Institute	9.25	
2	Laura Keen	Millburn Academy	8.32	PB
3	Shenan Davis-Williams	Charleston Academy	7.81	PB
4	Felicity Roach	Golspie High School	7.74	
5	Cara MacKenzie	Charleston Academy	7.55	
6	Emily MacDonald	Dingwall Academy	7.38	
7	Holly Cameron	Dingwall Academy	7.28	
8	Rebecca Somerville	The Nicolson Institute	7.27	
9	Robyn Johnson	Kingussie High School	7.21	
10	Kayleigh Kinghorn	Alness Academy	6.88	
11	Joanne MacAulay	The Nicolson Institute	6.86	
12	Carla Locke	Invergordon Academy	6.78	
13	Erin MacKay	Golspie High School	6.71	
14	Robyn McPherson	Kingussie High School	6.69	

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Group P Girls

Group P Girls 100m Final

Standard :

1	Gillian Gordon	Central Primary School	14.78	PB
2	Catherine Kelly	Crown Primary School	15.15	
3	Heather Campbell	Munlochy Primary School	15.22	PB
4	Megan MacKay	Halkirk Primary	15.64	
5	Frankie Hulme	Lochardil Primary	15.72	
6	Lauren Allan	Applegrove Primary	15.77	
7	Alex Wod	Edderton Primary School	16.03	
8	Zoe Hayward	Applegrove Primary	16.30	

Group P Girls 100m Heat 1

Standard :

1	Heather Campbell	Munlochy Primary School	15.15	PB
2	Catherine Kelly	Crown Primary School	15.51	
3	Frankie Hulme	Lochardil Primary	15.74	
4	Zoe Hayward	Applegrove Primary	15.81	
5	Hannah Campbell	Auldearn Primary	15.89	
6	Amber Paterson	Crown Primary School	16.37	
7	Mary Flockhart	Croy Primary School	16.54	
8	Niamh McCulloch	Balloch Primary	17.08	

Group P Girls 100m Heat 2

Standard :

1	Gillian Gordon	Central Primary School	14.82	PB
2	Lauren Allan	Applegrove Primary	15.70	
3	Alex Wod	Edderton Primary School	15.72	
4	Caris Simpson	Balloch Primary	15.84	
5	Lauren Forbes	Dornoch Primary	15.92	
6	Eilidh MacRae	Dornoch Primary	16.07	PB
7	Rhiannon MacLeod	Lochardil Primary	16.38	
8	Lynsey MacDonald	Munlochy Primary School	16.63	

Group P Girls 100m Heat 3

Standard :

1	Megan MacKay	Halkirk Primary	15.53	
2	Danielle Duguid	Auldearn Primary	15.91	
3	Martha Garbe	Miller Academy	16.58	

Group P Girls 200m Final

Standard :

1	Ines MacIntyre	Auldearn Primary	no time	
2	Gillian Gordon	Central Primary School	no time	
3	Heather Campbell	Munlochy Primary School	no time	
4	Mollie Lisle	Balloch Primary	no time	
5	Alex Allan	Applegrove Primary	no time	
6	Tove McArthur	Crown Primary School	no time	
7	Megan MacKay	Halkirk Primary	no time	

Group P Girls 200m Heat 1

Standard :

1	Ines MacIntyre	Auldearn Primary	29.82	
2	Tove McArthur	Crown Primary School	32.88	PB
3	Jasmine Lau	Dornoch Primary	33.63	PB
4	Lucy Massie	Applegrove Primary	34.21	
5	Rhona Martin	Balloch Primary	34.60	
6	Mary Flockhart	Croy Primary School	35.64	
7	Jennifer Scott	Crown Primary School	36.27	PB
8	Claire Taylor	Croy Primary School	42.41	

Group P Girls 200m Heat 2

Standard :

1	Gillian Gordon	Central Primary School	31.16	
2	Heather Campbell	Munlochy Primary School	31.40	PB
3	Mollie Lisle	Balloch Primary	31.43	
4	Alex Allan	Applegrove Primary	32.13	
5	Megan MacKay	Halkirk Primary	32.31	
6	Abby MacGregor	Munlochy Primary School	32.48	PB
7	Stephanie Andrew	Dornoch Primary	32.92	PB
8	Sarah Malhan	Lochardil Primary	34.06	
9	Rebekah Duguid	Auldearn Primary	36.16	

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Group P Girls 4x100m Final

Standard :

1	MacLennan, Davidson , Kelly, Paterson	Crown Primary School	62.81
2	MacLeod, Steele , Hulme, Malhan	Lochardil Primary	63.43
3	MacIntyre, Duguid , Campbell, Duguid	Auldearn Primary	63.96
4	Martin, McCulloch , Simpson, Lisle	Balloch Primary	64.08
5	Allan, Allan , Hayward, Massie	Applegrove Primary	64.74
6	Lau, Forbes , Andrew, MacRae	Dornoch Primary	65.01

Group P Girls Long Jump

Standard : 3.00

1	Hannah Campbell	Auldearn Primary	3.52	
2	Ines MacIntyre	Auldearn Primary	3.52	
3	Gillian Gordon	Central Primary School	3.45	
4	Rachel Davidson	Crown Primary School	3.42	PB
5	Megan MacKay	Halkirk Primary	3.32	PB
6	Lauren Lafferty	Mount Pleasant Primary	3.31	
7	Caris Simpson	Balloch Primary	3.24	PB
8	Stephanie Andrew	Dornoch Primary	3.14	
9	Rebecca Laing	Knockando Primary School	3.05	
10	Cheyenne MacLennan	Crown Primary School	3.02	
11	Alex Allan	Applegrove Primary	2.80	
12	Anna Steele	Lochardil Primary	2.62	
13	Bethany Adam	Applegrove Primary	2.49	

Group P Girls Shot Putt

Standard : 5.00

1	Abby MacGregor	Munlochy Primary School	6.14	PB
2	Martha Garbe	Miller Academy	6.00	PB
3	Cheyenne MacLennan	Crown Primary School	5.76	
4	Mary Flockhart	Croy Primary School	5.69	PB
5	Amber Paterson	Crown Primary School	5.46	PB
6	Cara Fraser	Balloch Primary	5.36	
7	Mollie Lisle	Balloch Primary	5.36	
8	Vaila Grigg	Auldearn Primary	5.25	
9	Hannah Campbell	Auldearn Primary	4.81	
10	Bethany Adam	Applegrove Primary	4.80	
11	Lauren Allan	Applegrove Primary	4.56	

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Group A Boys

Group A Boys 100m Final

Standard : 12.9

1	Stuart Laing	Culloden Academy	11.21
2	Ruaridh Stewart	The Nicolson Institute	11.38
3	James McPhail	Dingwall Academy	11.46
4	Pat Sataphol	The Nicolson Institute	11.88
5	Jack Sprol	Culloden Academy	12.44

Group A Boys 200m Final

Standard : 26.8

1	Stuart Laing	Culloden Academy	22.82
2	Ruaridh Stewart	The Nicolson Institute	23.22
3	Pat Sataphol	The Nicolson Institute	24.52

Group A Boys 400m Final

Standard : 59.9

1	James McPhail	Dingwall Academy	51.62
2	Archie MacDonald	Sgoil Lionacleit	61.51

Group A Boys 4x100m Final

Standard :

1	Spewart, Coyne , Wardlaw, Laing	Culloden Academy	47.66
2	Jones, Ross , Gordon, MacLeod	Alness Academy	48.07

Group A Boys 5000m Final

Standard : 20.30.0

0	Andrew Morgan	Forres Academy	19.01.28	PB
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Group A Boys Discus

Standard : 24.75

1	Bruce Stewart	Thurso High School	27.64
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Group A Boys High Jump

Standard : 1.45

1	Martin Nicoll	Nairn Academy	1.75
2	Stuart Robb	Tain Royal Academy	1.70

Group A Boys Javelin

Standard : 27.00

1	Craig Spargo	Thurso High School	39.42	PB
2	Kenneth Millen	Millburn Academy	36.27	
3	Gordie MacKay	Tain Royal Academy	33.20	
4	James Coyne	Culloden Academy	31.76	

Group A Boys Long Jump

Standard : 4.90

1	Kevin Gilmour	Tain Royal Academy	5.43
2	Jamie Wardlaw	Culloden Academy	5.01

Group A Boys Shot Putt

Standard : 9.50

1	Craig Spargo	Thurso High School	10.57	
2	Michael Gordon	Alness Academy	10.43	PB
3	Bruce Stewart	Thurso High School	9.98	

Group A Boys Triple Jump

Standard : 10.50

1	Kevin Gilmour	Tain Royal Academy	10.91	PB
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Group B Boys

Group B Boys 100m Final

Standard : 12.9

1	Tom Smith	Dornoch Academy	11.92	
2	Drew Crawford	Kingussie High School	12.05	PB
3	Ben Jones	Alness Academy	12.10	
4	Donald Matheson	Tain Royal Academy	12.16	PB
5	Craig Sutherland	Golspie High School	12.18	
6 =	Craig Cameron	Culloden Academy	12.29	
6 =	Mike Ashmole	Nairn Academy	12.29	
8	Calum MacDonald	Tain Royal Academy	12.52	PB

Group B Boys 100m Heat 1

Standard : 12.9

1	Drew Crawford	Kingussie High School	12.16	PB
2	Donald Matheson	Tain Royal Academy	12.35	PB
3	Ben Jones	Alness Academy	12.37	
4	Liam Nicholson	Invergordon Academy	12.88	
5	Adam Romaine	Culloden Academy	13.36	
6	Craig Daley	Forres Academy	13.73	

Group B Boys 100m Heat 2

Standard : 12.9

1	Tom Smith	Dornoch Academy	12.16	
2	Mike Ashmole	Nairn Academy	12.49	
3	Calum MacDonald	Tain Royal Academy	12.59	PB
4	Calum Stewart	Kingussie High School	12.71	
5	David Jones	Alness Academy	12.76	
6	Kyle MacDonald	Dingwall Academy	12.96	

Group B Boys 100m Heat 3

Standard : 12.9

1	Craig Cameron	Culloden Academy	12.31	
2	Craig Sutherland	Golspie High School	12.45	
3	Kyle Whyte	Nairn Academy	12.66	PB
4	Alan Duff	Tain Royal Academy	12.78	
5	Kyle Robertson	Culloden Academy	13.12	
6	Connor Ross	Alness Academy	13.44	

Group B Boys 100m Hurdles Final

Standard : 17.4

1	Jamie Kelly	Golspie High School	19.60	
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Group B Boys 1500m Final

Standard : 4.54.0

1	Martin Laing	Millburn Academy	4.36.36	
2	Donald Shand	Elgin Academy	4.36.38	
3	Scott Dixon	Kingussie High School	4.44.72	PB
4	Josh Fisher	Thurso High School	4.54.01	
5	Kyle MacLeod	Alness Academy	5.05.01	
6	Jake Anderson	Thurso High School	5.14.24	

Group B Boys 200m Final

Standard : 26.8

1	Rory MacLure	Sgoil Lionacleit	23.56	PB
2	Martin Laing	Millburn Academy	24.20	PB
3	John Gillespie	Forres Academy	24.52	PB
4	Adam Hobson	Fortrose Academy	24.86	

Group B Boys 200m Heat 1

Standard : 26.8

1	Martin Laing	Millburn Academy	24.76	PB
2	Craig Cameron	Culloden Academy	25.04	
3	Mike Ashmole	Nairn Academy	25.09	PB
4	David Jones	Alness Academy	25.32	PB
5	Ben Nelson	Glenurquhart High School	25.72	
6	Alan Duff	Tain Royal Academy	26.94	

Group B Boys 200m Heat 2

Standard : 26.8

1	Rory MacLure	Sgoil Lionacleit	23.83	PB
2	John Gillespie	Forres Academy	24.95	PB
3	Gavin Smith	Nairn Academy	25.18	PB
4	Calum MacDonald	Tain Royal Academy	25.41	PB
5	Martyn Smith	Tain Royal Academy	25.55	PB

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Group B Boys 200m Heat 3

Standard : 26.8

1	Adam Hobson	Fortrose Academy	24.83	
2	Donald Matheson	Tain Royal Academy	25.89	PB
3	Kyle MacDonald	Dingwall Academy	26.08	
4	Corrin MacKenzie	Inverness Royal Academy	26.15	

Group B Boys 3000m Final

Standard : 11.33.0

1	Calum MacLeod	Ullapool High School	9.39.56	
2	David Gardner	Dornoch Academy	11.42.65	

Group B Boys 400m Final

Standard : 60.4

1	Adam Hobson	Fortrose Academy	54.57	
2	Tom Smith	Dornoch Academy	57.29	
3	Josh Fisher	Thurso High School	57.75	
4	Ben Nelson	Glenurquhart High School	59.50	
5	Craig Daley	Forres Academy	61.19	PB
6	Scott Bowie	Speyside High School	61.56	
7	Glenn Murray	Dornoch Academy	61.58	

Group B Boys 4x100m Final

Standard :

1	Whyte , Smith, Ashmole	Nairn Academy	49.44	
2	Matheson, MacDonald , Duff, Smith	Tain Royal Academy	49.74	
3	Stewart, McConnell , Crawford, Dixon	Kingussie High School	51.29	
4	Jamieson, Finlayson , Jones, Hutchison	Alness Academy	53.18	

Group B Boys 800m Final

Standard : 2.22.0

1	John Gillespie	Forres Academy	2.29.38	
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Group B Boys Discus

Standard : 24.75

1	Sam O'Kane	Thurso High School	38.22	PB
2	Hugh Ebdy	Milne's High School	30.76	
3	Callum Shand	Elgin Academy	26.52	
4	Kyle MacLeod	Alness Academy	25.94	
5	Glenn Murray	Dornoch Academy	23.88	
6	Ian Coghill	Invergordon Academy	11.78	

Group B Boys Hammer

Standard : 23.00

1	Sam O'Kane	Thurso High School	40.67	PB
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Group B Boys High Jump

Standard : 1.45

1	Ian Coghill	Invergordon Academy	1.86	PB
2	Adam Romaine	Culloden Academy	1.60	
3	Adam Hobson	Fortrose Academy	1.60	
4 =	Greg Murray	Golspie High School	1.55	PB
4 =	Steven MacMillan	Charleston Academy	1.55	
6	Jamie Kelly	Golspie High School	1.55	
7	Martyn Smith	Tain Royal Academy	1.55	
8	Craig Daley	Forres Academy	1.45	PB

Group B Boys Javelin

Standard : 27.00

1	Craig Sutherland	Golspie High School	39.62	PB
2	Callum Shand	Elgin Academy	32.39	
3	Kyle MacLeod	Alness Academy	31.81	PB
4	Hugh Ebdy	Milne's High School	31.79	
5	Martin Laing	Millburn Academy	28.54	
6	Gavin Smith	Nairn Academy	28.50	
7	Glenn Murray	Dornoch Academy	27.26	
8	Harrie Carr	Invergordon Academy	25.67	
9	Connor Ross	Alness Academy	24.58	
10	Mike Ashmole	Nairn Academy	23.11	
11	Connor MacDonald	Charleston Academy	20.32	

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Group B Boys Long Jump

Standard : 4.90

1	Craig Cameron	Culloden Academy	5.39	
2	David Jones	Alness Academy	5.39	PB
3	Liam Nicholson	Invergordon Academy	5.14	
4	Kyle Whyte	Nairn Academy	5.13	
5	Eoughan MacNamara	Fortrose Academy	5.06	
6	Donald Matheson	Tain Royal Academy	5.00	PB
7	Alan Duff	Tain Royal Academy	4.89	
8	Drew Crawford	Kingussie High School	4.81	
9	Calum Stewart	Kingussie High School	4.69	
10	Liam Hutchison	Alness Academy	4.67	
11	Ben Nelson	Glenurquhart High School	4.56	

Group B Boys Shot Putt

Standard : 9.50

1	Lewis MacIver	Alness Academy	10.18	PB
2	Callum Shand	Elgin Academy	9.92	PB
3	Liam Nicholson	Invergordon Academy	9.20	
4	Gavin Millar	Alness Academy	8.75	

Group B Boys Triple Jump

Standard : 10.50

1	Eoughan MacNamara	Fortrose Academy	11.27	PB
2	Craig Sutherland	Golspie High School	10.92	
3	Ben Jones	Alness Academy	10.37	
4	Lewis MacIver	Alness Academy	10.20	
5	Jamie Kelly	Golspie High School	10.13	
6	Dinos Tzarmaklis	Invergordon Academy	9.76	

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Group C Boys

Group C Boys 100m Final

Standard : 13.7

1	Alistair Summers	Sir E Scott School	11.89	CBP
2	David Smith	Dingwall Academy	12.17	
3	Ryan McConnell	Kingussie High School	13.03	
4	Connall MacIllechiar	Inverness Royal Academy	13.04	
5	Scott Caulder	Culloden Academy	13.13	
6	Grant Elder	Nairn Academy	13.40	
7	John Clark	Millburn Academy	13.64	
8	Craig Smith	Nairn Academy	13.89	

Group C Boys 100m Heat 1

Standard : 13.7

1	Alistair Summers	Sir E Scott School	12.03	
2	Scott Caulder	Culloden Academy	13.31	
3	John Clark	Millburn Academy	13.49	
4	Craig Smith	Nairn Academy	13.81	
5	Lewis Bennett	Inverness Royal Academy	13.93	

Group C Boys 100m Heat 2

Standard : 13.7

1	David Smith	Dingwall Academy	12.36	
2	Connall MacIllechiar	Inverness Royal Academy	12.90	PB
3	Ryan McConnell	Kingussie High School	12.94	
4	Grant Elder	Nairn Academy	13.62	
5	Matthew Douglas	Charleston Academy	14.20	

Group C Boys 1500m Final

Standard : 5.10.0

1	Craig Campbell	Fortrose Academy	4.38.28	PB
2	Patrick Urquhart	Millburn Academy	5.01.52	
3	Callum Thompson	Tain Royal Academy	5.01.77	PB
4	Iain MacKellar	Grantown Grammar School	5.09.69	
5	Stuart Michael	Invergordon Academy	5.15.32	
6	Graham Black	Paible Primary	5.18.65	

Group C Boys 200m Final

Standard : 28.4

1	Alistair Summers	Sir E Scott School	24.11	CBP
2	Callum Green	Culloden Academy	24.49	
3	David Smith	Dingwall Academy	24.60	
4	Ryan McConnell	Kingussie High School	26.18	PB
5	Carl MacPhee	Sgoil Lionacleit	26.34	

Group C Boys 200m Heat 1

Standard : 28.4

1	Daniel Godfrey	Forres Academy	25.58	
2	Carl MacPhee	Sgoil Lionacleit	26.20	
3	Ryan McConnell	Kingussie High School	26.32	PB
4	Innes Sutherland	Nairn Academy	27.03	PB
5	John Clark	Millburn Academy	27.48	PB

Group C Boys 200m Heat 2

Standard : 28.4

1	Alistair Summers	Sir E Scott School	23.99	CBP
2	David Smith	Dingwall Academy	24.63	
3	Callum Green	Culloden Academy	24.65	
4	Thomas Day	Invergordon Academy	26.06	PB
5	Connall MacIllechiar	Inverness Royal Academy	26.26	PB
6	Grant Elder	Nairn Academy	27.92	PB

Group C Boys 400m Final

Standard : 64.7

1	Callum Green	Culloden Academy	55.58	
2	Jack Mulgrew	Millburn Academy	61.53	PB
3	Ewen Campbell	Paible Primary	64.81	

Group C Boys 4x100m Final

Standard :

1	Hutt, Cameron , Green, Caulder	Culloden Academy	51.78	
2	Smith, Sutherland , Elder, Allison	Nairn Academy	54.40	
3	Kelly, Mulgrew , Clark, MacKay	Millburn Academy	55.35	

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Group C Boys 800m Final

Standard : 2.27.0

1	Thomas Day	Invergordon Academy	2.15.99
2	Paul Reid	Culloden Academy	2.21.44

Group C Boys 80m Hurdles Final

Standard : 14.9

1	Innes Sutherland	Nairn Academy	13.29
2	Stuart Greenlees	Tain Royal Academy	14.33
3	Gordon MacLennan	The Nicolson Institute	15.01

Group C Boys Discus

Standard : 21.60

1	Keiran Auld	Alness Academy	21.91	PB
2	Andrew Robertson	Tain Royal Academy	21.77	

Group C Boys High Jump

Standard : 1.35

1	Torin Prescott	Kingussie High School	1.53	
2	Ewen Campbell	Paible Primary	1.45	PB
3	Innes Sutherland	Nairn Academy	1.40	
4	Stuart Michael	Invergordon Academy	1.40	
5	Ritvars Kanapolis	Inverness High School	1.30	

Group C Boys Javelin

Standard : 24.00

1	Jordan Thomson	Invergordon Academy	29.13	
2	Euan Allison	Nairn Academy	28.20	PB
3	Lewis Murray	Fortrose Academy	25.02	
4	Craig Smith	Nairn Academy	22.49	

Group C Boys Long Jump

Standard : 4.40

1	Daniel Godfrey	Forres Academy	4.93	
2	Shaun Matheson	Inverness Royal Academy	4.75	PB
3	Thomas Day	Invergordon Academy	4.55	
4	Carl MacPhee	Sgoil Lionacleit	4.50	
5	Matthew Douglas	Charleston Academy	4.43	
6	Keiran Auld	Alness Academy	4.10	

Group C Boys Shot Putt

Standard : 9.00

1	Daniel Hutt	Culloden Academy	10.75	
2	Darryl Buchanan	Invergordon Academy	9.97	PB
3	Alexander Stewart	Invergordon Academy	9.60	
4	Scott Calder	Culloden Academy	8.77	
5	Grant Elder	Nairn Academy	8.72	

Group C Boys Triple Jump

Standard : 9.50

1	Ryan McConnell	Kingussie High School	9.46
2	Gordon MacLennan	The Nicolson Institute	9.13
3	Graham Black	Paible Primary	8.98
4	Robert Smith	Golspie High School	8.62

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Group D Boys

Group D Boys 100m Final

Standard : 14.4

1	Scott Ferries	Tain Royal Academy	12.76	PB
2	Drew Dawson	Kingussie High School	12.96	PB
3	Lewis MacKay	Tain Royal Academy	13.07	PB
4	Angus MacKenzie	Millburn Academy	13.19	PB
5	Kai Fraser	Inverness Royal Academy	13.25	
6	Rion Hepburn	Nairn Academy	13.26	PB
7	Drew Spark-Whitworth	Dingwall Academy	13.27	
8	Neil Stewart	Kingussie High School	13.43	PB

Group D Boys 100m Heat 1

Standard :

1	Scott Ferries	Tain Royal Academy	13.25	PB
2	Neil Stewart	Kingussie High School	13.72	PB
3	Craig Rennie	Culloden Academy	13.84	
4	Rhys Pickard	Nairn Academy	14.11	
5	Jamie Thow	Inverness Royal Academy	14.28	
6	Ross Martin	Inverness Royal Academy	14.82	
7	Jordan Sutherland	Inverness Royal Academy	15.04	
8	Sean Brady	Paible Primary	15.27	

Group D Boys 100m Heat 2

Standard :

1	Lewis MacKay	Tain Royal Academy	13.50	PB
2	David Oxford	Inverness High School	13.84	
3	Duncan Lamont	Inverness Royal Academy	13.89	PB
4	Surya Morton	Forres Academy	14.12	
5	Aiden Finnie	Alness Academy	14.42	
6	Ruairaidh Muncaster	Sgoil Lionacleit	14.64	
7	Cameron Whiller	Grantown Grammar School	14.72	
8	Mathew Hardiman	Nairn Academy	14.99	

Group D Boys 100m Heat 3

Standard :

1	Kai Fraser	Inverness Royal Academy	13.54	
2	Drew Dawson	Kingussie High School	13.65	PB
3	Rion Hepburn	Nairn Academy	13.67	
4	Angus MacKenzie	Millburn Academy	13.68	
5	Drew Spark-Whitworth	Dingwall Academy	13.73	
6	Iain Beaton	Millburn Academy	14.31	
7	Jack Sutherland	Charleston Academy	14.36	
8	Scott MacDonald	Paible Primary	14.98	

Group D Boys 1500m Final

Standard : 5.40.0

1	Sean Chalmers	Dingwall Academy	4.55.47	
2	Ross Gollan	Tain Royal Academy	4.55.82	PB
3	Craig Rennie	Culloden Academy	5.04.92	
4	Euan Lloyd	Glenurquhart High School	5.17.71	
5	Ryan MacGillvray	Culloden Academy	5.24.76	
6	William Footitt	Nairn Academy	5.26.74	PB
7	David Grindell	Culloden Academy	5.34.64	
8	Kenneth MacSween	The Nicolson Institute	5.34.77	
9	Jordan Laidlaw	Dingwall Academy	5.43.43	
10	Ross McLintock	Dingwall Academy	5.46.58	
11	Xavier Flamand	Grantown Grammar School	5.52.22	

Group D Boys 200m Final

Standard : 29.4

1	Fraser Scott	Forres Academy	25.81	PB CBP
2	Angus MacKenzie	Millburn Academy	26.64	PB
3	Lewis MacKay	Tain Royal Academy	26.97	PB
4	Drew Spark-Whitworth	Dingwall Academy	27.46	
5	Neil Stewart	Kingussie High School	27.66	PB
6	Duncan Lamont	Inverness Royal Academy	27.73	PB
7	Sam Johnstone	Culloden Academy	27.82	
8	Drew Dawson	Kingussie High School	28.28	PB

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Group D Boys 200m Heat 1

Standard : 29.4

1	Fraser Scott	Forres Academy	26.29	PB
2	Lewis MacKay	Tain Royal Academy	27.25	PB
3	Drew Dawson	Kingussie High School	28.37	PB
4	Scott MacDonald	Paible Primary	29.89	
5	Cameron Whiller	Grantown Grammar School	30.19	
6	Aaron Huntley	Nairn Academy	31.55	

Group D Boys 200m Heat 2

Standard : 29.4

1	Neil Stewart	Kingussie High School	27.58	PB
2	Angus MacKenzie	Millburn Academy	27.78	PB
3	Drew Spark-Whitworth	Dingwall Academy	27.84	
4	Duncan Lamont	Inverness Royal Academy	28.30	PB
5	Sam Johnstone	Culloden Academy	28.89	
6	Mathew Hardiman	Nairn Academy	30.49	

Group D Boys 4x100m Final

Standard :

1	Hersee, Mollison , Hersee, McKenzie	Fortrose Academy	54.01	
2	MacKay, Johnston , McLean, Ferries	Tain Royal Academy	54.09	
3	Sutherland, Thow , Martin, Lamont	Inverness Royal Academy	56.00	
4		Nairn Academy	56.20	
5	Rennie, Brogan , Nelson, Johnstone	Culloden Academy	56.48	
6	MacKenzie, Beaton , Barton, Murphy	Millburn Academy	57.00	
7	MacSween, MacDonald , MacDonald, Morgan	The Nicolson Institute	61.43	

Group D Boys 800m Final

Standard : 2.38.0

1	Patrick Kelly	Millburn Academy	2.34.56	
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Group D Boys 80m Hurdles Final

Standard : 15.50

1	Connell MacDonald	Culloden Academy	13.70	
2	Aidan Hersee	Fortrose Academy	13.79	PB
3	Aaron Huntley	Nairn Academy	15.39	
4	Ruairaidh Muncaster	Sgoil Lionacleit	16.23	

Group D Boys Discus

Standard : 18.00

1	Connell MacDonald	Culloden Academy	27.02	
2	Conon Quinn	Grantown Grammar School	24.05	PB
3	Iain Beaton	Millburn Academy	20.82	PB
4	Dean Britton	Thurso High School	19.33	PB
5	Rion Hepburn	Nairn Academy	18.83	
6	Jamie Morris	Thurso High School	18.42	
7	Mathew Hardiman	Nairn Academy	18.06	
8	Aiden Finnie	Alness Academy	14.99	
9	Henry Stanley	Nairn Academy	14.64	

Group D Boys High Jump

Standard : 1.30

1	Connell MacDonald	Culloden Academy	1.58	
2	Euan Lloyd	Glenurquhart High School	1.40	
3	Chris Johnston	Tain Royal Academy	1.35	
4	Scott Ferries	Tain Royal Academy	1.30	
5 =	Sam MacLean	Nairn Academy	1.25	
5 =	James Murdoch	Tain Royal Academy	1.25	
7	Nestor Beveridge	Inverness High School	1.25	
8	Jack Sutherland	Charleston Academy	1.20	

Group D Boys Javelin

Standard : 21.00

1	Iain Ferguson	Paible Primary	20.33	
2	Angus MacKenzie	Millburn Academy	20.09	
3	Scott Ferries	Tain Royal Academy	20.05	
4	Ryan MacLean	Nairn Academy	19.25	
5	Conon Quinn	Grantown Grammar School	12.94	

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Group D Boys Long Jump

Standard : 4.20

1	Drew Spark-Whitworth	Dingwall Academy	4.62
2	Martin McKenzie	Fortrose Academy	4.47
3	Barry Hamilton	Inverness High School	4.27
4	Lewis MacKay	Tain Royal Academy	4.22
5	Patrick Kelly	Millburn Academy	4.20
6	Roddy Tweedie	Inverness Royal Academy	4.07
7	Damon Williamson	Alness Academy	4.06
8	Fraser Scott	Forres Academy	3.98
9	Surya Morton	Forres Academy	3.93
10	Scott Morgan	The Nicolson Institute	2.63

Group D Boys Shot Putt

Standard : 8.00

1	Martin McKenzie	Fortrose Academy	11.08	PB
2	Aiden Finnie	Alness Academy	9.83	
3	Dylan MacKenzie	Ullapool High School	9.80	PB
4	Alistair Murphy	Millburn Academy	9.72	PB
5	Rion Hepburn	Nairn Academy	8.93	
6	Adrian Wdowiak	Millburn Academy	8.66	
7	Chris Johnston	Tain Royal Academy	8.64	PB
8	Finlay MacDonald	The Nicolson Institute	8.62	
9	Jack Silver	Culloden Academy	8.55	
10	Calum A MacDonald	The Nicolson Institute	8.47	
11	Jason MacLean	Nairn Academy	8.00	
12	Sean Brady	Paible Primary	6.91	
13	Iain Ferguson	Paible Primary	5.94	

Group D Boys Triple Jump

Standard : 8.30

1	Aidan Hersee	Fortrose Academy	9.35	PB
2	Patrick Kelly	Millburn Academy	9.32	PB

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Group P Boys

Group P Boys 100m Final

Standard :

1	Jamie Gillan	Duncan Forbes Primary	13.64	
2	Thomas Morris-Luxton	Dornoch Primary	13.90	PB
3	Lewis Dindale	Croy Primary School	14.06	
4	Craig Wares	Mount Pleasant Primary	14.72	PB
5	Ian MacKay	Halkirk Primary	14.77	
6	Danny Ogilvie	Munlochy Primary School	14.79	
7	Kieran Robbins	Edderton Primary School	14.90	
8	Andrew Young	Balloch Primary	14.99	

Group P Boys 100m Heat 1

Standard :

1	Jamie Gillan	Duncan Forbes Primary	13.71	
2	Thomas Morris-Luxton	Dornoch Primary	13.77	PB
3	Lewis Dindale	Croy Primary School	14.12	
4	Craig Wares	Mount Pleasant Primary	14.37	PB
5	Adam MacLennan	Crown Primary School	15.71	
6	Andrew Gray	Applegrove Primary	16.68	

Group P Boys 100m Heat 2

Standard :

1	Kieran Robbins	Edderton Primary School	14.60	
2	Danny Ogilvie	Munlochy Primary School	14.66	
3	Andrew Young	Balloch Primary	14.76	
4 =	Grant R Carswell	Mount Pleasant Primary	14.85	PB
4 =	Ian MacKay	Halkirk Primary	14.85	
6	Harris Ross	Crown Primary School	14.90	
7	Logan Paterson	Munlochy Primary School	15.11	PB
8	Sean Currie	Dornoch Primary	15.97	

Group P Boys 100m Heat 3

Standard :

1	Struan McArthur	Lochardil Primary	15.13	PB
2	Nicolas Cameron	Duncan Forbes Primary	15.31	
3	Jack Lingard	Croy Primary School	15.35	
4	Lee Dunbar	Auldearn Primary	15.56	
5	Alasdair Coupar	Golspie Primary	15.64	
6	Alex Birks	Auldearn Primary	15.89	

Group P Boys 200m Final

Standard :

1	Christopher Brown	Lochardil Primary	27.49	PB CBP
2	Thomas Morris-Luxton	Dornoch Primary	28.03	PB
3	Bruce Flockhart	Croy Primary School	28.80	
4	Jamie Wilson	Crown Primary School	29.50	PB
5	Aaron Merriman	Auldearn Primary	30.24	
6	Blair MacLennan	Crown Primary School	30.65	PB
7	Lewis Holmes	Bonar Bridge Primary	31.47	
8	Robert Giggy	Munlochy Primary School	31.50	PB

Group P Boys 200m Heat 1

Standard :

1	Thomas Morris-Luxton	Dornoch Primary	28.22	PB CBP
2	Bruce Flockhart	Croy Primary School	28.28	
3	Blair MacLennan	Crown Primary School	30.36	PB
4	Lewis Holmes	Bonar Bridge Primary	30.92	
5	Mark Hammond	Duncan Forbes Primary	31.40	
6	Colm Wickham	Applegrove Primary	31.93	
7	Aidan MacDonald	Balloch Primary	31.98	

Group P Boys 200m Heat 2

Standard :

1	Jamie Wilson	Crown Primary School	29.70	PB
2	Robert Giggy	Munlochy Primary School	30.89	PB
3	Stuart McLachlan	Lochardil Primary	31.42	
4	Grant R Carswell	Mount Pleasant Primary	31.74	PB
5	Ruairidh Gollan	Edderton Primary School	32.26	
6	Sean Currie	Dornoch Primary	33.63	
7	Scott Lisle	Balloch Primary	34.57	

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Group P Boys 200m Heat 3

Standard :

1	Christopher Brown	Lochardil Primary	28.08	CBP
2	Aaron Merriman	Auldearn Primary	30.50	
3	Cameron Thomson	Applegrove Primary	32.17	
4	Alasdair Coupar	Golspie Primary	32.46	
5	Christopher Davis	Duncan Forbes Primary	32.51	
6	Rory Footitt	Auldearn Primary	32.56	
7	Ryan Gallagher	Croy Primary School	33.43	

Group P Boys 4x100m Final

Standard :

1	McLachlan, Young , Brown, McArthur	Lochardil Primary	57.91	CBP
2	Flockhart, Gallagher , Dindale, Lingard	Croy Primary School	58.42	
3	McCulloch, Townshend , MacLennan, Wilson	Crown Primary School	59.20	
4	Hammond, Davis , Gillan, Cameron	Duncan Forbes Primary	59.68	
5	Ogilvie, Park , Giddy, Paterson	Munlochy Primary School	60.19	
6	Merriman, Footitt , Birks, Dunbar	Auldearn Primary	61.34	
7	MacDonald, Lisle , Dey, Young	Balloch Primary	63.67	
8	Scott, As-Chaineay , Gollan, Robbins	Edderton Primary School	63.72	

Group P Boys 4x100m Heat 1

Standard :

1	McLachlan, Young , Brown, McArthur	Lochardil Primary	58.52
2	Flockhart, Gallagher , Dindale, Lingard	Croy Primary School	59.04
3	Hammond, Davis , Gillan, Cameron	Duncan Forbes Primary	59.75
4	Merriman, Footitt , Birks, Dunbar	Auldearn Primary	61.04
5	Gray, Morris , Wickham, Thomson	Applegrove Primary	64.16

Group P Boys 4x100m Heat 2

Standard :

1	McCulloch, Townshend , MacLennan, Wilson	Crown Primary School	60.34
2	Ogilvie, Park , Giddy, Paterson	Munlochy Primary School	60.94
3	Scott, As-Chaineay , Gollan, Robbins	Edderton Primary School	63.07
4	MacDonald, Lisle , Dey, Young	Balloch Primary	63.88

Group P Boys Long Jump

Standard : 3.40

1	Ian MacKay	Halkirk Primary	4.03	PB
2	Jamie Gillan	Duncan Forbes Primary	3.97	
3	Logan Paterson	Munlochy Primary School	3.65	
4	Jack Lingard	Croy Primary School	3.59	
5	Nicolas Cameron	Duncan Forbes Primary	3.57	
6	Ruben Green	Balloch Primary	3.53	
7	Robert Giddy	Munlochy Primary School	3.49	
8	Kieran Robbins	Edderton Primary School	3.43	
9	Cameron Thomson	Applegrove Primary	3.30	
10	Kieran Dowling	Balloch Primary	3.30	
11	Brandon Hutcheson	Applegrove Primary	3.27	
12	Aaron Merriman	Auldearn Primary	3.18	
13	Grant R Carswell	Mount Pleasant Primary	3.14	
14	Douglas Datling	Auldearn Primary	3.13	
15	Finlay McCulloch	Crown Primary School	3.10	
16	Blair MacLennan	Crown Primary School	2.94	
17	Lewis Holmes	Bonar Bridge Primary	2.90	
18	Ryan Gallagher	Croy Primary School	2.88	
19	Sean Currie	Dornoch Primary	2.87	

North of Scotland Schools Championships 2009

Group P Boys Shot Putt

Standard : 6.00

1	Thomas Morris-Luxton	Dornoch Primary	8.78	PB
2	Bruce Flockhart	Croy Primary School	8.59	PB
3	Craig Wares	Mount Pleasant Primary	8.58	PB
4	Rhys MacQueen	Duncan Forbes Primary	7.50	
5	Danny Ogilvie	Munlochy Primary School	7.06	
6	Ruben Green	Balloch Primary	6.76	
7	Finlay MacNeil	Balloch Primary	6.76	PB
8	Lewis Dindale	Croy Primary School	6.75	
9	Euan Milton	Auldearn Primary	6.56	
10	Jamie Wilson	Crown Primary School	6.52	
11	Harris Ross	Crown Primary School	6.29	
12	Adam Porteous	Auldearn Primary	6.06	
13	Jack Mitchell	Knockando Primary School	6.06	
14	Hamish Young	Lochardil Primary	5.94	
15	Brandon Hutcheson	Applegrove Primary	5.84	
16	Jamie MacGregor	Munlochy Primary School	5.48	
17	Matthew Reffin	Duncan Forbes Primary	5.42	
18	Colm Wickham	Applegrove Primary	5.04	